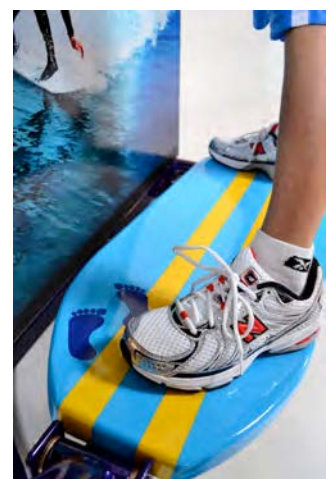


KIDSFIT™

International Youth Fitness



Cardio Kids Elementary



Welcome to Kidsfit!

At Kidsfit we have one goal- **“Motivate Kids to Move!”**

It is our passion & our life work. We are genuinely excited about the possibility of making a difference in children’s lives. When Kidsfit was formed back in 1999 our goal was to provide fitness equipment that was specifically designed for younger less mature exercisers. We began building a handful of products for middle school students, which would be bio-mechanically correct for children, safe and of course fun to use!

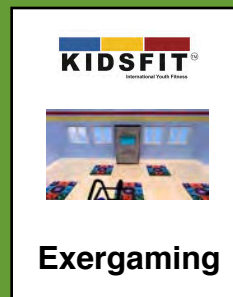
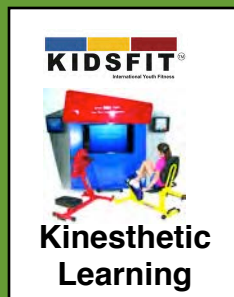
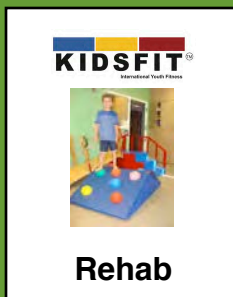
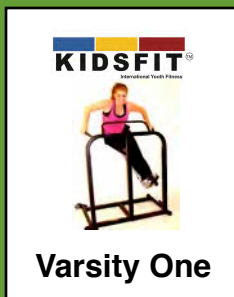
Today we manufacture 7 different product lines-each of which is available in 3 different product sizes. Our products are sold all over the world. Every product we sell arrives at your door fully assembled and ready to use right out of the box- **absolutely no assembly required.** In this catalog you will find more than 40 different fitness products for elementary age children! At the heart of what we do is a spirit of innovation and play. We have developed 5 new cardiovascular products that create in children an irresistible desire to get active!



In 2010 we began to develop complete **Active Learning Rooms** which encourage teachers and students to embrace the research that finds **“the fitter the child the better their brain works.”** Taking this concept one step further, research now proves the brain works best while the body is active. We invite you to take a closer look (pg. 15) at the tools we are developing to help students excel not only in physical education but also in history, math, science, language arts and reading!

For Kidsfit this is an exciting new opportunity to help us fulfill our original Mission Statement: Provide excellent products and services to the markets that genuinely care about the **Last** child in line, children **Lost** in the system and those children society would like to label **Least** likely to succeed.

Kidsfit Product Brochures





Model 655 Elementary Semi-Recumbent Exercise Bike

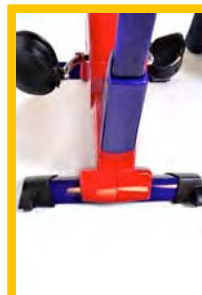
Simply put this is the smallest **commercial** semi-recumbent quality exercise bike specifically engineered to provide comfortable exercise for very young children! One of our most popular products among therapists of all types this unit has been used in schools, medical and rehabilitation markets as well as kids fitness facilities. Elementary Model 655 age 6-12.
(L=42" W=24" HT =54" WT=130lbs)

Shipping Weight: 85lbs + 30lb pallet= 115 lbs

This product is also available in a larger Junior model 656 for middle school students.



