

A NOVEL IBS DIAGNOSTIC BLOOD PANEL CAN ENHANCE A POSITIVE DIAGNOSTIC STRATEGY VERSUS A STRATEGY OF EXCLUSION FOR PATIENTS WITH DIARRHEA PREDOMINANT IRRITABLE BOWEL SYNDROME (IBS-D): COST IMPLICATIONS FOR DENMARK

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INTRODUCTION

- Irritable Bowel Syndrome (IBS) is a chronic gastrointestinal disorder characterized by abdominal pain, bloating, discomfort and changes in bowel habit
- A recently published article (2013) estimated the prevalence of IBS (i.e. meeting the ROME III criteria) at 16% in Denmark; the IBS-D subtype was estimated to be 33% of the IBS population
- There are three distinct sub-types: diarrhea predominant (IBS-D), constipation predominant (IBS-C) and mixed (IBS-M)
- Diagnosing IBS-D involves a combination of symptom-based criteria (ROME III). However, diagnosing IBS-D involves differentiating this condition from organic diseases such as celiac disease and inflammatory bowel disease
- The anti-transglutaminase test (anti-tTG) is a reliable method to identify patients with celiac disease. Other diagnostic tests commonly used in the process of diagnosing patients who present with IBS-D symptoms include: complete blood count (CBC), erythrocyte sedimentation rate (ESR), C-reactive protein (CRP), thyroid function test (TFT) and liver function test (LFT)
- Also, diagnostic procedures to rule out other organic conditions may include: colonoscopy, endoscopy, ultrasound and abdominal CT scan
- IBS presents a significant health burden to patients and to the healthcare system in Denmark both in terms of significant direct and indirect (i.e. absenteeism) medical costs
- IBS^{chek} is a novel diagnostic blood panel which involves measuring antibody levels for cytotoxic distending toxin B (anti-CdtB) and vinculin (anti-Vinculin)
- Animal studies have demonstrated that an IBS-like phenotype can be produced when host antibodies to CdtB cross-react with vinculin
- This biomarker has recently been validated in a large clinical trial (TARGET-3)
- This novel diagnostic blood test may provide significant benefits for patients who present with IBS-D symptoms by avoiding unnecessary testing procedures and a shorter time to diagnosis and treatment

OBJECTIVES

- The primary aim of this study was to compare the costs associated with two differing diagnostic pathways in gastroenterology practice in Denmark: (1) The IBS^{chek}™ diagnostic pathway vs. (2) the exclusionary diagnostic pathway for patients who present with IBS symptoms
- The secondary objective of this study was to extend the results of the cost-minimization model (CM) to a budget impact analysis for the national population

Figure 1: Decision Tree Model (Model 1)

