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**OSHA 10  
Construction Industry Voluntary Compliance Program  
29 CFR 1926**

- Applicability:** All personnel that have to be aware of various dangers while working in construction.
- Prerequisites:** None
- Frequency and Duration:** This training program requires 10 hours of instructor time to complete over 2 days. The first day is 8 hours; the second day is 4 hours. There is no Refresher course mandated by OSHA.

**Purpose and Overview:**

Safety Training Services, Inc. presents this comprehensive training program intended to provide instruction on a variety of mandatory and optional topics in Construction Industry Safety and Health to entry level participants. This 10-Hour program is presented with a mixture of classroom instruction and hands-on exercises.

**Team Development skills are emphasized in all aspects of this course. After attending the 10-Hour course, students will have covered:**

- Introduction to OSHA (mandatory)
- Focus Four Hazards-including: Fall Protection, Electrical, Struck By, Caught in/Between (mandatory)
- Personal Protective and Life Saving Equipment (mandatory)
- Health Hazards in Construction-including: Haz-Com and Silica (mandatory)

**In addition to the mandatory subjects, 2 elective subjects and 2 optional subjects will be covered. Classes can also be customized, job specific, to the attending audience:**

- Fall Protection (elective)
- Machine Guarding (elective)
- Scaffolds (elective)
- Materials Handling, Storage, Use and Disposal (elective)
- Excavation (elective)
- Cranes, Derricks, Hoists, Elevators and Conveyors (elective)
- Stairways and Ladders (elective)
- Power and Hand Tools (optional)
- Welding, Cutting and Brazing (optional)
- Concrete and Masonry Construction (optional)
- Steel Erection (optional)

**Training Materials: Those attending this training program will receive a training manual, wallet card, and a certificate of completion.**

**FOR MORE INFORMATION OR TO REGISTER FOR CLASS CALL US TOLL FREE 1-877-724-2744**