Kid Friendly computer
Reads Time Speed
Distance & Calories



Portable Wheel
System



Padded Back
Support

Model SS100 Super Small Bike

The world's smallest bike! Bike is fully adjustable and extremely portable. Comes with adjustable foot straps, adjustable tension, mini computer and supported back pad. This bike is designed for early age elementary children (K-3rd grade). The SS100 is also used extensively by pediatric physical therapists for rehab and fitness work with very small children. (Ages 3 through 9.)

(L=36" W=24" HT=48")

Shipping Weight: 80lbs + 25lb pallet=105lbs 36x36x55



Adjustable
Pedal Straps



Kid Computer
Reads Time Speed
Distance & Calories.



Portable Wheel
System





615 Elementary Kidzcore Lateral Snowboarder

This machine brings the fun of snowboarding to the great indoors! With lateral movements and swivel snowboard foot base, children can enjoy an intense cardio workout and not even know they are exercising. This unique movement exercises the triceps, deltoids, trapezius, external obliques and the entire range of central core muscles including the transversus abdominis, back and pelvis while providing a complete cardiovascular and/or fat burning workout. Resistance is created by the users body weight.

(L=48 " W=30" HT=48")

Shipping Weight: 150lbs +30 lb pallet=180lbs

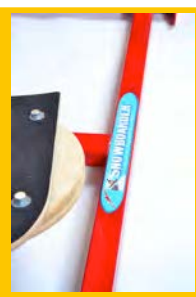
This product is also available in a larger Junior Model 616 for middle school students.



Exhilarating "in the air" motions capture the imagination of children as they "play themselves fit!"



Kid Friendly Computer Reads Distance, Time Calories, Speed & monitors Heart Rate



Appealing Graphics make this a big hit



Snowboard Foot Grips Allow for Traction & Swivel Motions



601 Elementary Cardio Kids Elliptical Trainer

Our popular children's elliptical trainer works the entire body and has been carefully designed to supply more balance for fast growing bodies. Motivational easy to use electronics include calories, heart rate, speed, time and distance. Specifically designed with an elliptical pattern for children 46" to 68". The kids fitness test monitors improvement in a child's physical condition over time. The low starting resistance allows the child's body weight to be the initial resistance level. Manufactured with maintenance free sealed bearings. Comes with a portable wheel system to allow for easy storage. This unit is super smooth and quiet!

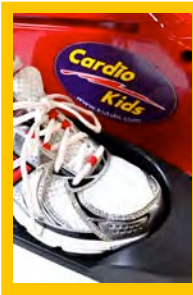
(L=72" W=30" HT=58")

Shipping 185lbs+30lb pallet=215lbs

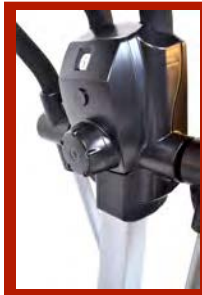
This product is also available in a larger Junior model 602 for middle school students.



Kid Friendly Computer Reads Distance Time Calories Speed & Heart Rate.



Non-Slip Traction Foot Pedals



Adjustable Tension System



610 Cardio Platform and Plyometric Steps

This set includes 3 steps ranging in from 6 inches to 10 inches to 14 inches. Each platform is powder coated in a bright primary color. These units are ideal for both strength and cardio classes for children.

Shipping Weight=50lbs



*Available With Your Custom Logo!

Model 612 Recovery Boards

The recovery board is used to help the body recover between exercises, while maintaining the target heart rate zone. Kids love jogging, walking or doing high knees in place. A great addition to any fitness room where space is limited or exercise stations are needed.

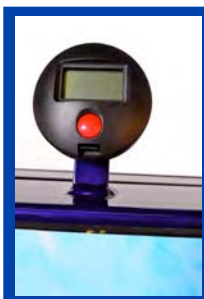


697 Elementary SurfTrainer

The Surf Trainer puts fun into your youth workout program! It is specifically designed as a cardiovascular and core balance exercise apparatus for children ranging in height from 42" to 68." Unique movement exercises the quadriceps, triceps, deltoids, trapezius, external obliques and entire range of central core muscles including the transversus abdominis back and pelvis. Two dual pivot supports provide lateral resistance and balance training by attaching to pivoting short surfboard, which is mounted on pivoting arms. Comes with portable wheel system, & adjustable floor levelers to compensate for uneven floors. No external power necessary. (L= 48"W= 30"HT=48")

Shipping Weight= 160lbs+ 35lb pallet= 195lbs

This product is also available in a larger Junior Model 698 for middle school students.