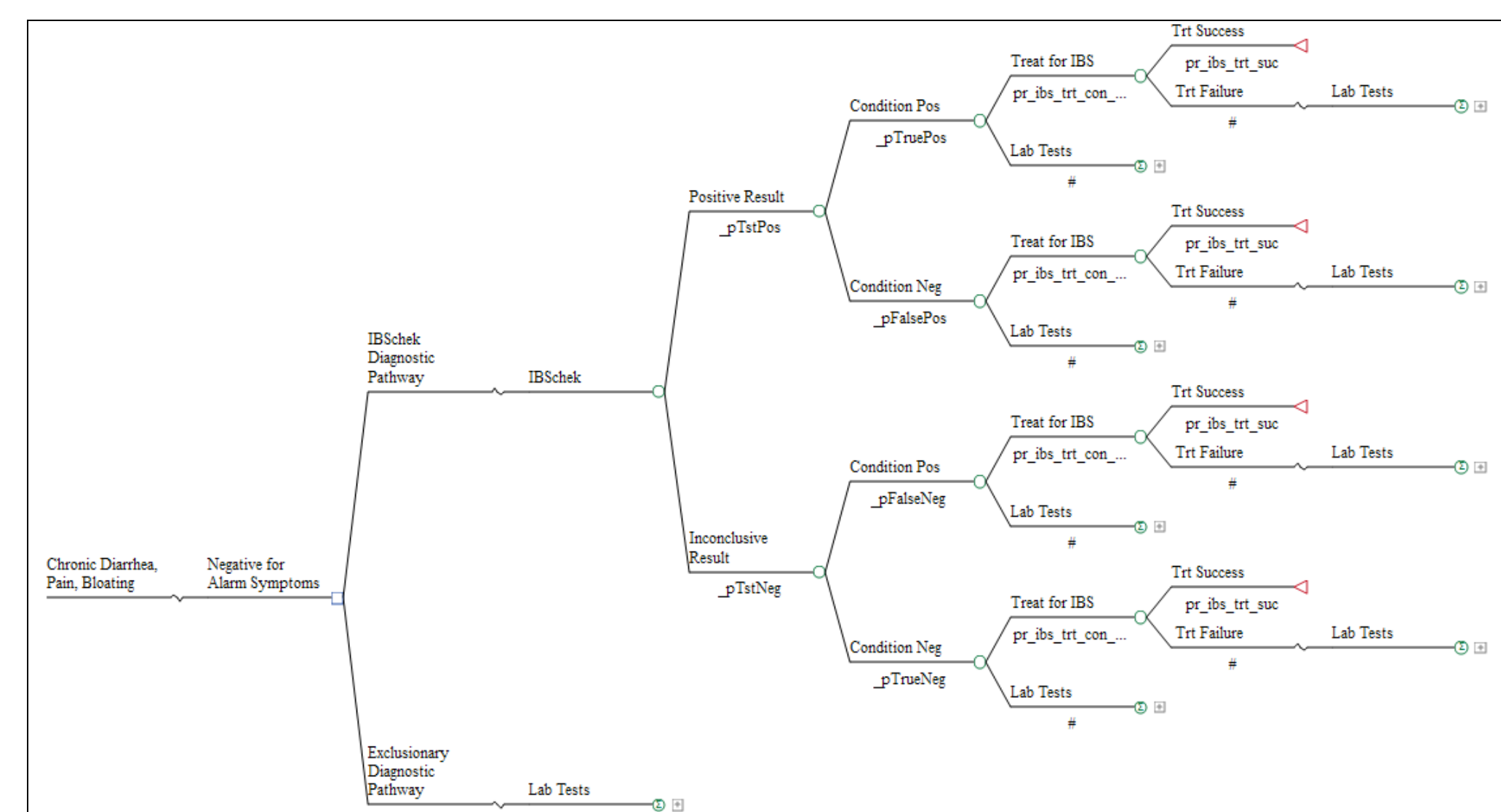
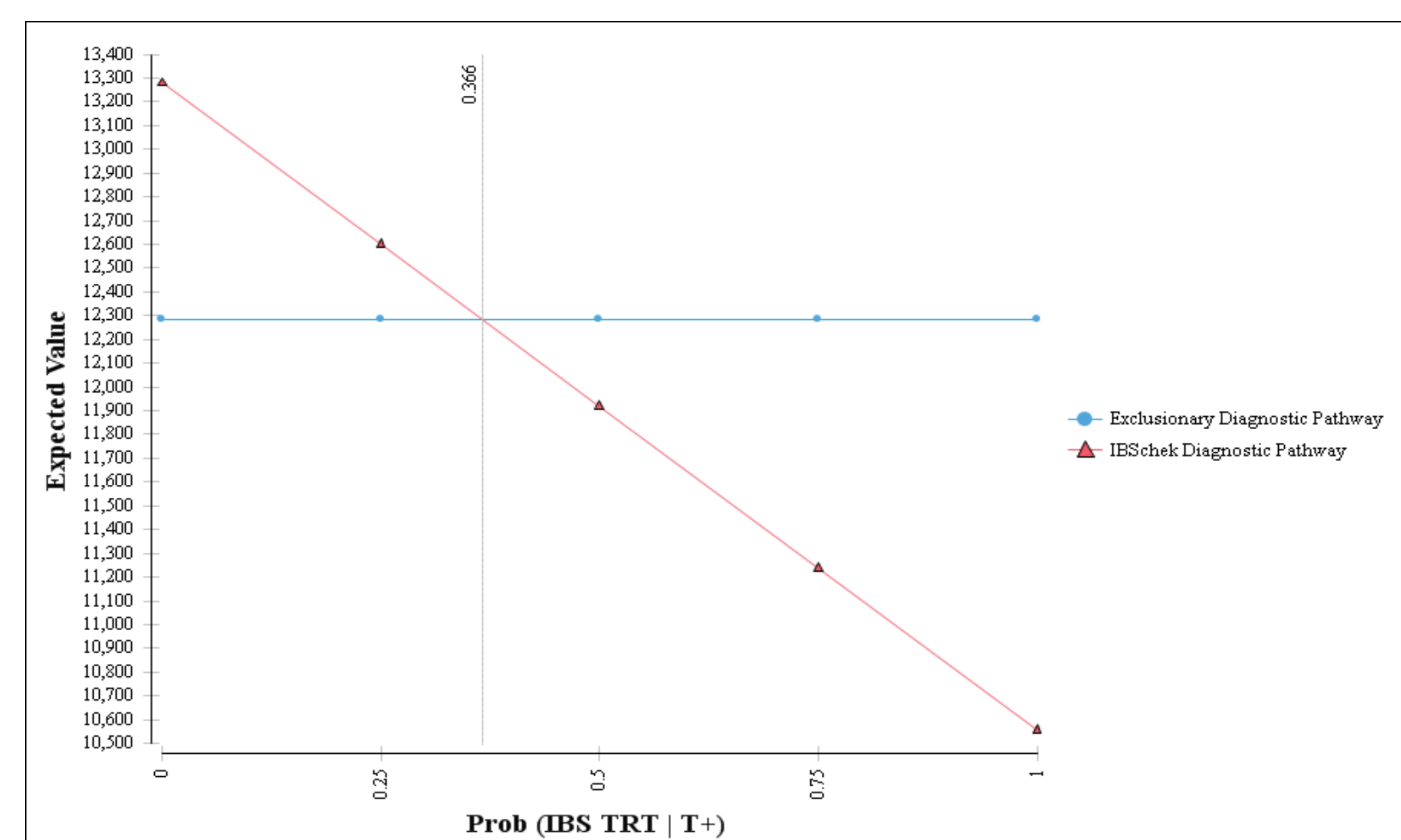


