



**WORKSHEET NO. 3**  
**EMPATHY MAP**

INITIATIVE: \_\_\_\_\_

Empathy Mapping for organizational insight is a valuable tool to ensure change is designed in a people-centered way. Call it user-centered design or human-centered design, the principle is to start with the people who will directly experience change and design with their needs in mind.

XPLANE pioneered visual Empathy Mapping as a technique for quickly capturing the perspective of your customer. Empathy mapping for organizational (rather than consumer) insights, follows all the same principles, just putting employees or stakeholders at the center.

**1** Segment your organization. Identify the relevant audiences impacted by the change. Possible segmentations include: geography, function, hierarchy, or stakeholder type.

**2** For each segment, put yourself in the shoes of people in that segment. Imagine with they think about on a daily basis, what they see, say, do, hear and feel.

**3** Better yet, meet with them, observe them, interview them and engage them. Once you fill out an Empathy Map, show it to several people in that segment. Invite them to validate and challenge your assumptions.