



For Sudden Cardiac Arrest

Would you know what to do if someone suddenly collapsed in front of you?

HOPE is a free community CPR class providing Hands On Practical Experience in a simplified form of CPR using only chest compressions (no mouth-to-mouth breaths). Sudden Cardiac Arrest (SCA) strikes about 360,000 people every year.

80% of all SCAs happen at home.

Less than **10%** survive.

60% of all SCAs are witnessed.



Chest compression-only CPR can **double or even triple a victim's chance of survival**. HOPE is a positive educational experience designed for anyone who desires to learn this potentially life-saving skill; children attending school, family members and friends, or members of our local, education, business, or religious communities. Thousands of people have already participated in HOPE training. This is your invitation to join them in the goal of saving as many lives as possible!

► **Ready to Attend?** HOPE will be offered on:

HOPE is free, but registration is required. To register, please contact:

About HOPE

HOPE is a partnership in community health and welfare between the American Safety & Health Institute (ASHI), Fairfield Medical Center, and the Gordon B. Snider Cardiovascular Institute. HOPE was originally created by Becky DeVoss, RN, M.S.H.A. Participation in HOPE does not result in certification and is not appropriate for individuals who are occupationally required to be certified in CPR, AED, or professional-level basic life support. For full certification courses please contact:



Health & Safety Institute (HSI) is a world leader in emergency response, care, and safety training. HSI is headquartered in Eugene, Oregon and manages a family of brands that offer easy-to-use, dynamic instruction for communities, businesses, government agencies, and EMS and fire professionals. ASHI is a member of the HSI family of brands.