

POWERED BY THORNE RESEARCH
EXOSTM
PERFORMANCE NUTRITION

RESTORE

THE BUILDING BLOCKS YOU NEED TO PERFORM YOUR BEST AGAIN AND AGAIN.

WHEY PROTEIN ISOLATE

- + HELPS REPLENISH PROTEINS AND AMINO ACIDS AFTER WORKOUTS*
- + PROMOTES THE REPAIR AND REBUILDING OF MUSCLE TISSUE*
- + PROVIDES ESSENTIAL NUTRIENTS TO ELEVATE STRENGTH AND PERFORMANCE*
- + ADDED PROPRIETARY ENZYME BLEND TO SUPPORT HEALTHY DIGESTION AND MINIMIZE GASTROINTESTINAL DISCOMFORT*
- + LOW IN SUGAR, CALORIES, AND FAT
- + 21 GRAMS OF PROTEIN PER SERVING
- + CHOCOLATE AND VANILLA FLAVORS

PROTEIN IS CRITICAL TO BUILD AND MAINTAIN MUSCLE, RECOVER POST-WORKOUT, SUPPORT IMMUNE FUNCTION, STABILIZE ENERGY, AND HELP YOU FEEL FULLER, LONGER.* WHEY PROTEIN'S UNIQUE BLEND OF AMINO ACIDS HAS BEEN SHOWN TO BE MORE EFFECTIVE IN ELEVATING PERFORMANCE COMPARED TO OTHER FORMS OF PROTEIN.* WHEY PROTEIN ISOLATE HAS BEEN WELL-STUDIED IN RECENT YEARS AND SHOWN TO PROVIDE OPTIMAL BENEFITS AS PART OF YOUR POST-WORKOUT RECOVERY.*

WHEY PROTEIN IS HIGH IN LEUCINE, AN AMINO ACID THAT SIGNALS YOUR MUSCLES TO RECOVER AND REPAIR AFTER A WORKOUT.* RESEARCH HAS SHOWN THAT IT'S THE AMOUNT OF LEUCINE, NOT THE AMOUNT OF PROTEIN, THAT BEST REPAIRS AND MAINTAINS MUSCLE.* OUR WHEY PROTEIN ISOLATE CONTAINS APPROXIMATELY 2.3 GRAMS OF LEUCINE PER SERVING, THE AMOUNT SHOWN TO PROVIDE THESE BENEFITS.*

OUR WHEY PROTEIN ISOLATE IS SOURCED FROM COWS NOT TREATED WITH HORMONES. IT CONTAINS NO ARTIFICIAL FLAVORS, COLORS, SWEETENERS, CARRAGEENAN, OR GLUTEN.



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



PRECISION NUTRITION
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WHEY PROTEIN ISOLATE - VANILLA

| SUPPLEMENT FACTS | | |
|---|---------|------|
| Serving Size: 1 Level Scoop (27 g) | | |
| Servings Per Container: 30 | | |
| One Level Scoop (27 g) Contains: | | % DV |
| Calories | 100 | |
| Calories from Fat | 5 | |
| Total Fat | 0.5 g | 1%* |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | ** |
| Cholesterol | 15 mg | 6%* |
| Total Carbohydrate | 3 g | 1%* |
| Dietary Fiber | 1 g | 2%* |
| Sugars | 1 g | ** |
| Protein | 21 g | 42%* |
| Calcium | 82 mg | 8% |
| Iron | 425 mcg | 2% |
| Sodium | 102 mg | 4% |
| Potassium | 83 mg | 2% |
| Proprietary Blend | 30 mg | |
| Bromelain† | | ** |
| Papain†† | | ** |
| * Percent Daily Values are based on a 2,000 calorie diet. | | |
| **Daily Value (DV) not established. | | |

Other Ingredients: Whey Protein Isolate†††, Flavors, Evaporated Cane Juice Sugar, Carboxymethylcellulose Gum, Xanthan Gum, Stevia extract (leaf) (Rebaudioside A 95%).

Contains ingredient derived from milk (whey protein isolate).

†Bromelain is derived from the pineapple plant (*Ananas comosus*).

††An enzyme derived from Papaya (*Carica papaya*).

†††Instantized with Sunflower Lecithin.

If pregnant, consult your health-care practitioner before using this product.

SUGGESTED USE:

Mix 1 level scoop of powder with at least 8 oz. of water, juice, or preferred beverage daily or as recommended by your health-care or performance professional.

Product Code: EXOS111

Net Wt. 28.5 oz. (1 lb. 12.5 oz.) 810 g.

WHEY PROTEIN ISOLATE - CHOCOLATE

| SUPPLEMENT FACTS | | |
|---|---------|------|
| Serving Size: 1 Level Scoop (29 g) | | |
| Servings Per Container: 30 | | |
| One Level Scoop (29 g) Contains: | | % DV |
| Calories | 100 | |
| Calories from Fat | 5 | |
| Total Fat | 0.5 g | 1%* |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | ** |
| Cholesterol | 15 mg | 6%* |
| Total Carbohydrate | 3 g | 1%* |
| Dietary Fiber | 1 g | 2%* |
| Sugars | 1 g | ** |
| Protein | 21 g | 42%* |
| Calcium | 82 mg | 8% |
| Iron | 425 mcg | 2% |
| Sodium | 102 mg | 4% |
| Potassium | 83 mg | 2% |
| Proprietary Blend | 30 mg | |
| Bromelain† | | ** |
| Papain†† | | ** |
| * Percent Daily Values are based on a 2,000 calorie diet. | | |
| **Daily Value (DV) not established. | | |

Other Ingredients: Whey Protein Isolate†††, Cocoa, Flavors, Evaporated Cane Juice Sugar, Stevia extract (leaf) (Rebaudioside A 95%), Carboxymethylcellulose Gum, Xanthan Gum.

Contains ingredient derived from milk (whey protein isolate).

†Bromelain is derived from the pineapple plant (*Ananas comosus*).

††An enzyme derived from Papaya (*Carica papaya*).

†††Instantized with Sunflower Lecithin.

If pregnant, consult your health-care practitioner before using this product.

SUGGESTED USE:

Mix 1 level scoop of powder with at least 8 oz. of water, juice, or preferred beverage daily or as recommended by your health-care or performance professional.

Product Code: EXOS110

Net Wt. 30.7 oz. (1 lb. 14.7 oz.) 870 g.

NO ARTIFICIAL
COLORS

NO ARTIFICIAL
SWEETENERS

NO UNNECESSARY
ADDITIVES

ORDER INFORMATION

To order, please visit EXOSfuel.com

Manufactured by Thorne Research, Inc.
P.O. Box 25, Dover, Idaho 83825, 1-800-228-1966



EXOSfuel.com