

www.**GoodbyeCrutches**.com

Distributed by:

Surgical Specialties

Medical Devices, LLC

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Operating Instructions

Model: ROS-KSB

Steerable Knee Scooter

with Quick Release Basket



Instructional Videos at www.GoodbyeCrutches.com

Attention: Read all instructions carefully before operating and using the Knee Scooter. If you do not understand the manual, please refer to the instructional videos that can be found on our web site or contact us for a complete explanation of the instructions, cautions, and warnings. Failure to read and comply may result in injury to user or damage to the unit.

The Knee Scooter is a medical device designed to maximize mobility during recovery from foot or ankle surgery or injury.

If you have any questions please contact us promptly at 877-266-3995 or at info@goodbyecrutches.com

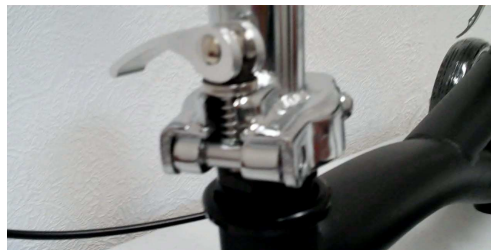
STEERING COLUMN SETUP

The steering column will be in a folded position when unpacking it from shipping carton. This feature also makes transporting the knee scooter quick & convenient during everyday use.



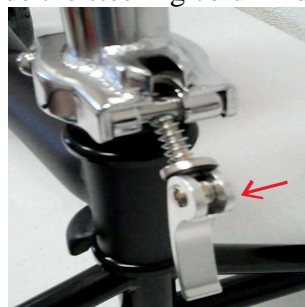
TO RAISE THE STEERING COLUMN

The locking mechanism at the base of the steering column has an added security pin to prevent it from collapsing during use. Push the lever to the left and downward at the same time to disengage the pin and push the steering column upward until it is in the full upright position. Now, release the handle to engage the safety pin (the steering column will stand in the upright position if the safety pin is engaged). Pull the lever down so the end of the lever is pointing towards the ground to lock the steering column in the upright position (rotate the lever counter clockwise to loosen and clockwise to tighten the pressure on the lever).



TO LOWER THE STEERING COLUMN

Pull the lever up to release the clamp from the steering column and push the lever forward to disengage. Push the lever to the left and downward at the same time to disengage the pin and gently guide the steering column downward.



HANDLE BAR HEIGHT ADJUSTMENT

Handle bars are raised or lowered by first removing the adjustment knob. Handle bars should be set at waist level to keep your back straight. Handle Bars are locked in place by screwing in the black adjustment knob through the appropriate hole for your comfortable height.



KNEE PLATFORM SET-UP

The knee platform can be used for right or left leg injuries. The offset position of the seat provides better stability and increased foot clearance for pushing forward. When standing behind the scooter, **the knee platform should be offset to the left for right leg injuries or offset to the right for left leg injuries.**



**Platform Offset LEFT
For RIGHT Leg Injury**



**Platform Offset RIGHT
For LEFT Leg Injury**

The platform height should be adjusted so that your unaffected (propelling) leg is straight and comfortable position. If the platform is too low your propelling leg will be overly bent. If the platform is too high the heel of your propelling foot will not be securely on the floor. Platform height may need to be adjusted with changes in non-slip foot ware (i.e. slippers vs. shoes).



**Ensure BOTH the Thru Pin is Locked in place
and the mast clamp is secured**

KNEE PAD ADJUSTMENT

Both pads can be adjusted by loosening the adjustment knobs on the underside of the platform. The vacant area between the pads is designed for the lip of the cast or boot. Only the knee without the boot or cast edge should be placed on the front pad. The lower leg then will rest on the rear pad. This configuration is especially designed for maximum user comfort. The knee pads are also reversible front to back

OPERATION / MOVEMENT

- Place your hand on the handlebars
- Place the knee of your injured leg or foot on the front pad so that the top of your boot or cast is directly over the space between the pads. Your lower leg is then resting on the rear pad.
- The knee platform height should be adjusted so that your uninjured leg is straight while standing with you affected leg on the pads of the knee scooter.
- Release the parking brake and propel yourself forward or backward with your pushing foot, keeping the knee of your injured foot centered on the front pad.
- Move slowly so that you can stop safely using your pushing foot.
- The hand brake may be used if needed but is primarily designed to maintain a stopped stance.

BRAKING

The brake is engaged by squeezing the brake lever on the handle bar. The braking wheel must be in contact with the floor, and the brake works best with weight on the knee scooter.

- To set the brake, squeeze the brake lever on the handlebar
- To release the brake, release the brake lever.



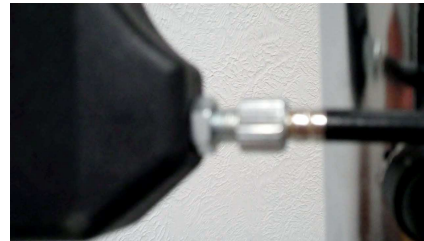
PARKING BRAKE INSTRUCTIONS

- To set the parking brake, push **DOWN** on the brake lever.
- To release the parking brake, pull **UP** on the brake lever till you feel it unlock (mid position)



BRAKE ADJUSTMENT

With use the brake may loosen or due to your hand strength you may wish the brake to be looser. Either way the pressure of the brake mechanism on the brake wheel should be enough so that, when the hand lever is in the fully squeezed position, the brake wheel does not turn but it is not overly tight. The tightness can be adjusted with the nuts at either end of the brake cable. Turning the screw clockwise will loosen the brake and turning the screw counter clockwise will tighten it.



- To correct, adjust cable with one or both screws at each end of the cable.
- Loosen the snug screw and turn the adjustment screw clockwise to loosen the cable or counterclockwise to tighten it. When adjustments are correct, the parking feature will engage and the brake wheel will not turn when attempting to do so by hand.
- Return each snug screw to its position against the brake lever holder and cable mounting bracket at the lower end of the cable.

Warnings

DO NOT ATTEMPT TO ADJUST OR OPERATE KNEE SCOOTER WITHOUT READING ALL INSTRUCTIONS CAREFULLY

- As with any new physical activity, instruction, practice and common sense are necessary for successful use of the knee scooter. Instructions and demonstrations can be found on our web site or by calling us. Additionally your health care professional may be able to provide guidance. Practice operating the knee scooter to increase your skill and confidence,. Gradually increase the time you spend using the knee scooter to allow your muscles to adjust to this new activity.
- Failure to properly engage the quick-release clamp may cause the steering column to move while the knee scooter is in use and may cause you to loose control. With the quick release clamp properly adjusted, the handle bars will be locked in place.
- Be sure to check that the quick-release clamp is secure and tight before each use or injury may result.
- Injury may result if knee platform setup instructions are not followed. Ensure the locking pin is locked in place prior to use.
- Because the knee scooter is lightweight, use of the hand brake while in motion may cause an abrupt stop.
- Do not use the knee scooter on or near stairs or while using mind-altering drugs or alcohol or while suffering from dizziness.
- Do not use the knee scooter to pull yourself up from a seated position. The knee scooter is intended for use with a person in place on the scooter.
- Use caution when moving from carpeted to hard surface floors and on any rough surfaces or when changing levels (for example, moving from a curb to the street and back onto the sidewalk).
- Check the knee scooter frequently and before use for any loose cotter pins, clevis pins or loose nuts or bolts and the quick-release clamp on the T-tube. Do not use the knee scooter if any pins are missing.



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Hello Freedom!

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