Table 1: CM Results (Model 1)

Diagnostic Pathway	Setting	Pre-test Prob Dis +	Prob (IBS TRT T+)	Prob (IBS TRT T-)	Expected Cost (kr)	Cost (Savings) (kr)
W/ IBS ^{chek} ™	GI	0.750	0%	0%	13280	996
Exclusionary	GI	NA	NA	NA	12284	
W/ IBS ^{chek} ™	GI	0.750	25%	0%	12599	315
Exclusionary	GI	NA	NA	NA	12284	
W/ IBS ^{chek} ™	GI	0.750	50%	0%	11918	(366)
Exclusionary	GI	NA	NA	NA	12284	
W/ IBS ^{chek} ™	GI	0.750	75%	0%	11237	(1047)
Exclusionary	GI	NA	NA	NA	12284	
W/ IBS ^{chek} ™	GI	0.750	100%	0%	10557	(1727)
Exclusionary	GI	NA	NA	NA	12284	

Pre-Test Prob Dis +: Probability of IBS-D in the Denmark in a patient consulting for Diarrhea, Bloating and Pain. Prob (IBS TRT | T+): Probability that a patient will receive treatment conditional on a positive test result. Prob (IBS TRT | T-): Probability that a patient will receive treatment conditional on a negative test result.

Figure 2: Sensitivity for Pr (IBS TRT | T+) (Model 1)



Prob (IBS TRT | T+): Probability that a patient will receive treatment conditional on a positive test result

