

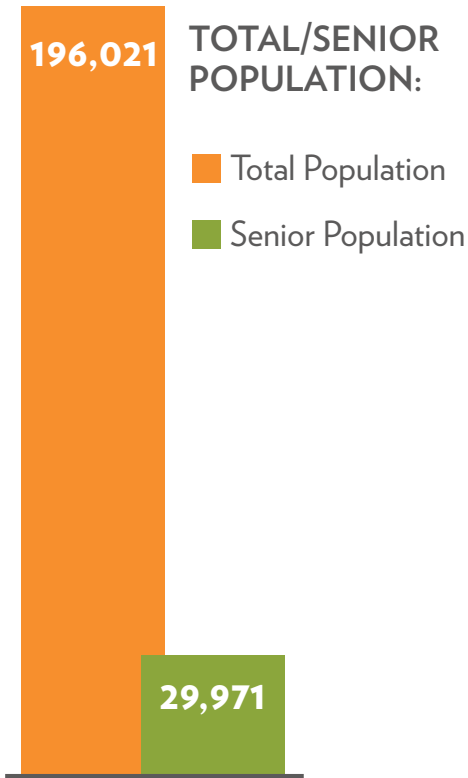


## A GUIDE TO GLENDALE, CALIFORNIA

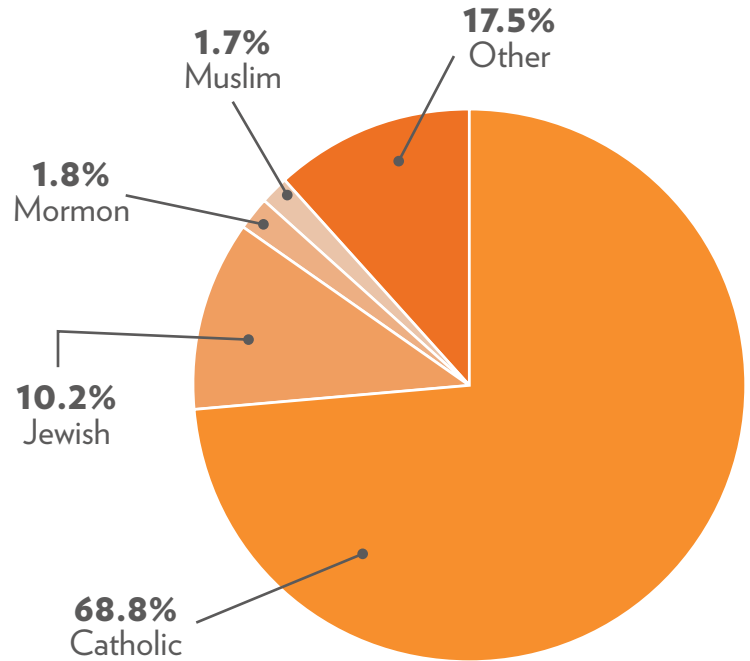
Learn about life and things to do in Glendale, home to Windsor, a be.group senior living community.

**NESTLED AGAINST THE VERDUGO MOUNTAINS** in the greater Los Angeles area, the suburb of Glendale is known as the Jewel City—and it's easy to see what makes Glendale a sparkling gem in L.A.'s crown. Warm temperatures and sunshine grace Glendale all year long, and a diverse and active local community creates a relaxing environment for retirees. Here, you'll experience the best of Glendale's low-key charm while having access to the top attractions of Los Angeles and Pasadena, both of which are in Glendale's backyard. Best of all, you can always retreat from the hustle and bustle of larger destinations and return to the slower way of life in Glendale at the end of the day.

## THE BASICS



### RELIGION (San Diego County):



### LOCAL MEDIA:

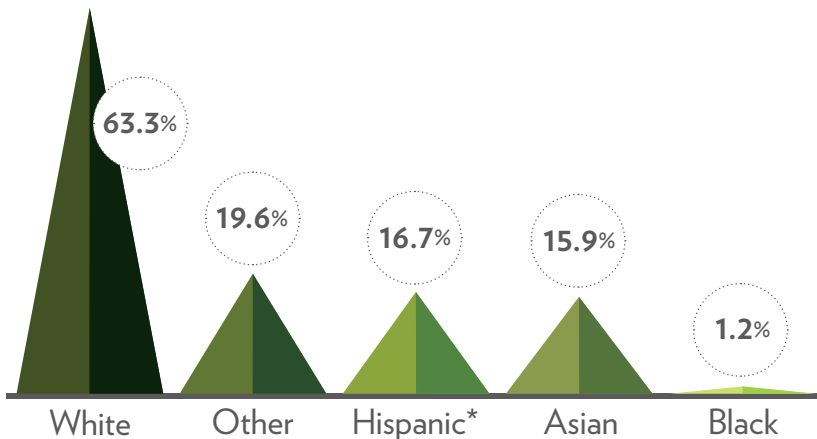


Glendale News-Press  
 Los Angeles Times  
 GTV6 (government access cable channel)

