



Bereavement Newsletter



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Patient and Family Support Staff

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Mission Statement

The Old Colony Hospice team compassionately cares for individuals and their loved ones coping with complex illnesses and end of life needs while preserving dignity and quality of life.

The Center for Patient and Family Support

"Grief never ends......but it changes.
It's a passage, not a place to stay.
Grief is not a sign of weakness,
nor a lack of faith....It is the price of love."

~author unknown~

These are the upcoming topics for our topic-specific group which is held on the second Thursday of the month at 1:30pm.

March: How Long Does Grief Last?

April: The Gift of Grief—Are You Kidding? **May:** Grieving: It's So Different Now

June: Memories Are Forever

July: Five Common Myths About Grief

August: I Never Got a Chance to Say Goodbye

September: Is it Grief or Am I Crazy?

Our complete March calendar of support groups is on the back of this newsletter.

For upcoming support opportunities and program changes please visit our website: www.oldcolonyhospice.org. Look for 'Grief and Loss Support' under the 'Our Services' section of our website. For **Weather Cancellations** or if you have additional questions, please do not hesitate to call me.

IMPORTANT If you are NEW to our support groups, contact me:

Rev. Elizabeth Ashby @ 781-341-4145 ext 377, prior to attending.

Warm regards,

Elizabeth

Think





Stay connected to Old Colony Hospice through:











March 2014

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------|----------------------------|-----|-----|--|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 6 to 7:30pm: Open Support Group | 7 | 8 |
| 9 Daylight Savings Time Begins | 10 | 11 | 12 | 130 to 3:00pm: Topical Group "How long does grief last?" | 14 | 15 |
| 16 | 17 Happy St. Patricks Day! | 18 | 19 | 20 11:30 to 1:00pm: Widow/Widower Group | 21 | 22 |
| 23 30 | 24 31 | 25 | 26 | 27 1:30 to 3:00pm: Open Support Group | 28 | 29 |

For Information or to Register for a group, contact: Elizabeth Ashby @ 781-341-4145 ext 377