STUDY DESIGN & METHODS

- A cost-minimization (CM) decision tree model was constructed to compare the costs associated with two possible diagnostic pathways: (1) diagnostic pathway with novel IBS diagnostic blood panel and (2) exclusionary diagnostic pathway (i.e. standard of care)
- The setting for the model are gastroenterologists within the national healthcare system in Denmark
- The model structure (CM Model 1) was based on current literature and guidance from IBS expert clinicians (Figure 1, Table 1)
- New data became available after the abstract submission; therefore the model and the results (cost-minimization and budget impact) (CM Model 2) have been updated accordingly (Figures 3,4; Tables 2 - 4)
- For both models (CM 1 and CM 2), the probabilities for test utilization were taken from an IBS survey of practicing gastroenterologists
- Country specific costs were used to populate both models
- Indirect costs were included (time off work only)
- The probability that patients will proceed to treatment was modeled as a function of the sensitivity, specificity and likelihood ratios of the individual biomarker tests (Tables 3)
- These probabilities are computed as follows:

$$Post - test Odds (D+) = Pre - test Odds (D+) * LR(CDTB) * LR(Vinculin)$$

$$Post - test Pr(D+) = \frac{Post - test Odds (D+)}{1 + Post - test Odds (D+)}$$
- One-way sensitivity analyses were performed for key input variables (Table 2)
- For both models, a sensitivity analysis was performed with respect to the pre-test probability of disease (IBS-D) (Figure 2, Figure 4)
- The budget impact analysis (BIA) extrapolates results of the CM Model 2 to the national population (Table 4)
- TreeAge Pro 14 was used for cost-minimization modeling; Microsoft Excel 2010 was used for budget impact modeling

RESULTS (CM Model 1)

- Sigmoidoscopy, colonoscopy, SBFT were the most common diagnostic procedures reported with estimated utilization rates of 35%, 35% and 15% (corresponding charges were kr4819, kr4819 and kr1861)
- The base case for the pre-test probability of disease (IBS-D) was estimated to be 0.75
- Estimated total base case charges for the IBS diagnostic blood panel pathway (assumes 75% of test positive patients receive IBS-D treatment) vs the exclusionary pathway were kr11,237 vs kr12,284 (a cost savings of kr1047 for the diagnostic blood panel) (Table 1)
- As a sensitivity analysis, the probability that patients will proceed to treatment was varied from 0% to 100%; the outcomes ranged from an additional cost of kr996 (for the diagnostic blood panel) to a cost savings of kr1727 (for the diagnostic blood panel) (Table 1)
- If clinicians use the test 50% of the time for the 30% of the estimated 57,490 people who might have IBS-D who seek treatment, net savings to the Danish healthcare system is kr30,095,980 (BIA from model 1)
- Cost neutrality occurs if 37% of the "test positive" patients seek IBS treatment

RESULTS (CM Model 2)

- For the base-case, the CM model predicts a cost savings of kr2098 for the novel IBS diagnostic blood panel vs the exclusionary diagnostic pathway, due to the avoidance of downstream testing (e.g. colonoscopy, CT scans) (Table 2)
- A sensitivity analysis was performed for a pre-test probability of disease, for a range of values from 0.55 to 0.95; under this scenario, the cost savings range from kr1568 to kr2633 (Table 2)
- The sensitivity analysis estimated that the cost savings with the diagnostic blood panel increase as the pre-test probability of disease increases (the pre-test probability of disease is varied from 0.55 to 0.95) (Figure 4)
- The BIA predicts a cost savings of kr60.3 million for the arm with the diagnostic blood panel (Table 4)
- For the BIA, as the proportion seeking care is varied from 10% - 50% the cost savings varies from kr20.1 million to kr100.5 million (Table 4)

Figure 3: Decision Tree Model (Model 2)

