



VARSITY ONE

Equipment for Schools, YMCA's & Health Clubs



772 STEPPER

772 Varsity One Core Stepper

This stepper is built tough for heavy usage. Designed with an almost infinite adjustability for tension and speed control- the extra heavy frame can handle even the largest user.

(L=42" W=30" H=56")
Shipping Weight= 120lbs + pallet= 145lbs



769 Varsity One Dual Action Core Trainer

This total body exercise machine exercises both upper and lower body at the same time, or individually. The onboard computer provides different programs according to the needs of the user. Unit is fully adjustable and the built in wheel system makes this unit extremely portable.

(L=60" W=24" HT=56")
Shipping Weight=175lbs



769 DUAL ACTION CORE TRAINER

759 SPIN BIKE



759 Varsity One Spin Bike

Fully adjustable, extra heavy-duty spin bike. This bike is designed for high school students and adults. Spin bikes have adjustable toe clips, seats and handlebars. Portable wheels make it easy to keep these bikes in storage when not in use. (L=48" W=24" HT=48")
Shipping Weight= 165lbs

797 LOW BODY STRIDER



787 Varsity One Full Body Strider

This extremely popular movement takes the low body strider exercise motion one step further by providing an upper body ergometer. This unit will increase heart rate and provides an onboard computer that reads out speed, time, distance & calories. Tension is adjustable and instructor controlled. Built for high school aged students and beyond.

Shipping Weight= 200lbs
+ pallet=260lbs

797 Varsity One Low Body Strider

is simple movement allows beginner or advanced users to exercise utilizing their own bodyweight as the resistance. While improving balance and coordination it helps to maintain a students heart rate when used in a "cardiovascular circuit. Designed for use by students up to 300 pounds.