Kid Friendly Computer monitors "wave" time!



Pivoting Double Handle Grips provide an upper body workout



Surf Board Base pivots laterally while swinging to provide core and balance training



676 Elementary Skier
 Designed as a cardiovascular and core balance exercise apparatus for children ranging in height from 42" to 68". Unique movement exercises the quadriceps, triceps, deltoids, trapezius, external obliques and entire range of central core muscles including the transversus abdominis, back and pelvis. This unit provides balance training as well as a complete cardiovascular and/or fat burning workout. Adjustable floor levelers compensate for uneven floors. No external power required.
 (L=48" W=40" HT=60")
 Shipping Weight=195lbs

This product is also available in a larger Junior model 677 for middle school students.



Portable Wheel System & Floor Levelers



Upper Body Exercises With Kid Friendly Computer Reads Distance Time Calories & Speed



Engineered for full commercial use by children of all ages!

**Patent Pending
 Balance Boards
 Spin and Pivot**

www.kidsfit.com



658 Elementary Cardio Kids Spin Bike

Fully adjustable child sized "spin" bike. This bike is designed to fit children in grades 3 through 6. Children's spin bikes have adjustable toe clips, seats and handlebars. Portable wheels make it easy to keep these bikes in storage when not in use.

(L=48" W=24" HT=48")
Shipping Weight= 125lbs

This product is also available in a larger Junior Model 659 for middle school students.



Adjustable Toe Clips



Adjustable Seat; Forward & Aft, Upward & Down



Portable Wheel System makes storage easy when not in use

660 HRC Cardio Kids Fully Recumbent Bike

This fully recumbent exercise bike provides computer programs that allow facility operators to keep children in a specific cardiovascular zone. This is our most comfortable bike and comes with all the bells and whistles including four different adjustable computer programs! Suitable for children in grades 3 through 6.

(L=65" W=20" HT=45")
Shipping Weight=150lbs

This product is also available in a larger Junior model 661 HRC for middle school students.



Non Marking Leveling with Wheels



Kid Friendly Computer Reads Distance Time Calories & Speed



Pulse Sensors

685 Elementary Cardio Kids Star Walker

This extremely popular movement takes the moonwalker lower body exercise motion one step further by providing an upper body ergometer. This unit will increase heart rate and provides an onboard computer that reads out speed, time, distance & calories. Tension is adjustable and instructor controlled. Built for children in grades 3-6.

(L=36" W=42" HT=60")

Shipping Weight= 160lbs + pallet=200lbs

This product is also available in a larger Junior model 686 for grades 6-9.



Kid Friendly Computer
Reads Distance Time
Calories & Speed

Upholstered
Padding & Upper
Body Ergometer

Heavy Duty
Construction
With Brass Bushings

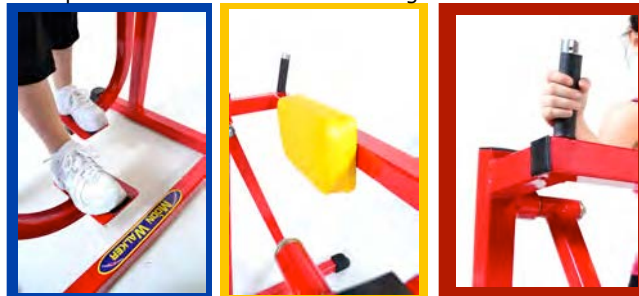


690 Elementary Cardio Kids Moonwalker

One of our most popular products - this simple movement has captivated thousands of children throughout the world!