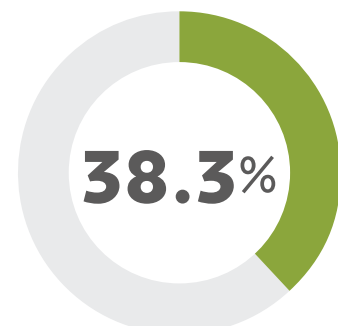
### MEDIAN INCOME:



### RACE & ETHNICITY:



### COLLEGE DEGREES:



\*According to the U.S. Census, "Hispanic" or "Latino" refer to a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin regardless of race.

## EVERYDAY NEEDS

What about runnings errands? What conveniences are near Windsor? Below, find a list of some of the closest businesses, along with their short distances from Windsor.



### Supermarkets:

#### Ralphs

1416 E. Colorado St. (0.5 miles)

#### Trader Joe's

130 N. Glendale Ave. (0.9 miles)

#### Whole Foods

331 N. Glendale Ave. (1.1 miles)

#### Vons

561 N. Glendale Ave. (1.3 miles)



### Airport:

**Bob Hope Airport** (11 miles)

**Los Angeles International Airport** (25 miles)



### Hotels:

#### Chariot Inn

1118 E. Colorado St. (0.4 miles)

#### Vagabond Inn Glendale

120 W. Colorado St. (1.4 miles)

#### Embassy Suites Los Angeles, Glendale

800 Central Ave. (2.5 miles)

#### Hilton Los Angeles North, Glendale

100 W. Glenoaks Blvd. (2.7 miles)



### Banks:

#### Wells Fargo

535 N. Brand Blvd. (2.2 miles)

#### Bank of America

203 N. Glendale Ave. (0.9 miles)

#### Chase

224 W. Colorado St. #101A (1.2 miles)



### Pharmacy:

#### CVS Pharmacy

1122 E. Broadway (0.6 miles)



### Hair Salons/Barbers:

#### Glendale Salonspa

1118 E. Colorado St. (0.4 miles)

#### The Look Hair Salon

919 S. Central Ave. (1.1 miles)

#### High Cut Barber Shop

725 S. Glendale Ave. (0.8 miles)



### Post Office:

120 E. Chevy Chase Drive (1.1 miles)



### Religious Institutions:

#### Chevy Chase Baptist Church

1209 E. Garfield Ave. (0.2 miles)

#### First United Methodist Church

134 N. Kenwood St. (1.5 miles)



## Religious Institutions Continued:

**Islamic Center of Glendale**  
700 S. Adams St. (0.3 miles)

**Kingdom Hall of Jehovah's Witnesses**  
1011 S. Adams St. (0.4 miles)

**The Church of Jesus Christ  
of Latter-day Saints**  
1130 E. Wilson Ave. (0.9 miles)

Frank Sinatra and Judy Garland during the Dancing Fountain and Light Show.

As one of the largest indoor shopping mall in L.A., the Glendale Galleria (100 W. Broadway #700, 1.6 miles) offers access to shops like Bloomingdale's, Brookstone, JC Penney and Macy's, among dozens of others. If you'd rather skip the large malls and get your shopping done at a discount retailer instead, you'll also have access to Target, Walmart and 99 Cents, which are all within a 5-mile radius of Windsor.



## SHOPPING

Whether you prefer larger shopping destinations or stand-alone retail chains, Glendale has plenty of options for shopping. At The Americana at Brand (889 Americana Way, 1.6 miles), you can bask in Glendale's warm weather as you peruse stores like Barnes & Noble, Nordstrom and Chico's at this outdoor shopping destination. While there, you can ride the electric trolley around the property, or stroll through the grass and enjoy the sounds of

## DINING

With one of the country's largest Armenian populations, Glendale offers the chance to treat your taste buds to the best Middle Eastern cuisine in L.A. County. Start off with an authentic kabob at the casual Original Kabob Factory (1700 W. Glenoaks Blvd., Unit D, 4.9 miles) or sit down to a complete dining experience with the kabobs at Raffi's Place (211 E. Broadway, 1.5 miles), which earned top honors for Best Middle Eastern Cuisine in Los Angeles from Zagat in 2013. Don't forget dessert—baklava, of course—at the Baklava Factory (1415 E. Colorado St., 0.7 miles).

