

Fall Protection for the Competent Person 29 CFR 1910

Applicability: All personnel that work at height and have to be aware of various

dangers of working at heights. Personnel who have to preplan, select and implement fall protection systems for their work site

Prerequisites: None

Frequency and Duration: This training program requires 8 hours of instructor time to

complete. Hands-On Practice and demonstration

Purpose and Overview:

Safety Training Services, Inc. presents this comprehensive training program intended to provide instruction on several topics in working at heights to Supervisory level employees or employees deemed as competent persons by a company.

After attending the 8-Hour course, students will have covered:

- Introduction to Working at Heights
- OSHA Regulations Concerning Working at Heights
- OSHA Competent Person Requirements for Fall Protection
- Hazards of Working at Heights
- Ladder Safety
- Pre-Planning for Fall Protection
- Selection of Proper Protective Systems
- Roof, Scaffold and Work Platform Safety
- Fall Protection Systems
- Fall Protection Equipment and proper use

After completing the course students should be able to:

- Recognize Hazards of Working at Heights
- Pre-Plan Fall Protection systems for a work site
- Select Proper protective systems for a job
- Work Safely from a Roof, Scaffolding and other Work Platforms
- Recognize the Need, Selection and Proper Use of Fall Protection Equipment and Systems

Training Materials: Those attending this training program will receive a training manual, a certificate of completion, and PVC Photo ID Card.