**Add the company blog news feed to your RSS feeds in Outlook 2007**

1. Click on “RSS Feeds” in the Mail Folders
2. When a message appears about Microsoft feeds click No
3. The RSS directory will appear in the Outlook reading pane
4. Right-click on the RSS Feeds icon in the Mail Folders
5. From the popup menu choose “Add a New RSS Feed”
6. Type: <http://espressoyourself.com/feed/> in the box that appears