



# MEDIC First Aid PediatricPlus

MEDIC First Aid *PediatricPlus* CPR, AED, and First Aid for Children, Infants, and Adults provides an ideal training solution for schools, childcare providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children. This versatile program is based upon the 2010 CPR and First Aid Guidelines, *Caring for Our Children, 3rd Ed*, and other evidence-based treatment recommendations.

## Intended Audience

- Individuals who desire or are required to be certified in pediatric first aid, CPR, and AED.

## MEDIC First Aid-approved training materials

### Instructor materials

- PediatricPlus DVD
- PediatricPlus Instructor Guide (one per Instructor; print or digital)

### Student materials

- Student Guide (one per participant; print or digital)

## Successful Completion (Certification)

- Written Evaluation: Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- Performance evaluation: All students must perform required skills competently without assistance.

## Class Configurations

- Max student to Instructor ratio: 12 to 1
- Recommended student to equipment ratio: 3 to 1
- Max class size: 24 (with 2 Instructors)

## Recognized Certification Period

- Up to 2 years

## Recommended Time to Complete

- Initial training: 5-6 hours
- Renewal training: Less than initial instructional time

## Course topics

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| <ul style="list-style-type: none"> <li>■ First Aid Provider</li> <li>■ Recognizing an Emergency and Deciding to Help</li> <li>■ Personal Safety</li> <li>■ Legal Considerations</li> <li>■ Emergency Medical Services (EMS)</li> <li>■ Respiratory and Circulatory Systems</li> <li>■ Sudden Cardiac Arrest and Early Defibrillation</li> <li>■ Chain of Survival</li> <li>■ Chest Compressions</li> <li>■ Rescue Breaths</li> <li>■ Primary Assessment — Unresponsive Person</li> </ul> | <ul style="list-style-type: none"> <li>■ Unresponsive and Breathing</li> <li>■ Unresponsive and Not Breathing—CPR</li> <li>■ Automated External Defibrillators</li> <li>■ Basic AED Operation</li> <li>■ Troubleshooting and Other Considerations</li> <li>■ Choking</li> <li>■ Primary Assessment — Responsive Person</li> <li>■ Secondary Assessment</li> <li>■ Control of Bleeding</li> <li>■ Internal Bleeding</li> <li>■ Managing Shock</li> <li>■ Head, Neck, or Back Injury</li> </ul> | <ul style="list-style-type: none"> <li>■ Swollen, Painful, or Deformed Limb</li> <li>■ Minor Wounds</li> <li>■ Burns</li> <li>■ Objects in the Eye</li> <li>■ Chemicals in the Eye</li> <li>■ Nosebleeds</li> <li>■ Injured Tooth</li> <li>■ Warning Signs of Sudden Illness</li> <li>■ Altered Mental Status</li> <li>■ Stroke</li> <li>■ Diabetic Emergencies</li> <li>■ Seizure</li> <li>■ Breathing Difficulty, Shortness of Breath</li> <li>■ Asthma</li> </ul> | <ul style="list-style-type: none"> <li>■ Severe Allergic Reaction</li> <li>■ Pain, Severe Pressure, or Discomfort in the Chest</li> <li>■ Severe Abdominal Pain</li> <li>■ Poisoning</li> <li>■ Bites and Stings</li> <li>■ Heat Exhaustion</li> <li>■ Heat Stroke</li> <li>■ Hypothermia</li> <li>■ Frostbite</li> <li>■ Emergency Moves</li> <li>■ Emotional Considerations</li> </ul> |
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Local and/or state regulations may require additional topics; please check before teaching a class.



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