



## A GUIDE TO THE SAN GABRIEL VALLEY, CALIFORNIA

Learn about life and things to do in the San Gabriel Valley,  
home to be.group senior living communities  
Westminster Gardens and Royal Oaks

**BECAUSE THE TRANQUIL** San Gabriel Valley is surrounded by majestic mountains and hills, you'd never realize the bustling metropolis of Los Angeles is less than 25 miles away. Although they're only separated by a half-hour drive, the two destinations seem worlds apart—and that's what residents love about it. The San Gabriel Valley is a destination of conveniences, after all: Residents can enjoy the best of L.A. and Pasadena on their terms, then come home to the peaceful valley at the end of the day. It offers a small-town feel, and is supported by a diverse community, plenty of local retailers and a healthy dose of green space unheard of in larger cities.

The San Gabriel Mountains and Angeles National Forest set the backdrop for Westminster Gardens and Royal Oaks in Duarte and Bradbury, and the gardens of the Los Angeles Arboretum are just a 10-minute drive while the beaches along the Pacific Ocean are less than an hour away.

## EVERYDAY NEEDS

What about runnings errands? What conveniences are near Westminster Gardens and Royal Oaks? Below, find a list of some of the closest businesses, along with their short distances from the communities.



### Supermarkets:

**Trader Joe's**  
800 S. Shamrock Ave., Monrovia (2 miles)

**Ralphs**  
1193 E. Huntington Drive, Duarte (1 mile)



### Banks:

**Bank of America**  
1440 E. Huntington Drive, Duarte  
(less than 1 mile)

**Chase Bank**  
1000 E. Huntington Drive, Duarte  
(less than 1.5 miles)

**Wells Fargo Bank**  
1247 E. Huntington Drive, Duarte  
(less than 2 miles)



### Airports:

**Bob Hope Airport** (23 miles)  
**Los Angeles International Airport** (38 miles)



### Hair Salons:

**Bellisima Salon and Day Spa**  
501 S. Myrtle Ave., Monrovia (2.5 miles)

**Colorado Barber Shop**  
140 E. Colorado Blvd., Monrovia  
(less than 2.5 miles)



### Hotels:

**Days Inn near City of Hope**  
1533 E. Huntington Drive, Duarte (1 mile)

**Oak Tree Inn**  
788 W. Huntington Drive, Monrovia  
(3.5 miles)

**DoubleTree by Hilton Hotel Monrovia—  
Pasadena Area**  
924 W. Huntington Drive, Arcadia (5 miles)



### Pharmacies:

**CVS Pharmacy**  
2315 E. Huntington Drive, Duarte (1 mile)

**Rite Aid Pharmacy**  
1335 E. Huntington Drive, Duarte (1 mile)

**Target Pharmacy**  
1050 E. Huntington Drive, Duarte (1.5 miles)



### Post Office:

**1220 Highland Ave., Duarte** (0.5 miles)



### Religious Institutions:

**Christian Alliance Bible Church**  
1108 Highland Ave., Duarte (less than 1 mile)

**Church of Jesus Christ of Latter-day Saints**  
1452 Royal Oaks Drive, Duarte (1 mile)



### **First Baptist Church of Duarte**

2200 Huntington Drive, Duarte  
(less than 1 mile)

### **Grace Fellowship**

1551 E. Huntington Drive, Duarte (1 mile)

### **Kingdom Hall of Jehovah's Witnesses**

202 E. Colorado Blvd., Monrovia  
(less than 3 miles)



## **SHOPPING**

Residents of the Bradbury and Duarte communities can easily access their favorite retail stores at Westfield Santa Anita (400 S. Baldwin Ave. #231, Santa Anita, 5.5 miles), about a 15-minute drive from both Royal Oaks and Westminster Gardens. Anchor stores at Westfield Santa Anita include Macy's, Nordstrom and JC Penney. Inside the mall, you can peruse dozens of favorite brands like Chico's, Coldwater Creek, Nine West and Williams-Sonoma. A recent addition to Westfield Santa Anita, the Promenade is an outdoor extension that channels a Parisian chic atmosphere for shopping under the sun. Plenty of outdoor seating and desert-themed landscaping make this a top choice for relaxing during an afternoon of shopping.

Residents can avoid the mall in favor of one-stop retailers too. Target and Wal-mart are within two miles of both Royal Oaks and Westminster Gardens. A Dollar Tree and Michaels are also within two miles of both communities.



## **DINING**

The San Gabriel Valley is the culinary hot spot that gave the world Julia Child—so there's plenty of food to enjoy.