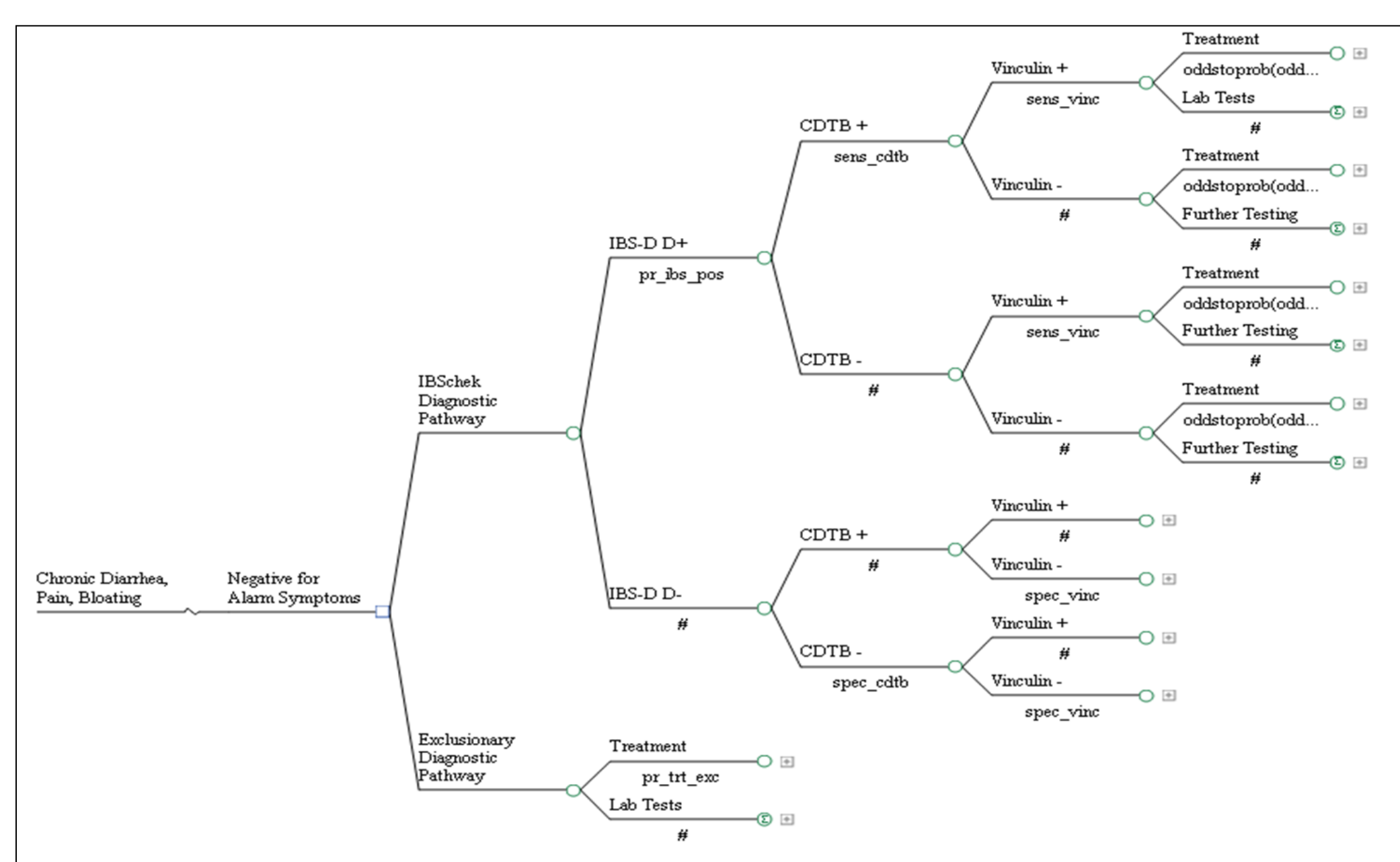


Table 2: CM Results (Model 2)

Diagnostic Pathway	Setting	Pre-test Prob Dis +	Prob (IBS TRT) Exclusionary	Expected Cost Krone	Cost (Savings) Krone
W/ IBS ^{chek} ™	GI	0.55	NA	10142	(1568)
Exclusionary	GI	NA	0.350	11710	
W/ IBS ^{chek} ™	GI	0.65	NA	9878	(1832)
Exclusionary	GI	NA	0.350	11710	
W/ IBS ^{chek} ™	GI	0.75	NA	9612	(2098) [1]
Exclusionary	GI	NA	0.350	11710	
W/ IBS ^{chek} ™	GI	0.85	NA	9346	(2364)
Exclusionary	GI	NA	0.350	11710	
W/ IBS ^{chek} ™	GI	0.95	NA	9077	(2633)
Exclusionary	GI	NA	0.350	11710	

1 - Base case

Table 3: Pre-test & Post-test Pr(D+) (Model 2)