While teaching balance and coordination it helps to maintain a child's heart rate when used in a "cardiovascular circuit." Its simple tension free motion captivates children (adults too!) of all ages! Elementary Model 690: Grades 2-6. Also Available in Junior Model 695: Grades 6-9. (L=36" W=42" HT.=46" WT=110lbs) Shipping Weight:= 110lbs

This product is also available in a larger Junior model 695



Non-Skid
Rubber Feet

Upholstered
Padding

Commercial
Padded Grips



Posters are a great teaching tool for students to recognize the different muscle groups and gauge their cardiovascular fitness levels. Easy to read muscle charts make learning fun!

The Army Boot Camp Theme is just one of many we can do...Let your imagination run wild...we love hearing about your ideas!



The Balance & Recovery Station is perfect for maintaining heart rate while creating an extra cardiovascular station.





ARMY FITNESS
BOOTCAMP FITNESS



RESPECT

RESPONSIBILITY





670 Elementary Cardio Kids Stepper

This stepper like all Cardio Kids products is built tough for heavy usage. Designed with an almost infinite adjustability for tension and speed control- the shock can be mounted in one of two positions depending on the average age of the user.

(L=42" W=30" H=56")

Shipping Weight= 95lbs + pallet= 125lbs

This product is also available in a larger Junior model 671 for middle school students.



Adjustable Shock Settings



Kid Friendly Computer Reads Distance Time Calories & Speed



Industrial Grips



680E/J Cardio Kids Children's Rower

This heavy duty elementary rowing machine duplicates the exciting feel of Olympic rowing. The smooth, rhythmic, impact free motion makes it easy and fun for children to work all the major muscle groups through a very wide range of motion-thus enabling them to increase and maintain flexibility! Specially designed onboard computer which prompts kids to acknowledge their calories, heart rate, speed, time and distance. (We have even incorporated a Kids Fitness Test!) The patent pending back support system promotes good rowing form by locking the rower down if child over arches the back.

(L=82" W24=" HT=42")

Shipping Weight= 95lbs+30lb pallet=125 lbs

This product is also available in a larger Junior model for middle school students.



Tension Adjustment Knob



Portability & Quick Fold-Up for Easy Storage



Pivoting Feet



667 Elementary Kidzcore Kneel & Spin

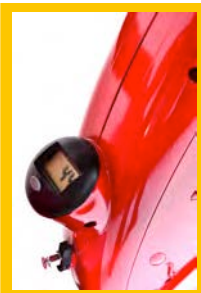
Unique movement exercises the external oblique and entire range of central core muscles including transversus abdominis back and pelvis while providing a complete cardiovascular and/or fat burning workout. Contoured kneeling pads ensures child will always be properly positioned on the unit. Child size crank arms provide proper fit for children to push and pull utilizing the entire upper body.

(L=36" W=24" HT=48")
Shipping Weight= 125lbs

This product is also available in a larger Junior Model 668 for middle school students.



