



A HOME CARE SURVIVAL GUIDE FOR PARENTS OF CHILDREN WITH COMPLEX MEDICAL CONDITIONS

1

Take the controls.

You are in the command seat for your child's care.

2

Be confident.

If you're not, ask for more training before you go home.

3

Ask about education.

Ask what training is available at home for you and providers.

4

Schedule team meeting.

Create a list of questions for them.

6

Create shopping list of items needed at home.

Parents who have experienced home care are a good resource.

5

Meet child's care manager and nurse.

You want familiar faces to greet you when you arrive home.

7

Select supply and respiratory companies.

Make sure they're willing to give honest answers to your questions.

8

Organize your child's room in advance.

Label all your supplies. Select a daily communication system that works best for you.

9

Maintain professional relationship with nurses.

This will ensure best possible care.

10

Be good to yourself.

Ask for help. You need time and energy to focus on personal life.