Pre-Test Pr(D+)	Pre-Test Odds(D+)	LR+ CDTB	LR+ VINCL	LR- CDTB	LR- VINCL	Test Results (CD, VI)	Post-test Odds	Pr(D+)
55%	1.222	5.2	2	0.6	0.8	p,p	12.711	92.7%
55%	1.222	5.2	2	0.6	0.8	p,i	5.084	83.6%
55%	1.222	5.2	2	0.6	0.8	i,p	1.467	59.5%
55%	1.222	5.2	2	0.6	0.8	i,i	0.587	37.0%
65%	1.857	5.2	2	0.6	0.8	p,p	19.314	95.1%
65%	1.857	5.2	2	0.6	0.8	p,i	7.726	88.5%
65%	1.857	5.2	2	0.6	0.8	i,p	2.229	69.0%
65%	1.857	5.2	2	0.6	0.8	i,i	0.891	47.1%
75%	3.000	5.2	2	0.6	0.8	p,p	31.200	96.9%
75%	3.000	5.2	2	0.6	0.8	p,i	12.480	92.6%
75%	3.000	5.2	2	0.6	0.8	i,p	3.600	78.3%
75%	3.000	5.2	2	0.6	0.8	i,i	1.440	59.0%
85%	5.667	5.2	2	0.6	0.8	p,p	58.93	98.3%
85%	5.667	5.2	2	0.6	0.8	p,i	23.57	95.9%
85%	5.667	5.2	2	0.6	0.8	i,p	6.80	87.2%
85%	5.667	5.2	2	0.6	0.8	i,i	2.72	73.1%
95%	19.000	5.2	2	0.6	0.8	p,p	197.60	99.5%
95%	19.000	5.2	2	0.6	0.8	p,i	79.04	98.8%
95%	19.000	5.2	2	0.6	0.8	i,p	22.80	95.8%
95%	19.000	5.2	2	0.6	0.8	i,i	9.12	90.1%

Pre-Test Pr(D+): Probability of IBS-D in Denmark in a patient consulting for Diarrhea, Bloating and Pain. LR: Likelihood Ratio. CDTB: Distending Cytotoxin B. VINCL: Vinculin. Pr(D+): Imputation of the post-test probability of disease as the probability that a patient will be treated for IBS-D (after IBS^{chek}™). Probability for the patient to be IBS-D positive. i:inconclusive, p:positive

Figure 4: Sensitivity for Pre-test Pr(D+) (Model 2)

