




MILWAUKEE COUNTY SENIOR DINING MENU

HOME DELIVERED MEALS

JULY 2014



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| | 7/1/14 | 7/2/14 | 7/3/14 | 7/4/14 |
|  | BBQ Chicken Leg/Thigh Fresh Sweet Potato Baby Peas and Carrots Corn Muffin Nectarine | Swedish Meatballs Buttered Wide Noodles Sliced Beets Spinach Salad w/Sweet Sour Dressing Marble Rye Bread Fresh Plum | WEAR Red, White & Blue Cheeseburger American Fried Potatoes Whole Kernel Corn Watermelon Whole Wheat Hamburger Bun Patriotic Cookie Catsup, Mustard and Pickles | HAPPY FOURTH OF JULY  |
| 7/7/14 | 7/8/14 | 7/9/14 | 7/10/14 | 7/11/14 |
| Veal Parmesan Baked Potato Sour Cream Italian Blended Vegetable Whole Wheat Dinner Roll Fresh Orange | Turkey Noodle Casserole Broccoli Mixed Greens w/Dressing, Tomato and Cucumber Whole Grain Bread Chocolate Chip Cookie D-Grapes | Swiss Steak with Diced Tomatoes Garlic Mashed Potatoes Cream Style Spinach Multi Grain Bread Sliced Pears | Bastille Days! Grape Juice Coq Au Vin (Chicken in Wine Sauce) Wild Rice Blend Chateau Vegetable Mini Croissant Chocolate Mousse D-Lo Cal Chocolate Pudding | Stuffed Salmon with Dill Sauce Au Gratin Sliced Potatoes Whole Baby Carrots Creamy Coleslaw Marble Rye Bread Pineapple Tidbits |
| 7/14/14 | 7/15/14 | 7/16/14 | 7/17/14 | 7/18/14 |
| Fruit Juice Grilled Italian Sausage Smothered in Onions & Peppers Pasta with Marinara Sauce Broccoli Italian Bread Cantaloupe Wedge | Lemon Baked Chicken Leg/Thigh Mashed Sweet Potatoes Green & Wax Bean Medley Focaccia Bread Nectarine | Sub Sandwich w/ Lite Mayo Oriental Broccoli Coleslaw Sun Chips Fresh Fruit Cup Oatmeal Raisin Cookie D- Mandarin Oranges | Smothered Boneless Pork Rib Red Skinned Mashed Potatoes Brussels Sprouts Wheat Dinner Roll Raspberry Yogurt D- Banana | FESTA ITALIANA Meat Lasagna Italian Green Beans Romaine Salad Creamy Italian Dressing Garlic Bread Summer Fruits |
| 7/21/14 | 7/22/14 | 7/23/14 | 7/24/14 | 7/25/14 |
| Meatloaf w/Onion Gravy Mashed Potatoes Wisconsin Blend Vegetables Seven Grain Bread Fruit Fluff D-Applesauce | Seasoned Chicken Breast Olé Refried Beans with Cheese Mexican Rice Flour Tortilla Shredded Lettuce Diced Tomatoes Salsa Sour Cream Fresh Berries | NUTRITION COUNCIL MEETING Pineapple Juice Seafood Salad on Leaf Lettuce Tri-Colored Pasta Salad Four Bean Salad Split Top Dinner Roll Home Style Cookie D- Peaches | Beef Stroganoff Buttered Noodles Whole Kernel Corn Tossed Salad with Russian Dressing Whole Wheat Dinner Roll Chilled Pineapple | GERMAN FEST Roast Pork Loin with Light Gravy Parsley Buttered Potatoes Sweet Sour Red Cabbage Rye Roll German Chocolate Cake D-Fresh Plum |
| 7/28/14 | 7/29/14 | 7/30/14 | 7/31/14 | |
| Glazed Baked Ham Scalloped Potatoes Sliced Carrots Rye Roll Lemon Sunshine Cake D- Lo Cal Lemon Pudding | Tuna Pasta Salad Baby Carrots w/Ranch Dip Spinach Raspberry Salad Parmesan Bread Stick Sugar Cookie D- Banana | 1/4 Pound Grilled Hot Dog Warm German Potato Salad Calico Baked Beans Whole Wheat Hot Dog Bun All American Apple Pie D-Fresh Apple Catsup and Mustard | Turkey Meatballs in Alfredo Sauce Cavatappi Pasta Riviera Blend Vegetables Mixed Greens w/Tomato, Cucumber and Dressing Sourdough Bread Mandarin Oranges |  |