

### How to measure

These charts show body measurements. Be sure to measure yourself to find the accurate size. For best results, have someone else take measurements. Measure body in underwear. Tape must be snug but not tight. If measurements fall between two sizes, order the larger size.

**Chest/Bust:** Measure under your arms, around the fullest part of your chest.

**Waist:** Measure around your natural waistline, keeping one finger between the tape and body.

**Gloves:** Measure palm width.

**Inseam:** Without shoes, from crotch to the floor.

**Arm length:** Hand on hip, from center back neck bone, along shoulder point around elbow to bottom of wrist bone.

**Helmet:** Measure around your head at temple above the eye brow.

MEN'S APPAREL - REGULAR 5'8" - 6'0"							
	XS	S	M	L	XL	2XL	3XL
CHEST (IN)	30-32	34-36	38-40	42-44	46-48	50-52	50-52
WAIST (IN)	24-26	28-30	32-34	36-38	40-42	44-46	48-50
SLEEVE (IN)	32	33	34	35	36	38.5	37.5

MEN'S APPAREL - TALL 6'0" - 6'4"				
	MT	LT	XLT	2XLT
CHEST (IN)	42-44	46-48	46-48	50-52
WAIST (IN)	32-34	36-38	40-42	44-46
SLEEVE (IN)	35.5	36.5	37.5	38.5

WOMEN'S APPAREL						
	XS	S	M	L	XL	2XL
CHEST (IN)	30-32	32-34	34-36.5	37-39.5	40.5-43.5	44-47.5
WAIST (IN)	22-24	24-26	26-28.5	29-31.5	32.5-35.5	36-39.5
SLEEVE (IN)	32.5-24.5	34.5-36.5	36.5-39	39.5-42	43-46	47.5-50

YOUTH APPAREL				
	S	M	L	XL
CHEST (IN)	23-26	27-29	31-33	34
WAIST (IN)	23-25	26-27	31-33	34
HEIGHT (IN)	45-52	55-59	62-64	66
HIP (IN)	22-25	26-28	30-31.5	33
SIZE	6/8	10/12	14/16	18

HELMETS - ADULTS										
	XS	S	S	M	M	L	L	XL	XL	XXL
HELMET (IN)	6 3/4	6 7/8	7	7 1/8	7 1/4	7 3/8	7 1/2	7 5/8	7 3/4	7 7/8
METRIC	54	55	56	57	58	59	60	61	62	63
HEAD (IN)	21 1/4	21 5/8	22	22 3/8	22 3/4	23 1/8	23 1/8	23 7/8	24 1/4	24 3/4

HELMETS - YOUTH				
ADULT SIZE	S	M	L	XL
METRIC	51-52	53-54	55-56	57-58
HEAD (IN)	20 3/8	20 7/8	21 5/8	22 3/8

BOOTS									
	7	8	9	10	11	12	13	14	
MEN'S									
WOMAN'S	5	6	7	8	9	10	11	-	-
YOUTH	1	2	3	4	5	6	-	-	-
CHILD	8	9	10	11	12	13	-	-	-