Upholstered Spinning Pad



Kid Friendly Computer Reads Distance Time Calories & Speed



Portable Wheel System

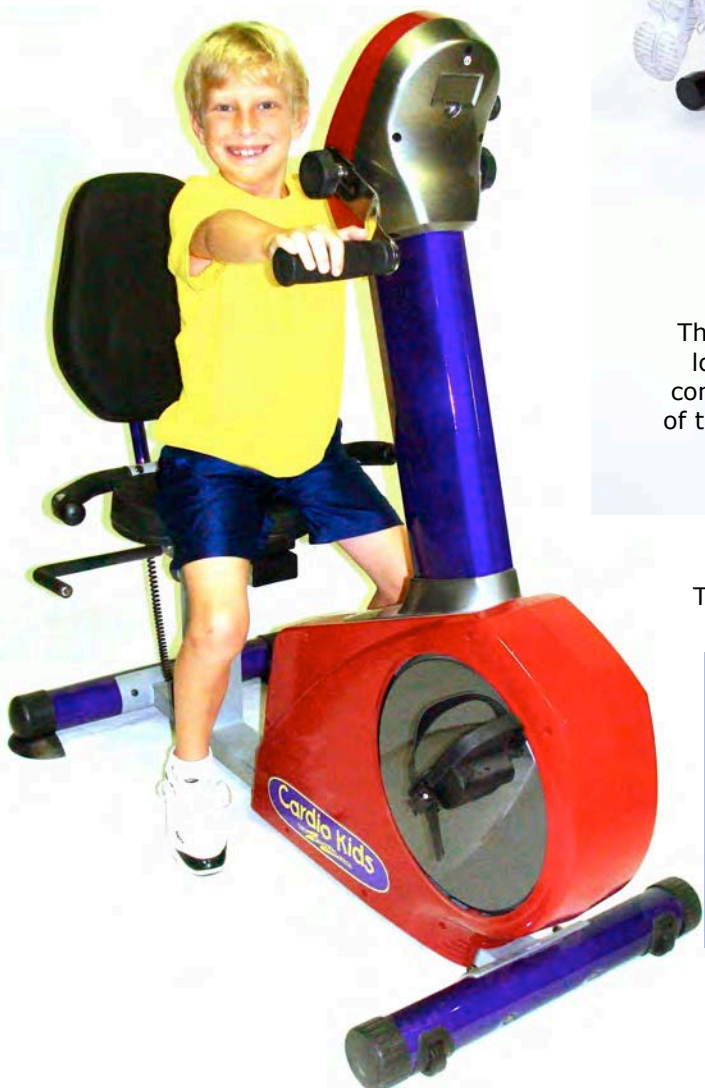


664 Elementary Total Body Kidz Cycle

This total body exercise machine works with both upper and lower body at the same time, or individually. The onboard computer provides different programs according to the needs of the user and instructor. Bike is fully adjustable and the built in wheel system makes this unit extremely portable.

Elementary Model 664: Grades 3-6.
(L=60" W=24" HT=56")
Shipping Weight=175lbs

This product is also available in a larger Junior model 665 Grades 6-9.



Portable Wheel System



Kid Friendly Computer Reads Distance Time Calories & Speed



Easy Seat Adjustment and Contact Heart Rate Monitors



709 Cardio Kids Big Foot Motorized Treadmill

This treadmill is a favorite with children of all ages (7+) The 3.0 horsepower motor combined with steel reinforced running frame provides facility operators the ability to work with children up to 300lbs. This unit comes with all the bells and whistles to help motivate children to be active and fit. Safety side handrails and a children's computer readout are standard.

(L=70" W=32" HT=48")

Shipping Weight= 250lbs

This product is also available in a larger Junior model for middle school students.



Protective Roller Covers



Kid Friendly Computer Reads Distance Time Calories & Speed



Safety Shut Off Switch

700 Cardio Kids Manual Treadmill

This institutional quality manual treadmill (no motor) has been designed specifically for use by children ages 7+ An adjustable incline provides for smooth walking or jogging and allows facility operators to control the maximum speed. The reinforced running surface and welded steel frame means this unit can handle children up to 250 pounds. Safety side handrails and a children's computer readout are standard.

(L=60" W=32" HT=48")

Shipping Weight= 130lbs + pallet= 150lbs



Kid Friendly Computer Reads Distance Time Calories & Speed



Steel Roller Covers



Wheels & Welded Support Frame

Active Learning Kiosks

What is Active Learning?

- * The connection of movement to learning
- * A tool to help children focus and learn more efficiently
- * Movement or exercise while learning or receiving subject matter.
- * Any type of cardiovascular movement that creates blood flow to the brain



Benefits of Active Learning

- *Increases in cognitive function
- *Higher test scores
- *Improved Attention Span
- *Learning Becomes Fun
- *Creates an exciting break from traditional classroom learning
- *Less misconduct among children as they are allowed to engage all their senses while learning
- *Studies show the fitter the child the better the brain works
- *An increase in children's self esteem

Available in Both:

- * 3 Screen Active learning Kiosk
- * Single Screen Active Learning Kiosk



Active Learning Kiosk Systems

Include:

