CONTACT HOURS FOR NURSING & SOCIAL WORK



Most programs offer contact hours for Nurses and Social Workers, please ask when scheduling!



Colony. Hospice & Palliative Care

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Continuing Education Series

(All Programs Now Available on <u>ZOOM</u>)





Serving Your Community
Since 1979

MEDICARE CERTIFIED
CHAP ACCREDITED
NON-PROFIT ORGANIZATION



Old Colony Hospice and Palliative Care is committed to providing continuing education so we can help you help your patients.

Courses are designed to stimulate new thought processes and encourage dialogue.

If you would like more information or to schedule a program please call the Education Department at Old Colony Hospice and Palliative Care at (781)-341-4145 or by email:

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If you don't see what you need, customized programs are available upon request.

Continuing Education Course Offerings

I: EVERYTHING YOU WANTED TO KNOW ABOUT HOSPICE BUT WERE AFRAID TO ASK

We address the who, what, when, where, why, and how of Hospice Care.

2: PALLIATIVE CARE VS. HOSPICE CARE (WHAT'S THE DIFFERENCE?)

There is much confusion around what constitutes palliative care and how it is different from hospice care. We explain appropriateness for a person facing a progressive, life limiting, chronic illness to determine what supportive and comforting services can be the most beneficial. We answer the question "How do we know when it is time to consider palliative or hospice care?"

3: CARING FOR THE CAREGIVER: COMPASSION FATIGUE

Caring for the sick or elderly can consume a lot of energy and empathy. Learn what causes compassion fatigue, and how to diagnose and treat compassion fatigue within yourself and your team.

4: ALTERNATIVE & COMPLEMENTARY THERAPIES IN HOSPICE

Add an extra dimension of care to Hospice's commitment to nurturing the body, mind, and spirit. Therapies we discuss are music therapy, pet therapy, Reiki, gentle touch therapies, and aromatherapy.

5: HOSPICE ELIGIBILITY

Assessing for hospice can be difficult and time consuming. There is no crystal ball. This offering explores the eligibility requirements set by Medicare and how hospices determine eligibility.

6: PAIN IS NOT AN OPTION

Unfortunately, the dying process can sometimes be painful; here we discuss proper assessment and treatment of pain while dispelling misconceptions.

7: HELPING YOUR PATIENTS WITH A GOOD DEATH

The skills needed to provide quality end of life care cannot be underestimated. This program reviews signs of impending death, summarizes care and comfort techniques, and presents ways to help families cope after the loss of a loved one.

8: ETHICAL DILEMMAS AT END OF LIFE

When two core values conflict, what's the right thing to do? Ethical dilemmas occur often at end of life. This workshop formatted presentation explores these difficult situations with a focus on patients at end of life

9: INTRO TO DEMENTIA, HOSPICE CARE AND HABILITATION THERAPY

The most frequent diagnosis we see in hospice is dementia, here we review what happens at the end stages of disease and how to use non-pharmacological interventions in care.

10: TREATING DELIRIUM

Delirium or terminal agitation can be one of the more difficult symptoms to manage at end of life . This program explores the different interventions for treating delirium.

II: DEMENTIA LIVE® — SIMULATION AND IMMERSION EXPERIENCE (now with remote learning experience)

We are able to collaborate with other agencies to provide an interactive presentation that provides understanding of how the individual with dementia *feels*. Dementia Live® uses specialized gear within a safe, experiential setting that allows participants to gain greater awareness of the struggles with dementia, share personal reactions and integrate improvements in care with Empowerment Tools.

12: CUSTOMIZE A PROGRAM TO FIT YOUR NEEDS