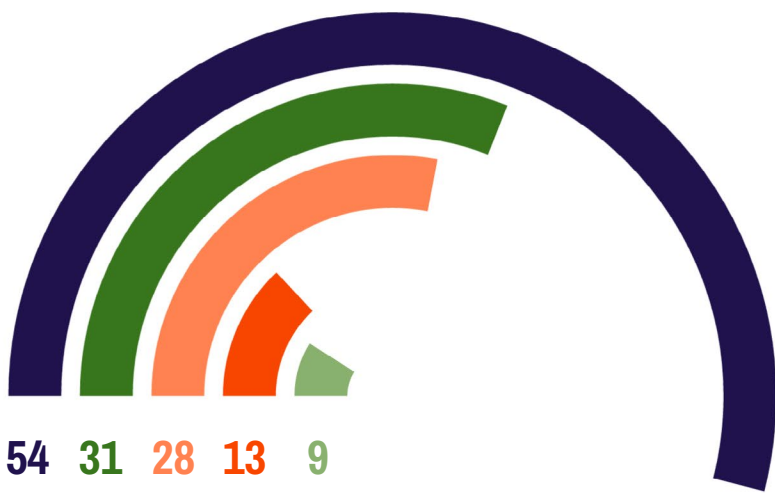


# Musculoskeletal Conditions

in American Adults



126.6 million people affected



## Chronic Medical Conditions in American Adults

Musculoskeletal	54%
Circulatory	31%
Respiratory	28%
Diabetes	13%
Cancer	9%

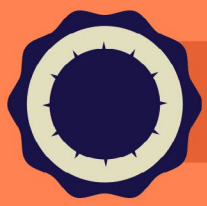
## MOST COMMON MUSCULOSKELETAL DISORDERS

- 1 Arthritis and related conditions
- 2 Back and neck pain
- 3 Injuries from falls, work, military service and sports
- 4 Osteoporosis

cost of annual treatment, care, and lost wages due to musculoskeletal disorders

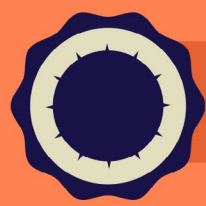
**\$213**  
BILLION

## FOR ALL PROFESSIONS



**290.8 million**

workdays lost to back or neck pain



**11.4 days**

average number of workdays lost per person

## What can we do?

accelerate research involving current treatment, alternatives, new treatments and prevention

promote better coordination between physicians and specialists, physical therapists and chiropractors

understand the role of behavior change in prevention and treatment including weight loss and self-management

implement proven prevention for sports injuries, workplace injuries and military injuries



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