

After her diagnosis, client Kathryn V. (pictured with BAYADA Home Health Aide Connie Smith) published a book of poems about living with ALS.

# In-home care for people with ALS and their families

The challenges of ALS change over time, as do your needs for care and support.

As a proud partner of the ALS Association, BAYADA Home Health Care provides specially trained caregivers who help you manage the day-to-day challenges of the disease so you can focus on your time with your loved ones.

# Broad services for evolving care needs

As your needs change over time, BAYADA can provide continuity of care with our team of nurses, therapists, and home health aides. Your personalized plan of care may include:

### **Assistive care**

- Prepare meals and help with eating
- Assist with bathing, dressing, and grooming
- Move or transfer from one place to another
- Provide range of motion exercises for people with limited mobility

### **Nursing care**

- Manage assisted breathing with a ventilator
- Feed through a tube
- Administer medications and manage pain and symptoms
- Use a suction machine

### **Therapies**

- Help with more advanced exercise and mobility issues
- Recommend assistive devices to maximize independence
- Teach strategies that help with speaking
- Offer family members tips on safe lifting, home modifications, and more

## Collaboration with your doctors, family, and the ALS Association

We understand that teamwork ensures the best outcomes. That's why we work closely with your doctors, family, and the ALS Association to:

- Provide family-centered, high quality care
- Connect you with local resources and support
- Coordinate care with your insurance and other payor sources

### Always there for you

Call 000-000-0000 or visit bayada.com/ALS.

