



3 Gun Beginner Checklist

- Rifle .223 or .556 AR Style Rifle with a longer barrel preferred.
 - Limited (Tac Irons) Rifle with Iron Sights or Dotted Sight
 - Tac Optics Rifle with variable power scope (1x4x32 is common)
- Rifle Magazines (minimum 3 30 round magazines)
- Rifle Magazine pouches for belt
- Rifle Ammunition (minimum 100 rounds 223 or 556)
- Pistol (9mm, long barrel with iron sites or red dot and at least 3 high capacity magazines)
- Pistol Belt With Retention Holster (having your gun come out of holster while running will disqualify you)
- Pistol Magazines (preferably 4x 17-20 round mags)
- Pistol Magazine Pouches for belt
- Pistol Ammunition (minimum 150 rounds)
- Shotgun 12 Gauge pump or semi auto with extended tube to hold at least 8 rounds
- Shotgun Ammunition (minimum 100 round #7 or #8 birdshot NO STEEL)
- Some way to hold shotgun shells during the stage (shell pouch or speed load carrier for your belt)
- Eye Protection
- Hearing Protection
- First Aid Kit for minor cuts, scrapes and burns
- Someone else to video your runs so you can critique yourself and improve your times later.

Be sure to thoroughly read the contest rules for your class prior to competition to ensure that you do not lose points or end up disqualified for something that could have been avoided. Above all, have fun, be safe and remember: **Slow is Smooth, Smooth is Fast**

If you want to shoot a 45 handgun or .308 rifle you can opt to shoot HEAVY STEEL CATEGORY in which you will need both as well as a PUMP shotgun only.