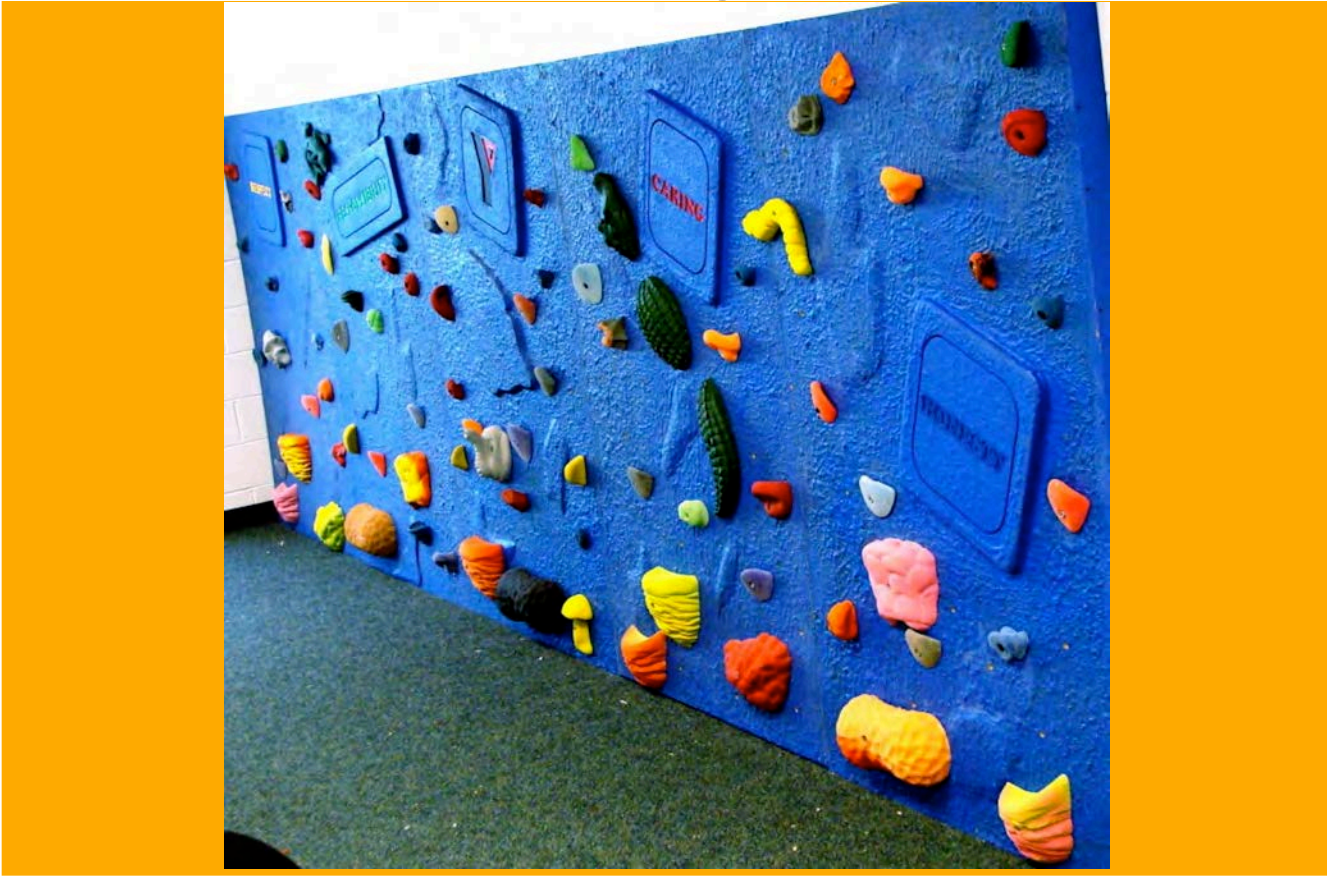
- *Teachers Resource Pack
- *Active Learning Book Series
- * Active Learning DVD Series
- * Kinesthetic Exercise & Learning Manuals
- *15 Standard Learning Presentations
- *1 Year Subscription of up to 12 Custom Presentations
- *School or Corporate logo prominently displayed
- *A PC or Apple computer, free standing locking cabinet system with dual shelves and 2nd locking compartment, keyboard, mouse, all required electrical connections, surge protection, vibration dampening shelf, subwoofer mount, 5 speaker sound system and digital viewing monitor. Network equipment to link multiple computerized Active Learning Kiosks. Also available with optional Kinect X System and active learning software.



