

Highlights & Happenings

Message from Toni Eaton, President & CEO



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I hope summer's end finds you happy, healthy and looking forward to a gorgeous New England fall! As many of you know, Old Colony Hospice will be celebrating its 35<sup>th</sup> anniversary in the coming year. We have certainly come a long way from our original staff of 4 operating out of the basement of the New England Sinai Hospital to our current staff of 80 at our current location in Randolph. Much has changed---but much remains the same. We still have our original Medical Director, Dr. Ruth McLain. Many of our staff have been with us for 10, 15, 20...and even 30 years!



Today, as opposed to 35 years ago, we are faced with many challenges in the health care industry. Top among these challenges is increased competition from the for profit health care sector. Accountable Care Organizations (ACOs) and large for profit groups are opening hospices and encouraging member physicians to use these hospices. However, Medicare REQUIRES that patients and families are offered CHOICES when considering hospice care. This is very important to remember---patients and families can ask for Old Colony Hospice by name and the provider will refer the patient to us. All hospices are not the same and we pride ourselves on being your best choice for hospice and palliative care.

We have grown because of the trust placed in us by so many patients and families who have allowed us to care for them at a very vulnerable time in their lives. Our mission remains exactly the same---to provide the highest quality end of life care to our patients and their families. To this end, we have made some changes within to better utilize our staff and better meet the needs of our patients, families and volunteers.

I thank you for your continued support of Old Colony Hospice and the important work that we do for our patients, families and our community.

Toni L. Eaton, RN, BSN, MS  
 President and CEO

We Celebrate a Year of Achievement!

It has been an eventful year for Old Colony Hospice! We have much to celebrate as we head into our 35<sup>th</sup> year of service to our community. In fact, Old Colony Hospice has been recognized by many organizations for our commitment to providing the highest quality care to our patients and their families as well as service and education to the community around us. Here are a few notable accomplishments:

- **Toni Eaton**, the President and CEO of Old Colony Hospice in Randolph, MA received the **2012 Women's Business Achievement Award from the South Shore Women's Business Network** at their annual breakfast meeting on October 25, 2012.
- In December of 2012, **Linda Werman**, Director of Philanthropy, was elected to a two year term as **President of the Randolph Chamber of Commerce**.
- **Old Colony Hospice** received the **2012 Business of the Year Award from the Randolph Chamber of Commerce** at their annual dinner on January 23, 2013.
- In February of 2013, **Toni Eaton** was appointed to the **Board of Directors for the New England**



Jane Anderson and Roberta Straus

**Center for Homeless Veterans (NECHV) in Boston, MA.** Toni has experience as an RN and served for 9 years as a First Lieutenant in the Army Reserve Nursing Corps. She was later appointed to the **Hospice and Palliative Care Federation of Massachusetts Board of Directors** to serve a 3 year term.

- On April 9, 2013, Community Health Accreditation Program,

Inc., (CHAP) announced that **Old Colony Hospice was awarded CHAP accreditation under the CHAP Hospice Standards of Excellence.** This is the 12<sup>th</sup> year CHAP accreditation has been awarded to this organization. CHAP accreditation documents that Old Colony Hospice meets the industry's highest nationally recognized standards. Through CHAP accreditation, Old Colony Hospice is also certified as a Medicare provider.

- On May 19<sup>th</sup>, 2013 our volunteers led by **Jane Andersen and Roberta Straus**, held our **10<sup>th</sup> Annual Jazz Brunch**. Congratulations to Jane, Roberta and all of the volunteers who have worked so hard to make this event so successful for the last 10 years!

2013 Old Colony Hospice Spirit of Hospice Award Nominations

We are seeking nominations for an employee, volunteer, member of the community or friend of Old Colony Hospice whose commitment, dedication and contribution has:

- ♥ Significantly promoted Old Colony Hospice's mission,
- ♥ Has provided a service which has improved or enriched the lives and welfare of our patients/families or the organization as a whole, and
- ♥ Has exhibited leadership in promoting the value of hospice and specifically OCH

If you know someone who is worthy of this award, please call Patricia Sweeney at 781-341-4145 or visit our website for information on the nomination process. We welcome your nominations through 9/27/13!

