



# ASHI Pediatric

ASHI *Pediatric CPR, AED, and First Aid* an ideal training solution for schools, child care providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children.\* This versatile program is based upon the 2010 CPR and First Aid Guidelines, *Caring for Our Children, 3rd Ed*, and other evidence-based treatment recommendations.

## Intended Audience

- Individuals who desire or are required to be certified in pediatric first aid, CPR, and AED.

## ASHI-approved training materials

- Pediatric media presentation (DVD, PowerPoint®, or computer/online blended class)
- Pediatric Instructor Guide
- Student Handbook (one per participant; print or digital)

## Successful Completion (Certification)

- Written Evaluation: Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- Performance evaluation: All students must perform required skills competently without assistance.

## Class Configurations

- Max student to Instructor ratio: 10 to 1
- Recommended student to equipment ratio: 3 to 1

## Recognized Certification Period

- Up to 2 years

## Recommended Time to Complete

- Initial training: 5-6 hours
- Renewal training: Less than initial instructional time

## Course topics

- First Aid Provider
- Recognizing an Emergency and Deciding to Help
- Personal Safety
- Legal Considerations
- Emergency Medical Services (EMS)
- Respiratory and Circulatory Systems
- Sudden Cardiac Arrest and Early Defibrillation
- Chain of Survival
- Chest Compressions
- Rescue Breaths
- Primary Assessment – Unresponsive Child
- Unresponsive and Breathing
- Unresponsive and Not Breathing—CPR
- Automated External Defibrillators
- Basic AED Operation
- Troubleshooting and Other Considerations
- Choking
- Primary Assessment – Responsive Child
- Secondary Assessment
- Control of Bleeding
- Internal Bleeding
- Managing Shock
- Head, Neck, or Back Injury
- Swollen, Painful, or Deformed Limb
- Minor Wounds
- Burns
- Objects in the Eye
- Chemicals in the Eye
- Nosebleeds
- Injured Tooth
- Warning Signs of Sudden Illness
- Altered Mental Status
- Stroke
- Diabetic Emergencies
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma
- Severe Allergic Reaction
- Pain, Severe Pressure, or Discomfort in the Chest
- Severe Abdominal Pain
- Poisoning
- Bites and Stings
- Heat Exhaustion
- Heat Stroke
- Hypothermia
- Frostbite
- Emergency Moves
- Emotional Considerations

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\* Some states require a review and approval of a program before being used to train child care providers. ASHI has submitted the program for approval in those states. Certification earned through this program may not be accepted for occupational licensing in child care.

For more information see [www.hsi.com/ASHI-PEDS/](http://www.hsi.com/ASHI-PEDS/) or contact us at 800 447 3177.