



**December 2013**

555 Rain Forest Road • Knoxville, TN 37923

**Merry Christmas!!**



**Wellspring Management**

Executive Dir ..... Jody D.  
Wellness Dir ..... Cody D.  
Dietary Dir ..... George T.  
Life Enrichment Dir ..... Maggie H.  
Maintenance Dir ..... John W.



**Happy Birthday!**

Dec. 10     Edna Kidd  
Dec. 12     Lorenzo Wyatt



**Save the Date: Wellspring Christmas Dinner**

On Tuesday, Dec. 17, at 6 p.m., Wellspring will host a dinner in celebration of the Christmas holiday and the birth of Jesus. Family members and friends are welcome to join us for a great time of fellowship.

**H.A.B.I.T. at Wellspring**

It is with great excitement we share the wonderful news that Wellspring has partnered with Human Animal Bond in Tennessee to bring you some very special and unique volunteers. Gus is a friendly, loving boxer who will be visiting us every Friday with his owner, Virginia. If you are an animal lover, especially a dog lover, be sure to join us in warmly welcoming Gus and Virginia here at Wellspring! We will be welcoming more volunteers in the coming weeks.

**A Friendly Reminder**

Please be aware that we are now using Transportation Request Forms in order to streamline the process and make it simpler for both residents and staff.

As always, we are happy to assist in transporting you to and from your doctors' appointments on Tuesdays and Thursdays between the hours of 9:30 a.m. and 4:30 p.m. Please remember we need one week's notice, so our staff may plan accordingly.



Wellspring was proud to honor our veterans and spouses of veterans on Veterans Day last month. Thank you!

**Did You Know ...**

We are very pleased to tell you that we have brand new furniture in our theater area on the first floor. Be sure to go check it out, and even stay to take advantage of our DVD library, Netflix, or cable. Join us for weekly movie nights or classic move matinees.





## Fall Fun!

Last month, we hosted our very first Fall Festival. We were so thrilled at the success of this wonderful event. Not only did we have a large turnout of family members and friends, we had a great deal of community turnout and support as well. We were delighted to host some fabulous vendors, excellent live entertainers, a campfire complete with a s'mores bar, and even a community wagon ride. Many folks participated in our cake walk, which was great fun. We were so excited to give away several door prizes, and so many folks picked out a pumpkin to take home. We hope you enjoyed the festivities, and were able to make some lasting memories. It was a joy to see so many happy, smiling faces, and we look forward to this special event for years to come.





## Trick-Or-Treat

We were so thrilled when Cedar Springs' homeschool co-op program decided to pay us a visit on Halloween. We had the most polite, well-mannered trick-or-treaters in town! Residents gathered in the dining room with baskets of candy and festive hats to welcome our special, young visitors. It is hard to say who enjoyed the visit more, Wellspring residents or the trick-or-treaters? We passed out candy to the children, and in turn they gave us some very creative and adorable cards they had made especially for us. We were so blessed to have such precious visitors, and we look forward to another visit!

# Merry Christmas



## December

### Word Search

- |           |           |
|-----------|-----------|
| Bell      | Holiday   |
| Candle    | Holly     |
| Card      | Lights    |
| Christmas | Ornament  |
| Eggnog    | Ribbon    |
| Fruitcake | Scrooge   |
| Gift      | Tradition |
| Greeting  | Wreath    |

C	X	T	F	I	G	D	L	R	K	N	A	A	M	M
G	H	U	R	I	B	B	O	N	D	H	C	P	A	W
R	N	R	U	A	O	N	X	W	R	E	A	T	H	X
Y	R	I	I	X	D	V	M	Y	A	G	N	U	L	E
W	K	V	T	S	Z	I	S	H	C	G	D	P	T	I
R	J	F	C	E	T	K	T	T	Q	N	L	S	A	C
O	G	W	A	P	E	M	O	I	H	O	E	L	R	Y
I	D	U	K	K	E	R	A	S	O	G	L	M	E	H
K	S	N	E	Q	N	A	G	S	O	N	I	Y	O	B
K	Q	E	Y	A	D	I	L	O	H	S	E	L	A	E
Q	P	F	M	O	E	N	R	F	M	U	L	O	G	N
L	P	E	X	I	C	C	S	T	N	Y	S	O	T	Z
M	N	N	B	X	S	S	R	I	D	E	T	K	Q	U
T	R	U	G	X	Y	R	O	I	O	O	N	G	V	S