

Foxbridge Assisted Living and Memory Care Community

Our Mission: To provide a continuum of services that supports health, independence and dignity. We build this continuum on the belief that a relationship centered philosophy best sustains body, mind and spirit.

April 2015



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~ Kathy's Korner ~



Spring is officially here and we are excited about the warmer weather that is soon to approach. As the weather begins to warm up we will start going outside more often. Please make sure your family member has a light jacket or sweater to put on.

We are having an Easter egg hunt on the lawn, by the pond on, Saturday, April 4, 2015, at 2:00. Please remember to bring a basket for gathering eggs! Along with the Easter egg hunt (and a visit from the Easter Bunny) we will offer grilled hotdogs, chips, and drinks.

There are so many fun things planned for this spring so please keep your eyes on the activities calendar and feel free to join us for any or all of them!

We are always looking for volunteers. If you would like to share some of your time with us give Julie a call and let her know how you would like to help us out.

The carpet in Magnolia is finished!! The next Cottage to receive new carpet is Spruce. We are scheduled to install the carpet on Monday, May 11, 2015. Before the installation we will close the Spruce Cottage and move everyone over to the Willow Cottage. Spruce is going to be spruced up!

The move will start on Monday, April 13, 2015. When we are finished Willow will be our level 4 Cottage and Spruce will become our level 5 Cottage.

I will have an information meeting about these changes on Wednesday, April 8, 2015 in the Fox Hall conference room at 3:00 pm. If this time doesn't work for you please feel free to come in and talk to me or give me a call any time. You may also call Jackie, the Director of Nursing or Kristy, the Director of Marketing for more information as well.

Have a wonderful April and visit us often. We, as well as your loved ones, love to see your face!

Kathy G.



**Annual
Easter Egg
Hunt!!**

—
Saturday,
April 4th for
Children
12 & Under!

—
2:00 at The
Pond!

—
Find the
Golden Egg for
a Special Prize!

—
Grilled Hot
Dogs, Chips &
Drinks!

—
Invite Your
Families!

—
RSVP to
377-0101 or
juliefox~
bridge@
bellsouth.net



Featured April Activities!



Spring Flings are Here!

- **Pine Cottage** will have their **Spring Fling Luau** on Wednesday, April 8th at 12 Noon.
- **Oak Cottage** will have their **Spring Fling Picnic** on Wednesday, April 15th at 12 Noon.
- **Magnolia Cottage** will enjoy their **Spring Fling Party** on Wednesday, April 22nd at 2:00 p.m.

**All Spring Flings will feature Music, Food, Good Company & Fun!
Mark Your Calendars! Families & Friends are Invited!**

Join Us for our April Outings!

Pine Cottage!

Shopping! Walmart 4/9 at 9:30; Dollar Tree: 4/23 at 9:30
Outing! Lunch at Dixie Cafe! 4/14 at 11:00
Scenic Drive! 4/22 at 10:00

Oak Cottage!

Shopping! Walmart 4/9 at 2:00; Dollar Tree: 4/23 at 9:30
Outing! 3D Movie at Pink Palace - The Humpback Whale,
then Frozen Yogurt at YoLo! 4/7 at 12:00
Scenic Drive! 4/28 at 2:00

Magnolia Cottage!

Outing! Lunch & Dixon Gallery Gardens! 4/21 at 11:00
Scenic Drive! 4/16 at 1:00 **Shopping!** Dollar Tree: 4/23 at 9:30

Spruce & Willow Cottages!

Scenic Drive! 4/20 at 1:00

For the Men!