Glendale's two premier shopping destinations—The Americana at Brand and the Glendale Galleria—also offer some of the city's best dining options. At The Americana at Brand, you can enjoy a meal at a familiar restaurant like The Cheesecake Factory or have an upscale dinner at the likes of Bourbon Steak by Michael Mina or Katsuya. If you're looking for fast casual dining, the Glendale Galleria houses chains like Chipotle, Blaze Pizza, Panda Express and Charley's Grilled Subs.

**FUN FACT** Glendale is home to the second-largest Armenian population in the United States.

## NATURE

Nature surrounds Glendale, from the rugged peaks of the Verdugo Mountains along the skyline to the parks

sprinkled throughout the city. You'll find one of these green spaces—Windsor Mini-Park—just across the street from our Windsor community in Glendale.

Brand Park (1601 W. Mountain St., 5.5 miles) is also worth a visit. The 31-acre retreat with walking trails, a Japanese teahouse and Friendship Garden even has a library onsite. Plus, you'll be just 10 minutes from one of the largest urban parks in the country: Griffith Park (4730 Crystal Springs Drive, 5.0 miles), home to the Griffith Observatory, four golf courses and the famed Hollywood sign.

If the ocean breezes are calling your name, you'll find beaches like Santa Monica (23.3 miles) and Manhattan Beach (28.5 miles) in less than an hour's drive. Alternatively, you can head down to Long Beach (about an hour away) for whale-watching excursions during the summer and fall.

## TOP ATTRACTIONS

In nearby Pasadena, Windsor residents enjoy visiting the Norton Simon Museum (411 W. Colorado Blvd., 5.6 miles) with its impressive collection of 14th- to 20th-century European paintings and sculptures. Residents can also take in the classical stylings of the Pasadena Symphony and POPS, which holds concerts throughout the year at Pasadena's Ambassador Auditorium (131 S. St. John Ave., 8 miles). Also not to be missed in Pasadena is the iconic Rose Bowl Stadium (1001 Rose Bowl Drive, 6.3 miles), host to monthly flea markets, UCLA football games and the annual Tournament of Roses.

In Los Angeles, the Autry National Center at Griffith Park (4700 Western Heritage Way, 3.5 miles) pays tribute to California's American West past through



ongoing lectures, film screenings and exhibits. Meanwhile, the Walt Disney Concert Hall (111 S. Grand Ave., 8.3 miles) is a treat for both eyes and ears, thanks to its stunningly distinctive architecture and the orchestra that calls it home: the Los Angeles Philharmonic. Also not too far is The Getty Center (1200 Getty Center Drive, 21.6 miles), a cultural retreat known for its impressive art exhibits, outdoor gardens and hilltop views of Los Angeles.

## ENTERTAINING GRANDCHILDREN

Rest assured, grandchildren will be far from bored when it comes time to visit Glendale. The excitement of Universal Studios Hollywood (100 Universal City Plaza) is just 10 miles away, and the grandkids will never forget a tour of the backlot of

this still-working film studio. The theme park brings favorite movies to life with its behind-the-scenes NBCUniversal Experience (an interactive exhibit featuring artifacts, wardrobe items and other props) and the Special Effects Stage, where youngsters can learn the studio secrets behind blockbuster films.

Educational opportunities abound in Los Angeles, too. About 20 minutes from Windsor, the California Science Center (700 Exposition Park Drive, 11.6 miles) lets the grandchildren get hands-on as they learn about science and technology through exhibits and an IMAX 3-D theater, as well as the space shuttle Endeavour. Another option for a fun-filled afternoon with the family is the Los Angeles Zoo and Botanical Gardens (5333 Zoo Drive., 5.2 miles) at Griffith Park, home to roughly 1,200 rare and endangered species from around the world.



### About be.group

[www.thebegroup.org](http://www.thebegroup.org)

As one of California's largest nonprofit providers of senior living communities, be.group is dedicated to helping residents and clients discover new ways to embrace life's possibilities and new options for exploring their potential. Our name, be.group, sums up everything we've been, everything we are today and everything we aspire to be in the future. Our vision, like the vision of our founders, begins and ends with the people we serve. We're here to help seniors be who they want to be: themselves.

be.group has seven licensed senior living communities and 26 affordable housing communities throughout California. Licensed communities include Kirkwood Orange, Redwood Terrace, Regents Point, Royal Oaks, Westminster Gardens, White Sands La Jolla and Windsor.