



## PERU WOMEN TOUR

# *Travel Innovations*

Travel Innovations is pleased to present its *PERU WOMEN TOUR*, a program specially designed for female travelers interested in learning more in depth about Peruvian women: how they live and work, what their role is in modern Peru and what it was before the Spanish conquest.

The itinerary purposely exposes guests to female success stories in Peru, all of them from very different ethnical, geographical and socio – economic backgrounds. From Silvia Stern, a German-Jewish immigrant that along with her husband started what now is Peru´s most renowned private collection of colonial art, to Nilda Callañaupa, an Andean native who rose from poverty and now heads a National Geographic- sponsored project to preserve ancient weaving techniques – it is through their eyes that passengers will discover what it means (and meant) to be a woman in Peru.



# LAND PROGRAM DETAILS

## DAY 01: USA - LIMA

- Greet upon arrival and transfer to hotel
- Overnight in Lima

## DAY 02: LIMA

- Buffet breakfast
- AM at leisure
- PM **Larco Herrera Museum (guided by the museum's curator)** and **Barbosa-Stern** private colonial art collection (**guided by the owner, Sylvia Stern, and her son, Aldo Barbosa**)

When we think about the highest exponents of colonial culture in Latin America, the Peruvian School naturally comes to mind. It is a blend of two millenary cultural traditions: the Andean and the European. Colonial art is extraordinarily represented in the Barbosa-Stern Collection. Since 1966, Eduardo Barbosa and his wife Silvia Stern have collected an impressive compilation of Spanish colonial art. Mr. and Mrs. Barbosa-Stern's sons inherited the love for colonial art, and are now in charge of preserving their family's private collection. The visit will be co-guided by mother Silvia and youngest son Aldo.

- Private dinner at Casa Aliaga
- Overnight in Lima
- *B, D*

## DAY 03: LIMA – CUZCO – URUBAMBA SACRED VALLEY

- Buffet breakfast
- Transfer to the airport and assistance with flight
- Flight to Cuzco
- Greet and transfer to Urubamba Sacred Valley
- **On route visit Nilda Cañallaupa's National Geographic sponsored native weaving project**  
Textile production has profound historic and cultural significance in the Andes, and this project is part of a highly successful National Geographic Society-supported initiative to rescue and revive this way of life. Women are the owners and drivers of this activity, and we will see how their gregarious processes of spinning, the gathering and use of natural dyes, the setting up of looms and the creation of designs, are fundamental to the family and social bonds of these highland communities.
- **Gourmet picnic lunch with "Tribute to the Mother Earth" Andean religious ceremony**
- Overnight in Urubamba Sacred Valley
- *B, L*

## DAY 04: URUBAMBA SACRED VALLEY

- Buffet breakfast
- **Full-day Potato Park indigenous bio-cultural heritage area (guided by specialist Maywa Blanco)**  
The Potato Park focuses on preserving the critical role and interdependency of indigenous bio-cultural heritage (IBCH) for local rights, livelihoods, conservation and sustainable use of agro-biodiversity. The Andes are the center of potato origin and diversity, produced and preserved throughout centuries by its people. **Maywa Blanco**, born and raised in Cuzco, holds a Bachelors degree in Agronomy from Cuzco's San Antonio Abad University and a Masters degree in Science from Michigan State. A college and school teacher, Maywa will masterfully guide us through this community-based project, explaining how the lifestyle of these agricultural-based communities revolves around the potato and what the role of women is the social structure.
- Lunch included
- Overnight in Urubamba Sacred Valley
- *B, L*

# LAND PROGRAM DETAILS (continued)

## DAY 04: URUBAMBA SACRED VALLEY – MACHU PICCHU

- Buffet breakfast
- Transfer to the train station and VISTADOME train to Machu Picchu
- Guided tour of the ruins (**by historian Roger Valencia**)
- Lunch included
- Overnight and dinner in Machu Picchu
- *B, L, D*

## DAY 05: MACHUPICCHU - CUZCO

- Buffet breakfast
- Solo visit to the ruins (bus and entrance included)
- VISTADOME train to Cuzco
- Greet upon arrival and transfer to hotel
- Overnight in Cuzco
- *B*

## DAY 06: CUZCO

- Buffet breakfast
- **Full-day Cuzco Art Safari (guided by historian Roger Valencia)**  
Walking along the cobblestone streets while marveling at the flawless Incan stonework, picturing a time and place when the Incas had a massive empire, guests will learn about the Cusco School of Art, an expression born by the blend of European and Andean. At the colonial Main Square passengers will visit the Cathedral, which contains one of the city's greatest samples of Mestizo art. After, the Inca Historical Museum provides participants with a fine overview of the history of the Inca Empire. The painting of a wedding of an Inca princess and a Spanish noble man found in La Compañía de Jesus helps us understand Mestizo identity. The final stop is the archbishop's private art collection.
- Lunch included
- Dinner at BACCO restaurant
- Overnight in Cuzco
- *B, L, D*

