

National Obesity Forum launches book for GPs supported by Cambridge Weight Plan



Medical Management during effective weight loss' is a practical resource developed by the National Obesity Forum (NOF) to help GPs and other health care professionals manage patients when they are losing weight effectively, either through diet, drugs or following surgery. The publication was

successfully launched at a parliamentary reception in the Palace of Westminster by the Right Honourable Kevin Barron MP, on Tuesday 2nd June. Attended by ministers, members of both houses, doctors and key members of Government agencies, the launch served to highlight NOF's desire to drive forward effective change and the recognition of all effective weight-loss methods practised by the Cambridge team. The resource was written by Dr David Haslam, Chairman and Clinical Director of NOF, Dr Colin Waine, past-Chairman of NOF and Prof Anthony Leeds, Medical Director of Cambridge Health and Weight Plan.

Dr Colin Waine, said: "NOF are delighted to take the lead in providing these guidelines. The launch of this publication serves to remind everyone that effective weight loss, whether following surgery or medical therapy, requires that other aspects of medical management be reviewed".

The publication has been funded with an educational grant from Cambridge Weight Plan. Prof Leeds added: "The UK lacks clear guidelines in a number of areas related to obesity management and much work remains to be done in defining appropriate care pathways".

The book will be supplied to all GPs directly and through hospital departments specialising in obesity treatment.

Colin Waine, David Haslam and Anthony Leeds at Westminster on the occasion of the launch of 'Medical Management during effective weight loss'.

[Click here to download a PDF version of the Medical Management during Effective Weight Loss booklet.](#)