Seafood lovers can have their fill at McCormick and Schmick's (111 N. Los Robles Ave., Pasadena, 11 miles), while home-style Italian fare is the name of the game at Trattoria Neapolis (336 S. Lake Ave., Pasadena, 11 miles). Throughout the city, you'll find comfort staples and ethnic cuisine too.

If it's Chinese cuisine you seek, don't miss the restaurants serving a variety of Chinese-inspired fare at San Gabriel Square (140 W. Valley Blvd., San Gabriel, 13 miles). This 219,000-square-foot property is known for its on-site restaurants serving everything from seafood to dim sum, and it's only a 20-minute drive from Duarte and Bradbury. Nearby



**FUN FACT** The San Gabriel Valley is home to Mission San Gabriel Arcángel, the fourth mission to be established in California.

Monterey Park (14 miles) has long been considered one of L.A. County's hottest spots for authentic Chinese fare, and the restaurants here serve everything from noodles and soups to sandwiches and dumplings.

## NATURE

The San Gabriel Valley is a nature-filled respite from busy Los Angeles, and residents of the Bradbury and Duarte communities have plenty of local options when it comes to exploring the more natural side of greater Los Angeles. The Royal Oaks community is nestled right up against the San Gabriel Mountains, and the tranquil Lemon Trail less than a mile away is a popular, accessible walk for residents at both communities. Excursions to the nearby Angeles National Forest also offer a natural escape into the serenity of Southern California's wilderness.



Another popular destination is the grand Los Angeles County Arboretum and Botanic Garden (301 N. Baldwin Ave., Los Angeles, 6 miles), which is filled with tranquil gardens, green spaces and plant collections. If you'd rather dig your toes into the sand, the beaches of the Pacific Coast (including Santa Monica, Long Beach, Redondo Beach and Seal Beach) are less than an hour away.

## TOP ATTRACTIONS

Culture is at your fingertips when you live in the San Gabriel Valley, thanks largely in part to Los Angeles and Pasadena being just a stone's throw away. Within the San Gabriel Valley, The Huntington Library (1151 Oxford Road, San Marino, 11 miles) delights with its art collection, botanical gardens and rare books. Rotating exhibits mean there's always something new to experience at this local favorite. Over at the Pasadena Playhouse (39 S. El Molino Ave., Pasadena, 11 miles), a regular schedule of performances and cultural events keeps the stage busy, while the excitement never dies down at Santa Anita Park (285 W. Huntington Drive, Arcadia, 5 miles), where horse races keep the bets rolling throughout the year.

In nearby Los Angeles, the sounds of the L.A. Philharmonic are yours to enjoy at the stunning Walt Disney Concert Hall (111 S. Grand Ave., Los Angeles, 22 miles) in downtown. If you'd rather set your sights on the history of California, the dinosaur fossils and 35 million other artifacts of the Natural History Museum of Los Angeles (900 Exposition Blvd., Los Angeles, 26 miles) are just a half-hour away.

## ENTERTAINING GRANDCHILDREN

Family-friendly fun awaits when the grandchildren come to visit, whether they enjoy nature, science or theme parks. Southern California is known for its theme parks, and Universal Studios Hollywood

is just a half-hour drive from Duarte and Bradbury. Treat the kids to a day of studio backlot tours, movie-themed attractions and dining on the world-famous Citywalk before snapping a few family shots by the iconic spinning globe that sits in front of the Universal Studios entrance.

Or you can appeal to your grandkids' sense of discovery with a trip to the Page Museum at the La Brea Tar Pits (5801 Wilshire Blvd., 30 miles), where scientists continue to dig up fossils to this day. The

entire family can see pits that contain the fossils of prehistoric creatures, as well as exhibits featuring these recovered fossils.

During the summer months, the family might enjoy taking a ferry out to one of Los Angeles' favorite island escapes: Catalina Island. A one-hour ferry ride across the Pacific Ocean whisks you away to the charming isle of Catalina, where unspoiled mountains and beaches are a welcome change of pace from the busyness of Los Angeles.



## About be.group

[www.thebegroup.org](http://www.thebegroup.org)

As one of California's largest nonprofit providers of senior living communities, be.group is dedicated to helping residents and clients discover new ways to embrace life's possibilities and new options for exploring their potential. Our name, be.group, sums up everything we've been, everything we are today and everything we aspire to be in the future. Our vision, like the vision of our founders, begins and ends with the people we serve. We're here to help seniors be who they want to be: themselves.

be.group has seven licensed senior living communities and 26 affordable housing communities throughout California. Licensed communities include Kirkwood Orange, Redwood Terrace, Regents Point, Royal Oaks, Westminster Gardens, White Sands La Jolla and Windsor.