



Carriage House Inn

ASSISTED LIVING

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January 2015



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Welcome Home

Welcome to Our Community

Welcome, to all of our new residents! We want to take as much stress out of your life as possible by offering you a carefree lifestyle. We guarantee that you'll have no yard work, no snow shoveling, prompt maintenance and a caring, professional staff, AND THE BEST FOOD IN TOWN!!!



Hugs Are Healthy

Stretch out your arms and give someone a squeeze on National Hug Day, Jan. 21.



AND A PINCH TO GROW..

- 8 CHARLES LANE
- 14 EDWINA STEELMAN
- 16 JC ROBERTSON
- 26 MILDRED PRICE
- 31 NANCY SAY



Banish Winter Blahs

Banish the winter blahs with a dose of natural light. When sunlight hits the eye's retina, it boosts the body's levels of serotonin, which balances your mood. If cold weather keeps you indoors, get some sun by opening up room blinds, and sit near windows whenever possible.

A Figure of Speech

Phrase: Living high on the hog

Meaning: Living a life of luxury

Origin: The best, most

expensive cuts of pork are taken from the loin and upper leg, which are higher on a hog's body. Therefore, those who can afford pricey cuts of meat must be wealthy.



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Talk About It

Weather Wonders

January is known for walloping a blast of wintry weather into many parts of the country, but no matter where you live, there are occasional weather extremes to deal with. Use the questions below to start a discussion about your extreme weather memories.

What was the most extreme form of weather—snow, floods, hurricanes, heat—where you grew up? Do you have any memories of particularly severe occurrences? How did you survive them?

When you were younger, did the weather in your hometown ever cause school to close?

Have you personally lived through a large-scale weather catastrophe such as a tornado, flood or hurricane? What do you remember most about it?

Fun Facts About Elvis

While fans may always remember him as a youthful heartthrob, Elvis Presley would have celebrated his 80th birthday on Jan. 8. To mark this milestone, here's some trivia about the entertainer known as the King of Rock and Roll.

He was a twin. Elvis' twin brother, Jesse Garon Presley, died at birth. His mother, Gladys, claimed that because of this, Elvis had the energy of two people.

Elvis as Tony? Film director Robert Wise originally wanted Elvis to star as Tony, the male lead in the hit musical "West Side Story." But Colonel Tom Parker, Elvis' business manager, felt the role wasn't right for the star.

He pitched one product. Though his likeness has been used in countless ads and promotions, Elvis himself made just one product commercial during his entire career. In 1954, he recorded a radio jingle for Southern Maid Donuts, a

favorite of the King.

He had presidential DNA. Various genealogy studies show Elvis was distantly related to two U.S. presidents, Abraham Lincoln and Jimmy Carter.



In With the New

In America, New Year's celebrations are a time for singing "Auld Lang Syne," sharing a kiss at midnight, and eating black-eyed peas. But what about other corners of the globe? Here are some unique ways the rest of the world celebrates.

Denmark. For Danes, it's customary to throw old plates and glasses at friends' front doors! The gesture is

actually welcomed—a heaping pile of broken dishes on a home's doorstep is considered lucky, because it shows those inside have many friends.

Philippines. Filipinos wear polka-dotted clothing and eat round-shaped foods during their festivities. The circular shapes represent coins and are believed to bring prosperity.

Spain. In Spain, it's tradition to quickly eat 12 grapes—one as each hour chimes at midnight—to bring good luck for each month of the coming year.

Japan. Celebrating in Japan often involves dressing as the New Year's zodiac animal and attending the local temple, where bells ring 108 times, a sacred number in Japanese culture.



Just for Fun



CHRISTMAS



'Share' Is One

How many words can you come up with using the letters in "fresh start"?

Happy New Year!

Word Search

- | | |
|-------------|------------|
| Birthday | Hot Cocoa |
| Celebration | January |
| Champagne | Mittens |
| Cold | New Year |
| Confetti | Resolution |
| Fireworks | Slippers |
| Goal | Snow |
| Hockey | Start |

N	X	Z	I	N	D	H	K	P	S	N	O	W	Q	R
B	B	S	W	J	O	L	H	X	O	S	N	B	G	K
E	G	S	J	C	J	I	O	I	W	T	V	R	B	H
N	E	R	K	A	V	Y	T	C	H	A	T	I	S	H
G	T	E	I	U	A	A	C	U	P	R	R	K	Z	L
A	Y	P	T	A	R	V	O	V	L	T	R	I	I	L
P	G	P	T	B	G	V	C	F	H	O	Z	D	R	R
M	S	I	E	O	L	O	O	D	W	X	S	Q	A	V
A	N	L	F	I	G	Y	A	E	F	S	J	E	W	Y
H	E	S	N	Q	V	Y	R	L	P	A	Y	K	R	C
C	T	B	O	M	Y	I	K	Z	O	W	I	A	H	Z
H	T	C	C	C	F	V	K	D	E	J	U	B	R	Y
G	I	Q	Y	M	I	Q	A	N	G	N	G	L	H	L
I	M	V	A	J	M	M	G	L	A	Y	J	Y	A	Q
P	C	Z	X	X	K	R	C	J	A	F	X	B	A	H


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