



ASHI CPR and AED

ASHI CPR and AED is designed specifically for laypeople and is an excellent choice for both the community and workplace setting. This extremely flexible program will help prepare people to respond to a cardiac arrest and choking. This program conforms to the 2015 AHA Guidelines Update for CPR and ECC.

AMERICAN SAFETY & HEALTH INSTITUTE



Intended audience

Individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in CPR and the use of an AED.



Class options

- Adult
- Adult and Child
- Adults, Child, and Infant



Class configurations

- Max student to instructor ratio: 10 to 1
- Recommended student to equipment ratio: 3 to 1



ASHI-approved training materials

- ASHI CPR and AED Student book (one per participant, print or digital)
- ASHI CPR and AED Instructor Guide (one per Instructor, print or digital)
- ASHI CPR and AED media presentation (program video, PowerPoint®, or computer/online blended class)



Digital Resources

- Streaming video player
- Create custom playlists
- Updated user interface for blended learning platform
- Customizable blended learning playlists
- Pre-built digital Performance Evaluations
- Track past, present, and future classes with Otis
- New mobile app, including offline mode



Recognized certification period

Up to 2 years



Successful completion (certification)

- *Written evaluation:* Required when specified by organizational, local, or state regulation.
- *Performance evaluation:* All students must perform required skills competently without assistance.



Recommended time to complete

- *Initial training:*
 - > Adult: 2 hours
 - > Adult and Child: 3 hours
 - > Adult, Child, and Infant: 3.5 hours
- *Renewal training:* Less than initial instructional time

Times based on core-topics only. Adding supplemental topics will add to the overall class time.

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Class Topics

- Oxygen and the Human Body
- Sudden Cardiac Arrest
- Cardiopulmonary Resuscitation (CPR)
- Early Defibrillation
- Chain of Survival
- Secondary Cardiac Arrest
- Opioid Overdose
- Children and Infants
- CPR and AED Provider
- Recognizing an Emergency
- Deciding to Help
- Personal Safety
- Infectious Bloodborne Diseases
- Standard Precautions
- Personal Protective Equipment
- Legal Considerations – Consent
- Legal Considerations – Implied Consent
- Legal Considerations – Abandonment
- Legal Considerations – Good Samaritan Laws
- Calling for Help
- Chest Compressions
- Rescue Breaths – Establishing an Airway
- Rescue Breaths – Using a CPR Mask
- Rescue Breaths – Using an Overlay Shield
- Recovery Position
- Caring for Cardiac Arrest
- Multiple Provider Approach to CPR
- High-Performance CPR*
- Integrating LOOP*
- Administration of Naloxone with Prefilled Syringe*
- Administration of Naloxone with Narcan Nasal Spray*
- Administration of Naloxone with Evzio Auto-Injector*
- Automated External Defibrillation
- Choking – Mild Obstruction
- Choking – Severe Obstruction
- Choking – Children and Infants
- Emotional Considerations

**Supplemental Topics*

Can be combined with ASHI Basic First Aid to create a combined CPR, AED, and Basic First Aid program.

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