## DAY 07: CUZCO – LIMA

- Buffet breakfast
- Transfer to the airport and assistance with flight
- Flight to Lima
- Greet and transfer to hotel
- PM and evening at leisure
- Overnight in Lima
- *B*

## DAY 08: LIMA - USA

- Buffet breakfast
- AM at leisure
- Private ceviche and pisco sour cooking classes at **chef Penelope Alzamora's beach house**
- Transfer to the airport and assistance with flight
- Flight to USA
- *B, L*

**ULLA HOLMQUIST**, Head Curator of the Larco Herrera Archaeological Museum, holds a Bachelors Degree in Archaeology from Lima's Catholic University and a Masters degree in Museology by New York University. A university professor in several subjects related to archaeology and pre-Hispanic art, Ulla has been Deputy Director of the Archaeology, Anthropology and History National Museum, and Pre-Hispanic Art Curator at the Art Museum of Lima. Ulla has extensively researched and published about site museums and community development, archaeology, pre-Hispanic art, and the role of women in ancient Peru.



**NILDA CALLAÑAUPA** is the founder and head of The Center for Traditional Textiles – CTTC - ([www.incas.org](http://www.incas.org)) in Cuzco, an NGO dedicated to preserving the textile heritage of the Andean people. A native of the village of Chinchero, Nilda was, by the age of 14, presenting at the Smithsonian Institute and the American Museum of Natural History. After attending university, Nilda started the Center for Traditional Textiles of Cusco, including a weaving cooperative and a school for young girls (who must come dressed in traditional costume to be considered). CTTC also provides shelter for women in distress, insures that young girls connect with their elders, and helps native weavers control the marketing of their textiles. Nilda is a shining example of how indigenous people can fully engage with world markets and still remain true to their roots.



**PENELOPE ALZAMORA** was born in Lima. Thanks to her amazing foodie parents, a master-baker grandmother and a nanny who introduced her to traditional Peruvian gastronomy, Penelope became passionate about cooking. After high school, Penelope studied hotel management in Newbury College (Boston) and Culinary Arts in Johnson & Wells (Providence). Upon graduation, she started a successful catering business in Lima, and in 1995 opened with her dad and other partners the well-known "Bohemia Café y Mas" restaurant. In 2002 Penelope married and moved to the San Francisco bay area, where she taught at the Tante Marie Cooking School (ranked this year one of the Top Ten Schools in the country by leading newspapers and magazines). Penelope has now settled in Lima, her time being devoted to both her family and cooking classes.



**ROGER VALENCIA:** Roger was born in Cuzco to a typical, deeply rooted, middle-class Cuzqueno family. Named the best guide in Cuzco by Peru's Ministry of Tourism, Roger entered Cuzco's San Antonio Abad University to study Chemistry first and then Education, before realizing that his passion was Tourism, field in which he earned both Bachelor and Masters degrees. Fluent in Spanish, Quechua, English, German and Italian, Roger has climbed over 20 mountains that surpass 6,000 mts (20,000ft) of altitude. Due to his unparalleled knowledge of the Cuzco area and Andean history and culture, Roger has consulted for world-renowned entities such as USAID, Orient Express and the World Bank, and has hosted and guided royalty and political leaders such as England's Princess Anne, Spain's Prime Minister Jose María Aznar, and US Senator Harry Reid.



# PRICES, HOTELS & OTHER INFO

## PRICES PER PERSON

In DBL US\$ 2,315.00

SGL SUPP US\$ 1,034.00

*Prices based on 10 paying pax and valid for 2010*

## INCLUDED

Private transfers and tours

Entrance fees to sites

Mentioned meals

Tips for luggage porters and waiters

## NOT INCLUDED

International and domestic airfare

Domestic (US\$ 5.84) and international

(US\$31.00) airport taxes

Meals and services not mentioned

Tips for guides

## HOTELS, TRAINS & OTHER

Lima

Casa Andina Private Collection 5\*\*

[www.casa-andina.com](http://www.casa-andina.com)

Urubamba

Sol y Luna 4\*\*

[www.hotelsolyluna.com](http://www.hotelsolyluna.com)

Machu Picchu

INKATERRA 4\*\*

[www.inkaterra.com](http://www.inkaterra.com)

Cuzco

NOVOTEL 4\*\* (Colonial Rooms)

[www.novotel.com](http://www.novotel.com)

Train

VISTADOME

[www.perurail.com](http://www.perurail.com)

