



The Boston Sports Medicine and Performance Group

Baseball Pitching Health and Performance Seminar

December 5, 2010 – Folkman Auditorium, Enders Building, 320 Longwood Avenue, Children's Hospital Boston

Directions

From the north:

Via Routes 1, 93, and 28

- Follow the signs for Storrow Drive.
- After the Copley Square/Massachusetts Avenue sign, take the left exit off Storrow Drive marked Fenway, Route 1.
- Take the right fork marked Boylston Street, Outbound.
- At the major intersection, go straight onto Brookline Avenue, past Beth Israel Deaconess Medical Center-East Campus to Longwood Avenue intersection.
- At this major intersection, turn left onto Longwood Avenue.
- Children's main entrance is two blocks down on the right.
- Children's Parking Garage is on the left
- Once at the Children's garage, cross the street towards the main building. After crossing the street, turn right under the overhead bridge and Enders will be directly in front. Proceed to the Folkman Auditorium

From the south:

Via Routes 1, 28 and 138

- From Route 1, continue to the Jamaicaaway.
- From Routes 28 or 138, proceed via Morton Street and the Arborway to the Jamaicaaway.
- Continue on the Jamaicaaway as it turns into the Riverway.
- At the Brookline Avenue traffic light, turn right onto Brookline Avenue.
- Continue to the third traffic light and turn right onto Longwood Avenue.
- Children's main entrance is two blocks down on the right.
- Children's Parking Garage is on the left.
- Once at the Children's garage, cross the street towards the main building. After crossing the street, turn right under the overhead bridge and Enders will be directly in front. Proceed to the Folkman Auditorium

From the west:**Via the Massachusetts Turnpike (I-90)**

- Take Exit 22 at Copley Square/Prudential.
- Follow the left lane, labeled Prudential Center, and take Huntington Avenue west to Longwood Avenue.
- Turn right onto Longwood Avenue and go past Harvard Medical School.
- Children's main entrance is on the left.
- Children's Parking Garage is on the right.
- Once at the Children's garage, cross the street towards the main building. After crossing the street, turn right under the overhead bridge and Enders will be directly in front. Proceed to the Folkman Auditorium

Via Route 128

- Exit at Route 9 East.
- Follow Route 9 East to Brookline Village.
- After passing the fire station on your right, at the next large intersection (at the Brook House apartments) take a left onto Brookline Avenue.
- Proceed through four traffic lights to the Longwood Avenue intersection.
- Turn right onto Longwood Avenue.
- Children's main entrance is two blocks down on the right.
- Children's Parking Garage is on the left.
- Once at the Children's garage, cross the street towards the main building. After crossing the street, turn right under the overhead bridge and Enders will be directly in front. Proceed to the Folkman Auditorium

Via Route 9

- On Route 9, proceed to Brookline Village.
- After passing the fire station on your right, at the next large intersection (at the Brook House Apartments) take a left onto Brookline Avenue.
- Proceed through four traffic lights to the Longwood Avenue intersection.
- Turn right onto Longwood Avenue.
- Children's main entrance is two block down on the right.
- Children's Parking Garage is on the left.
- Once at the Children's garage, cross the street towards the main building. After crossing the street, turn right under the overhead bridge and Enders will be directly in front. Proceed to the Folkman Auditorium

From Logan Airport

- Take the Sumner Tunnel to Storrow Drive.
- Follow the "From the North" directions above.