



English and Culture Tutoring Services

English Lessons Designed for You

Sarah: So did you have a good time at the company barbecue today?

John: Yeah it was ok. I was a little nervous at first, especially since our boss was there but I managed to **loosen up** after I talked to a few people. How about you?

Sarah: Yeah I had a good time but I got stuck talking to Mary, the woman from IT. We talked for about 20 minutes. Then I finally **slipped away** when another colleague came over.

John: Oh wow. She is pretty nice but she likes to **ramble on**.

Sarah: Yeah, that's right and I couldn't **come up with** an excuse to walk away.

John: Oh by the way, I met Mike's wife who works at Google. She said they might be looking for someone with my expertise in their marketing department.

Sarah: Oh cool! You should definitely **follow up** on that. It sounds like a great opportunity for you!

John: I wanted to talk to Katie. The one who started working last week in HR but I **clammed up** and got nervous.

Sarah: That's too bad. Maybe you can talk to her at the next party.

Sarah: Did you try the steak that the host was grilling?

John: No, I just had the salad. I am trying to **cut down** on meat and greasy food.

Sarah: Sounds like a good idea. Maybe I will try to do that too!

This lesson was created by [English and Culture](#). For information about English language training and cross-cultural training in Boston and New York, please contact Lindsay at info@englishandculture.com