www.kidsfit.com

Climbing Walls

A.



B.

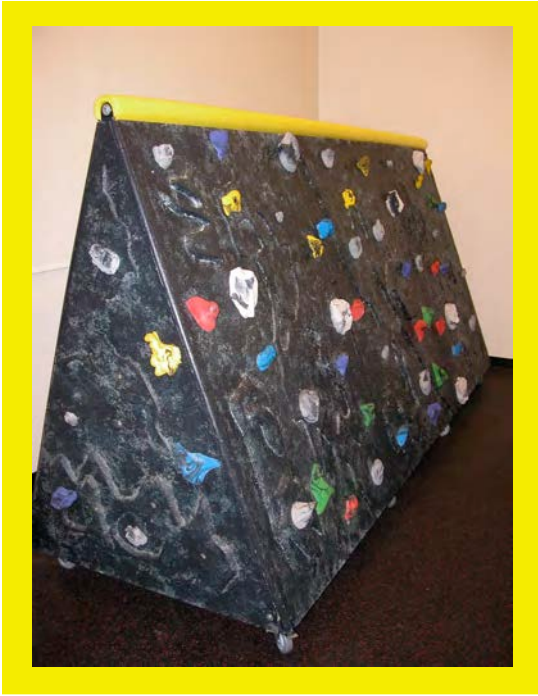


C.

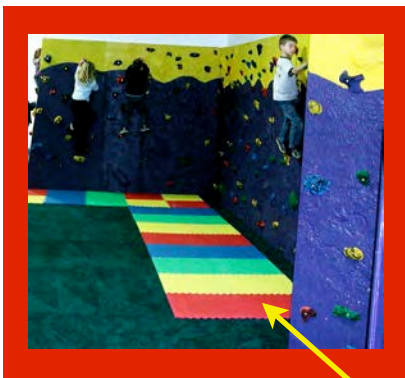


Available In The Following Models:
 As Pictured In:
 A. Model # 4000 Full 3D Custom Climbing Wall Panel Available with your Logo or Message!
 B. Model # 4002 Basic 3D Panels With LG and XL Holds
 C. Model # 4003 Economy Panels
 D. Model # 4005 Portable Climbing Wall
 E. Model # 4700 Climbing Cave Free Standing with skylights
 F. Model # 1810 Required Safety Mats
 G. Model # 4800 Hollow Tree Climbing Wall

D.



E.

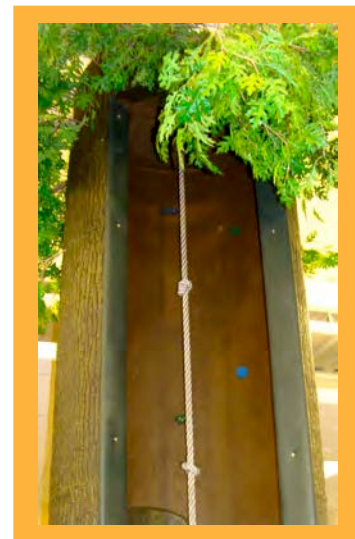


F.



www.kidsfit.com

G.



1.



2.



3.



201 3-in-1 Deltoid Press



202 Chin Up Trainer With Wheels



208 Horizontal Pec Press

Benefits of Strength Training:

- *Increase muscle strength
- *Increase Endurance
- *Promote healthy blood pressure and cholesterol levels
- *Protect muscles & joints from injury
- *Help maintain a healthy body weight and self esteem



203 Deltoid Press



207 Lift Task



204 Trapezius Row



Studies have shown that strength training, when properly structured with regard to frequency, mode (type of lifting), intensity, and duration of program, can increase strength in preadolescents and adolescents.



