



## Health Forms Needed for the School Year

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Tel: 781-899-0353 Fax: 781-891-8734 [www.ourladyacademy.org](http://www.ourladyacademy.org)  
Nurse's Tel: 781-899-5027

Dear Parents/ Guardians:

As you wind down your summer vacation, please remember that the following documents will be needed in the Nurse's Office on the first day of school in September. (The forms are available on the school website on the School Parents page under "Nurse's Office.")

For Everyone:

- An updated physical from your healthcare provider, and dates of all vaccinations received. Physical exams are needed for all students entering school for the first time and once again when your child enters kindergarten, third, and seventh grade. If you have any questions regarding the schedule for Massachusetts School Immunization Requirements, please contact the health office at 781-899-5027.
- A signed permission slip, if you wish your child to receive over-the-counter (OTC) medications such as Tylenol, calamine lotion, or Benadryl. These permission forms need to be filled out each year. (If you filled out this form during the TADS registration process, you will need to fill it out again because Benadryl was omitted from the TADS form.)
- An emergency action plan filled out by your healthcare provider for all students with food allergies and asthma. These action plans need to be filled out each school year.

If your child needs to be given any prescription medications either as scheduled doses or on an emergency / as needed basis during the school day, the following is also required:

- A written order medication order from your child's healthcare provider, which details the medication to be given, the dose to be given, the time to be given, and the circumstances/parameters for administering.
- A signed permission slip from the parent for the nurse to give the Rx medication. Please note that all medications must be in their original pharmacy containers and delivered by the parent to the health office. As per Massachusetts law, no child is allowed to be in possession of any medication (Rx or OTC) in the school building without expressly written approval of the school nurse.

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Special situations:

- If you wish to opt-out of any of the State-mandated screenings, the required documents must be submitted yearly, and kept on file in the health office, as per Massachusetts laws and regulations.
- If you are on an alternate vaccination schedule, or are claiming exemption due to a sincere conflict of religious beliefs, the required documents must be submitted yearly, and kept on file in the health office, as per Massachusetts laws and regulations.

Here's to a healthy 2014/2015 school year!

Karen Kelley, RN, & Andrea Coviello, LPN

*Our Lady's Academy School Nurses*

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