(L=36" W=42" HT.=46")
Shipping Weight:= 135lbs

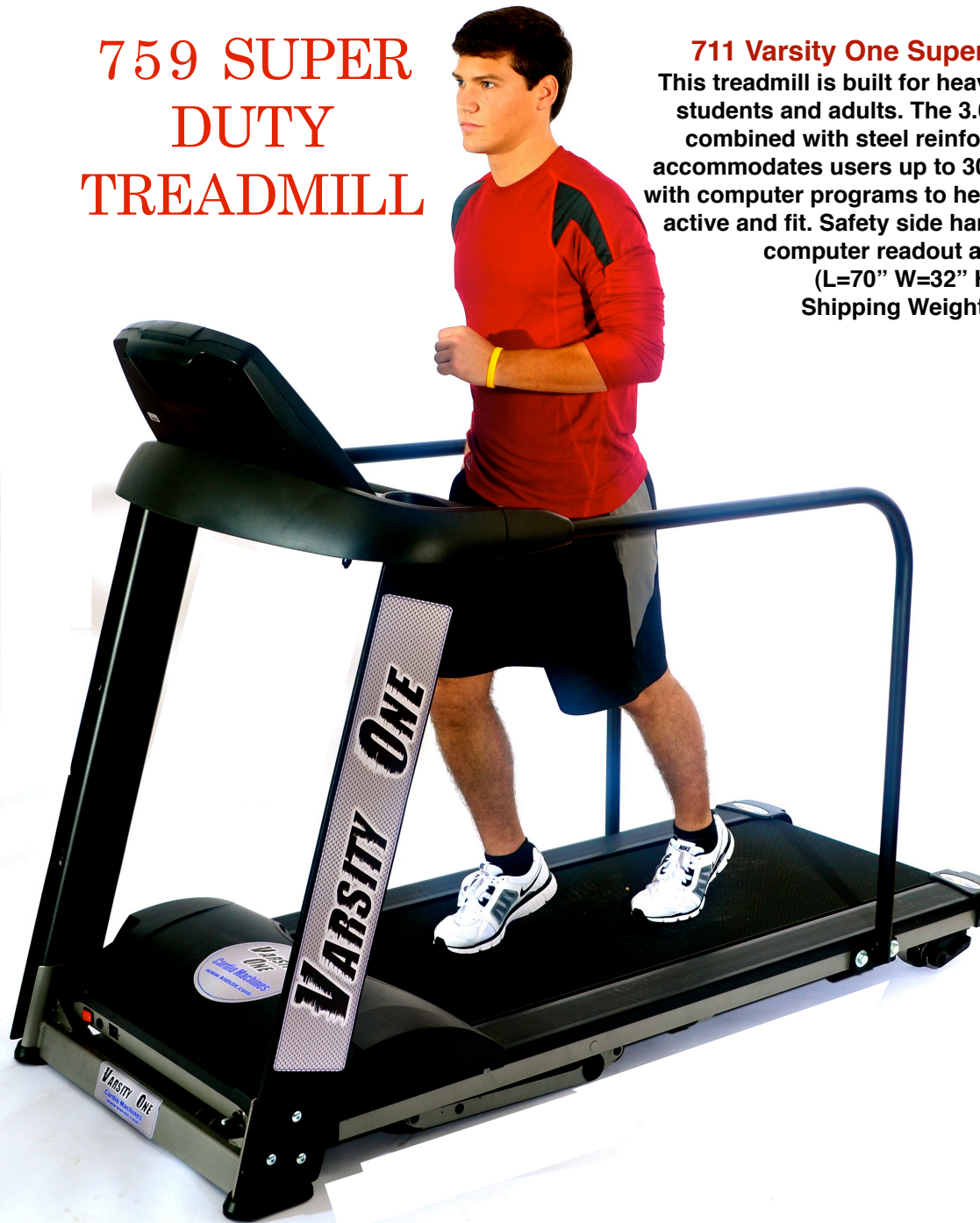
703 ELLIPTICAL



703 Varsity One Elliptical

Our Varsity One elliptical trainer works the entire body and has been carefully designed for high school age students and older. Motivational easy to use electronics include calories, heart rate, speed, time and distance. The fitness test monitors improvement in the user's physical condition over time. The higher resistance levels allow for more demanding workouts but still offer extremely low starting resistance levels for deconditioned users. Manufactured with maintenance free sealed bearings. Comes with a portable wheel system to allow for easy storage. This unit is super smooth and quiet!
(L=72" W=30" HT=58")
Shipping 385lbs+40lb
pallet=425lbs

759 SUPER DUTY TREADMILL



711 Varsity One Super Duty Treadmill
This treadmill is built for heavy use by high school students and adults. The 3.0 horsepower motor combined with steel reinforced running frame accommodates users up to 300lbs. This unit comes with computer programs to help motivate users to be active and fit. Safety side handrails and a detailed computer readout are standard.
(L=70" W=32" HT=48")
Shipping Weight= 270lbs





717 Varsity One Core Trainer

This machine is the ideal exercise to target the core! With lateral movements and swivel foot base, students can enjoy an intense cardio workout. This unique movement exercises the triceps, deltoids, trapezius, external obliques and the entire range of central core muscles including the transversus abdominis, back and pelvis. Provides a complete cardiovascular and/or fat burning workout. Resistance is created by the users body weight.

(L=48" W=30" HT=48")

Shipping Weight: 170lbs +30 lb pallet=200lbs



769 DUAL
ACTION CORE
TRAINER



770 STANDING
DUAL ACTION
CORE TRAINER



781 ROWER



781 Varsity One Rower

This extra heavy duty rowing machine duplicates the exciting feel of Olympic rowing. The smooth, rhythmic, impact free motion makes it easy for users to work all the major muscle groups through a very wide range of motion-thus enabling them to increase and maintain flexibility! Specially designed onboard computer which prompts users to acknowledge their calories, heart rate, speed, time and distance. (L=82" W24=" HT=42")

Shipping Weight= 95lbs+30lb
pallet=125lbs



762 Varsity One Fully Recumbent Bike

Fully adjustable, extra heavy- duty spin bike. This bike is designed for high school students and adults. Spin bikes have adjustable toe clips, seats and handlebars. Portable wheels make it easy to keep these bikes in storage when not in use.

(L=48" W=24" HT=48")

Shipping Weight= 165lbs