

Old Colony Hospice Can Help Meet Your Spiritual Needs

- ☞ The Spiritual Counselor will assess your spiritual needs and those of your loved ones upon your admission to hospice.
- ☞ Regular follow-up visits with the Spiritual Counselor will be scheduled to help resolve any spiritual issues or concerns.
- ☞ The Spiritual Counselor will coordinate spiritual support (ie sacramental ministry, pastoral visitation) for you from your own clergy if you desire.
- ☞ The Spiritual Counselor may use prayer, scripture or other cherished readings, meditation, guided imagery, and music for your spiritual growth, support and inner peace.
- ☞ Upon request, the Spiritual Counselor will officiate at memorial/funeral services as scheduling allows.

What Patients Say About Spiritual Care...

"I feel at peace with my life and death now that I've had a chance to talk."

"It helps me to talk about my life and my faith."

"Listening to poems and prayers helps me to be relaxed and not anxious."

What Families Say About Spiritual Care...

"Our conversations helped me immensely; thank you for the empathy and compassion."

"You helped me balance the sadness of my mother's death with a sense of celebration about her life."

"There was a visible change in my mother when she prayed and listened to Scripture, she was at peace."

Who can I call?

Rev. Dr. Gordon Postill
Spiritual Counselor

781-341-4145

Old Colony Hospice

One Credit Union Way
Randolph, MA 02368

1-800-370-1322

www.oldcolonyhospice.org

Spiritual Care



Old
Colony
Hospice

Leaders in palliative care.

CHAP Accredited

*Serving Your Community for over 30 Years
A Non Profit Organization*

Spirituality and Hospice

There are times in our lives when we recognize our spiritual needs and look for spiritual resources. At these times, searching for meaning takes on a special significance. One of those times is when we deal with death and dying, grieving and loss. Yet as we deal with such difficult challenges, often times new opportunities for spiritual growth arise.

Hospice recognizes the importance of spirituality in our lives. Hospice also understands that everyone defines spirituality in different and unique ways. No matter how you define your spirituality, our health care team and our Spiritual Counselors at Old Colony Hospice respect your spiritual beliefs and traditions, and those of your family.

What is Spirituality?

Spirituality involves our human need to find meaning in our lives. It is about asking the questions “What has my life meant?” and “What is my purpose?” Spirituality is the search for meaning and purpose in our lives and how this relates to the lives of those around us.

Although we can never fully answer these questions, the real value comes in reflecting about our experiences, challenges, and relationships. This kind of inner work is often not easy and sometimes we need some help to attain greater clarity and understanding.

What is Religion?

Religion is the observance of a particular belief system that often brings people holding similar beliefs together in various faith communities. Such faith communities (i.e., Churches, Temples, Mosques, etc.) provide support, guidance and a sense of identity for the spiritual journey.

Spirituality and religion are different, but not necessarily unrelated. Almost everyone looks for the meaning of life (spirituality), but not everyone turns to a particular faith tradition (religion) for spiritual support and meaning.

What is Spiritual Care?

Spiritual Care involves one person helping another to think about spiritual issues and concerns in an affirming, non-judgmental and nurturing context. Very often, the need for this kind of support surfaces when a person or one of their loved ones is dying.

Commonly Asked Spiritual Questions

- 💡 What has been important to me over the years? Why?
- 💡 Who or what has made my life worth living? Why?
- 💡 What am I hoping for myself at this time in my life and what am I hoping for those I love?
- 💡 What are my thoughts, beliefs, or questions about my death and what happens after I die?
- 💡 Why is this happening to me and what will help me get through this?
- 💡 What do I need to do before I die?
- 💡 How would I like to be remembered?

