

Case Study



Corporate Health

Covering 23 of the United States, North America's premier railroad franchise turned to Healthways when they were looking to improve the health and safety of their 50,000 employees.

Our solution came in the form of a customized program that included health risk appraisals, specialized tobacco cessation, a network of over 575 health and fitness facilities, a health awareness and education program as well as a Healthways Lifestyle Management Program.

The results achieved stem from our vision to work collaboratively with our clients to ensure the health objectives of both the organization and their employees are met simultaneously.



Healthways.com/international

Facts & Figures

- ▶ The percentage of participants with five or more risks dropped from 38% to 15% (Year: 2006).
- ▶ The percentage of participants with three or more risks dropped from 99% to 64% (Year: 2006).

[Find out how we improve health and Well-Being to generate economic value for you.](#)