210 Lat Pull



212 Quad Lift Back Support



214 Ab Crunch Machine



213 Vertical Pectoral Press



211 Vertical Lat Mid Row

In addition to the obvious goal of getting stronger, strength training programs may be undertaken to improve sports performance, rehabilitate injuries, prevent injuries, and/or enhance long-term health.

*210 Lat Pull not shown

** Each of these machines is also available as a larger Middle School Junior Model. (Model Numbers 301-314.)



KidzCore Snowboarder



Time to catch some air on the KidzCore Lateral Snowboarder! Specifically designed as a cardiovascular and core exercise apparatus for children, the snowboarder is the perfect machine for working on your skills and getting a strong core and lower body workout. Available in both Elementary (Model 615) and Junior (Model 616) Models. Check it out.....Page 4

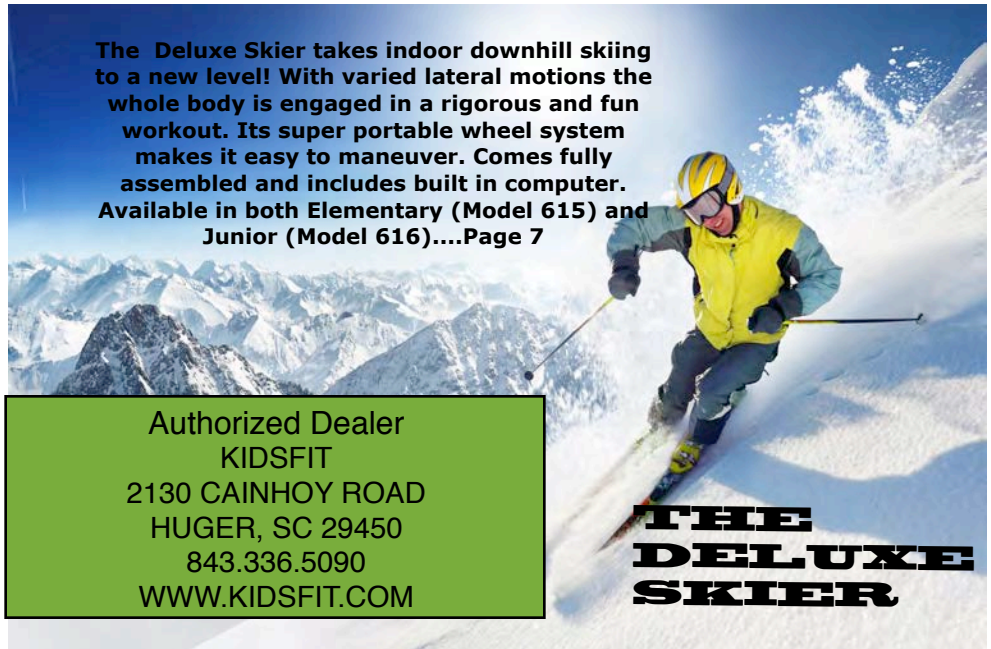
THE SURF TRAINER



Exercise for kids is all about having fun! Created with an emphasis on balance and core training, the Surf Trainer is a great way to increase your lower body strength while experiencing a fantastic cardiovascular workout! Available in both Elementary (Model 697) and Junior (Model 698) Models.....Page 6



The Deluxe Skier takes indoor downhill skiing to a new level! With varied lateral motions the whole body is engaged in a rigorous and fun workout. Its super portable wheel system makes it easy to maneuver. Comes fully assembled and includes built in computer. Available in both Elementary (Model 615) and Junior (Model 616)....Page 7



Authorized Dealer
KIDSFIT
2130 CAINHOY ROAD
HUGER, SC 29450
843.336.5090
WWW.KIDSFIT.COM

THE DELUXE SKIERS