Barbershop! 4/2 at 1:00
ROMEO (Real Old Men Eating Out) Lunch! 4/28 at 11:00

~ Not to Miss ~

Special Dayz of the Month Celebrated! Check calendar for details!
Easter Activities in Each Cottage! 4/5! Prize Bingo w/Volunteers! 4/26, at 2
New Therapy Dog, Liebby! 4/20 beginning in Oak.
Joyful Sounds of McWheter Choir! 4/17 in Pine at 10:30
Art Therapy in Magnolia! With Paige, Certified Art Therapist! 4/13 at 2:00
Special Outing! Senior Fun Day! Door prizes & games! 4/29 at 12:15.
For The Men! Painting Birdhouses with Volunteer, David! 4/22 & 4/29 at 9:30.

March Memories!



Serendipity Tea Room!



Bertha Huffman Turns 105!



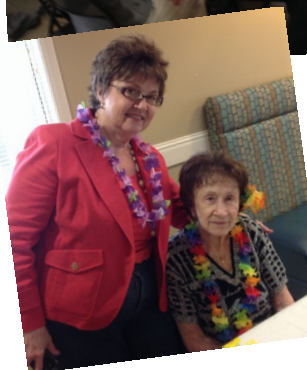
Plant a Flower Day!



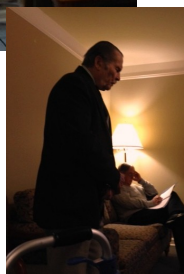
Spruce/Willow Luau!



Irish Dancers!



Check out more Photo's at Facebook/Foxbridge Assisted Living!



~Volunteer Spotlight~ Featuring Trafalgar Village Baptist Church!

For over three years, Foxbridge has been graced by the presence of Trafalgar Village Baptist Church leading Sunday Church Service in our Magnolia Cottage! Trafalgar provides a wonderful service beginning with worship music led by Angela & David, a prayer is said by Brother Bob then Brother Stanley gives a thoughtful sermon. They close with familiar hymns. These dedicated volunteers have blessed many lives & to them we are grateful!



Marketing Moments with Kristy!

Payment Reminder

Please make checks payable to "Foxbridge" and send payments to:

Office of Financial Services
ATTN: Foxbridge Assisted Living Community
United Methodist Home
580 Long Hill Ave
Shelton, CT 06484-4860

Foxbridge Blog!

Read Our Blog!

Did you know that Foxbridge has a blog? When you subscribe to our blog, you will receive a few posts each month with information about senior health, aging parents, caregiver tips, nutrition, exercise and much more. A recent post found at this link, <http://www.umh.org/assisted-independent-living-blog/does-my-aging-parent-need-speech-therapy>, describes the benefits of speech therapy.

Did you know speech therapy offers many benefits beyond helping people communicate better? Read the article to find out more. Get free senior health and caregiver advice in your inbox every week.

Subscribe at <http://www.umh.org/assisted-independent-living-blog>. Read our articles at your convenience. Unsubscribe anytime.

Gate Access

All Foxbridge Families are assigned specific Resident ID numbers to gain access through the gate after business hours. Your ID number will be the last four digits of your Foxbridge account number listed on your billing statement. You can also call into the property from the call box to speak with a staff member. If you experience any problem with your gate access, please call Corina at x221.

Wishing a Very Happy Birthday to our Residents!



April 1st! Virginia Sisco
April 5th! Dorothy Butler
April 18th! Jean McDaniel
April 21st! Annie Johnson
April 24th! Mackie Hury



Your Help is Needed!

Foxbridge is creating outdoor areas for our Residents to enjoy!

With Spruce Residents moving to the Willow Cottage, we will be creating a resident friendly backyard to include a porch swing, benches, large flower pots, bird feeders and the like!

Foxbridge is also creating a park like setting in the curve of the road by Magnolia. Our vision is to have picnic tables, benches, flower pots and a fire pit in that area. We need your help with donations for these two park areas. We would be happy to dedicate your donations with a plaque.

For more info or if you'd like to donate, please call Julie Montgomery at ext. 227 or juliefoxbridge@bellsouth.net

All donations are tax deductible. Thank you!!



Refer a Resident and Get a Rent Credit!

\$500 credit on your bill after 30 days of residency!
Call Kristy at x251 for more details!