# Volunteers - We Want You!!

## Open your Heart to Someone in Need—Become an Old Colony Hospice Volunteer!



Jazz Brunch Volunteers

Did you know that there are more than 468,000 hospice volunteers at work throughout the United States? Hospice Volunteers are an essential part of the hospice philosophy of care which recognizes that dying is not just a medical event, but a personal one as well. Volunteers are the very heart of hospice care—the time they spend with patients and families is truly invaluable.

Here at Old Colony Hospice, we are fortunate to have many exceptional volunteers who utilize their vast array of talents to help us in so many ways. We provide comprehensive training for all volunteers along with on-going education and support. We ask our volunteers to donate one to two hours per week visiting patients or families, helping out in the office, or providing professional services like pet therapy, reiki or massage.

## Volunteer Opportunities



- **Patient/Family Care and Support:** providing emotional support, social support and companionship, providing respite care so that caregivers can get a break, assisting with light household tasks

- **Administrative Support Work:** providing assistance in the office by answering telephones or preparing mailings, hosting booths or displays at health fairs and community events
- **Professional Services:** providing services to patients



Office Volunteers

for which you are licensed or certified, such as massage, reiki, pet or music therapy, or manicures.

- **Bereavement Volunteers:** prepare mailings, make phone calls, assist with our annual Circle of Remembrance
- **Rosary Volunteers:** visit and pray the rosary with patients who request this service
- **Veteran Volunteers:** visit with our Veteran patients as part of our We Honor Veterans Program



Event Volunteers

- **Event Volunteers:** assist with the planning and execution of our Special Events—Annual Walk, Golf Tournament or Jazz Brunch
- **Vigil Volunteers:** sit with patients, offering support and a comforting presence during their final hours

For details on volunteering and upcoming training programs, contact Toni Eaton by calling 781-341-4145 or e-mail [teaton@oldcolonyhospice.com](mailto:teaton@oldcolonyhospice.com).

**THANK YOU!**



Sharon Gallagher  
Registered Dietician

Old Colony Hospice has a Registered Dietician on staff. Her name is Sharon Gallagher and she is called on to work with our patients and families who are struggling with nutrition and dietary issues. Even in hospice care, food not only provides nourishment, but is seen

## Clinical Corner

Madeline O'Reilly, RN, BS, MS, VP for Clinical Services

### The Role of the Dietician in Hospice and Palliative Care

as an expression of nurturing and concern. We all want to see our loved ones enjoy food and keep up their weight!

Recently, Sharon, shared with me her experience with one of our families. Tom Kinraide had expressed concern about his wife, Beverly, to her nurse. When Beverly came to hospice, she had been restricted to clear liquids which made no sense to Tom because he wanted her to get enough calories so that she would gain weight. Tom believed that every day was important and that Beverly would live better and longer if she would eat. As a biologist, he was frustrated

thinking about ways to increase her calories so he began experimenting with simple things like giving her little pieces of banana and whole milk instead of skim milk. He was very happy when her nurse suggested that Sharon come out to visit.

Sharon was able to help Tom learn to prepare foods that were more nutritious and contained more calories which would help Beverly gain some weight. She also validated what he had been doing and gave him more ideas about foods for Beverly. I had the opportunity to speak to Tom and I asked him what it was about the dietician's visit that

was so helpful to him. Tom quickly responded "I did not feel so alone. I needed someone to tell me what to do. Sharon told me everything I needed to know. She told me that what I had been doing was okay and she gave me more ideas."

This is really what hospice is all about. Our Medical Director and team of nurses, social workers, home health aides, volunteers, spiritual and bereavement counselors, and of course, our dietician, are all here to make sure that we are meeting the needs of our patients and their families so that they never feel alone.

# Gratitude

*“Some people give time, some money, some their skills and connections, some literally give their life’s blood...but everyone has something to give.”*

—Barbara Bush

## OLD COLONY HOSPICE WOULD LIKE TO THANK EVERYONE WHO HAS HELPED TO MAKE A DIFFERENCE TO THE INDIVIDUALS AND FAMILIES WE SERVE.

