

Café MON
Dinner Menu



August 2- 8

Sunday:

Roasted Beef Tenderloin with Gravy
Mushroom Ravioli with Sun Dried Tomato Pesto
Scalloped Potatoes and Creamed Spinach

Monday:

*Spaghetti Bolognese(Meat Sauce)
Chicken Piccata
Garlic Bread and Peas

Tuesday:

Maple Baked Ham with Mustard
Shrimp and Creamy Grits
Mashed Sweet Potatoes and Corn

Wednesday:

Salisbury Steak with Gravy
Poached Salmon with Lemon and Dill
Baked Potato and Broccoli

Thursday:

*♥ Grilled Chicken Breast with Balsamic Tomatoes
Seafood Pot Pie
Pesto Penne and Fresh Zucchini

Friday:

*♥ Lemon Pepper Baked Flounder
*Ham and Cheese Quiche with Fresh Fruit

Red Beans and Rice and Green Beans

Saturday:

Beef Pot Roast

Chicken Cordon Blue

Roasted Potatoes and Carrots

♥= Heart Healthy

*= Low Sodium

Alternate menu choices available at Dinner and Supper meals.

Alternate Menu is on your table in the dining room.

Any special requests see Loretta, Andi or Allen in the kitchen.

Enjoy!