The following individuals and organization demonstrate the many ways one can help bring comfort and support to our patients and families as they navigate their end of life journeys. We send out a huge THANK YOU to them and all of our wonderful supporters!

### THE BOSTON COMPANY

ASSET MANAGEMENT, LLC

➤ A BNY MELLON COMPANY<sup>SM</sup>

### Give Back Fridays

The Boston Company donated \$4,143 as part of its “Give Back Fridays” charity program. Employees are allowed to

wear jeans on Friday if they donate a minimum of \$5.00 to the designated charity. Dan McCormack, an employee of the company, and an OCH golf committee volunteer, submitted our name for consideration last year. Thank you to Dan and his fellow employees for this wonderful gift.

### Community Collection Jar

Pearl Cohen and Richard Schoffield dropped by our offices to donate grocery store gift cards to help the patients and families in our care. They run a “Community Collection Jar” program in which they collect donations outside area supermarkets, use these donations to purchase gift cards from the store and then donate the gift cards to local charities. Old Colony Hospice has been the beneficiary of \$1100 in gift cards due to their outstanding efforts. Visit them on-line at [www.newconceptsfund.org](http://www.newconceptsfund.org) to learn more about their efforts to date.



### Backyard Benefit

Bob and Kathy Murphy host an annual backyard event in honor of Bob’s dad William. Family, friends and co-workers gather at their home for a wonderful afternoon

thanks to the hospitality of Bob and Kathy. There is a raffle and a donation jar and thanks to the generosity of their family and friends, the Murphy family has donated more than \$5,400 to help our patients and their families.



### Banking for a Cause

Randolph Savings Bank is supporting three local charities in Randolph this summer, including Old Colony Hospice. They kicked off their campaign with a shredding day in late June. Customers and residents were invited to bring their shredding to the bank in return for a donation to one of the charities. Old Colony Hospice received \$1174.00 from this effort.

In addition, the bank is donating \$25.00 for each new Free Checking\* or new deposit account opened by the end of August. Stop by one of their Randolph Branches or visit [www.randolphsavings.com](http://www.randolphsavings.com)

### Lasting Legacy

Old Colony Hospice recently received a bequest made by the estate of Victoria Starr. Gifts of this type leave a lasting legacy and make a tremendous difference in our ability to further the vision of our non-profit organization to make the end of life care experience better for the people we serve. If you are interested in learning more about how to include Old Colony Hospice in your estate plans, please contact, Linda Werman, Director of Philanthropy at 781-341-4145 or by e-mail at [lwerman@oldcolonyhospice.com](mailto:lwerman@oldcolonyhospice.com).

As you can see—there are many ways to help! Once again, THANK YOU to all of our supporters!

To make a tax deductible contribution to the 2013 Annual Fund, please use the enclosed envelope or make a donation online at [www.OldColonyHospice.org](http://www.OldColonyHospice.org)

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Visit our Blog  
[www.oldcolonyhospice.org/blog/](http://www.oldcolonyhospice.org/blog/)

## Circle of Remembrance - Annual Memorial Service to Celebrate Loved Ones

Sunday, October 6, 2013      Time: 2:30pm

Location: The Martin Institute at Stonehill College, N. Easton, MA 02356

## Old Colony Hospice 5<sup>th</sup> Annual Educational Symposium: "Flourishing No Matter What: The Science of Happiness", presented by Maria Sirois, Psy.D.

DATE: Thursday, November 14, 2013

TIME: 4:00 to 7:30pm

LOCATION: The Lantana, Randolph, MA 02368

COST: \$25.00 Includes dinner

We are thrilled to have Maria Sirois back this year to bring us the latest research on the science of happiness, why it's crucial, how to become happier, no matter the stressors of our days, and how happiness and resilience nourish each other. Join us for an evening presentation of story, research, inspiration and practical tools that will enable you to shift your day toward greater pleasure, meaning, inner strength and lightheartedness. We will also share a wonderful dinner and some early holiday shopping! RN's and SW's will receive 1.0 contact hours for their continuing education requirements. To register visit our website at [www.oldcolonyhospice.org](http://www.oldcolonyhospice.org) or call Marylou Sullivan at 781-341-4145 ext 266.



SAVE THE DATE