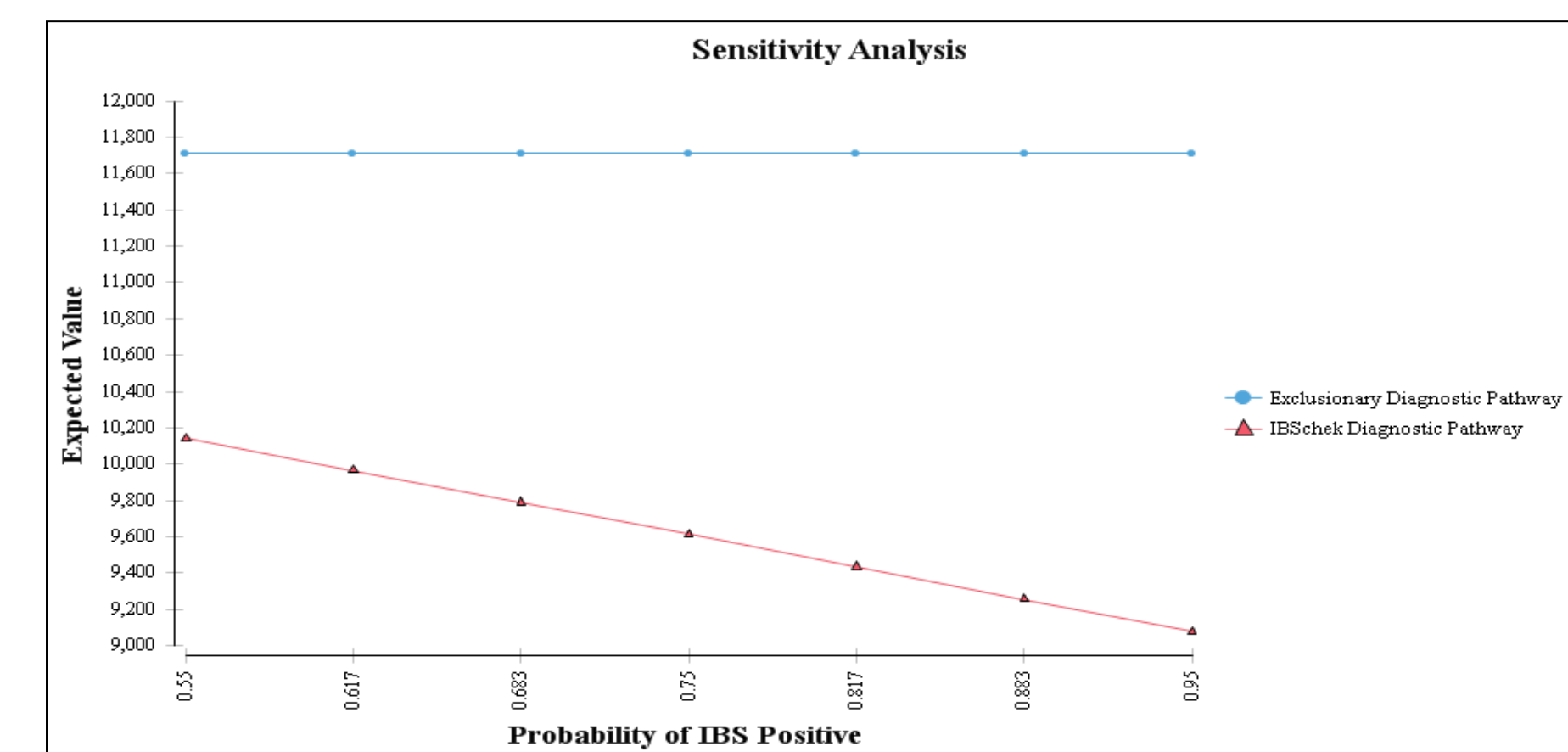


Table 4: Budget Impact Analysis (Model 2)

Covered Lives [1-3]	Proportion Seeking Care	Number of Affected Individuals	Pre-test Pr(D+)	Proportion of Physicians Using IBS ^{chek} ™	Cost (Savings) Per IBS-D Patient	Net Cost (Savings)
5,627,000	20%	38,327	65%	50%	kr. -1,832	kr. -17,553,593
5,627,000	20%	38,327	65%	50%	kr. -1,832	kr. -40,204,626
5,627,000	30%	57,490	65%	50%	kr. -1,832	kr. -52,606,779
5,627,000	40%	76,653	65%	50%	kr. -1,832	kr. -70,214,372
5,627,000	50%	95,817	65%	50%	kr. -1,832	kr. -87,767,965
5,627,000	10%	19,163	75%	50%	kr. -2,098	kr. -20,102,313
5,627,000	20%	38,327	75%	50%	kr. -2,098	kr. -40,204,626
5,627,000 [4]	30%	57,490	75%	50%	kr. -2,098	kr. -60,306,940
5,627,000	40%	76,653	75%	50%	kr. -2,098	kr. -80,409,253
5,627,000	50%	95,817	75%	50%	kr. -2,098	kr. -100,511,567
5,627,000	10%	19,163	85%	50%	kr. -2,633	kr. -25,228,499
5,627,000	20%	38,327	85%	50%	kr. -2,633	kr. -50,456,998
5,627,000	30%	57,490	85%	50%	kr. -2,633	kr. -75,685,497
5,627,000	40%	76,653	85%	50%	kr. -2,633	kr. -100,913,996
5,627,000	50%	95,817	85%	50%	kr. -2,633	kr. -126,142,495

1 - Prevalence = 16.0%
 2 - Prevalence of IBS-D within IBS = 33%
 3 - Proportion of the population within 18-65 age group = 64.5%
 4 - Base case results

CONCLUSIONS

- Current medical literature suggests that extensive testing to diagnose IBS is often not recommended
- For patients who present with IBS-D symptoms in Denmark, this evaluation predicts that the inclusion of a novel Diagnostic Blood Panel in the diagnostic process has the potential for significant cost savings due to the avoidance of downstream testing
- Sensitivity analyses indicate that the pre-test probability of disease (IBS-D) has a significant impact on cost outcomes
- Both cost-minimization models predict significant cost savings for the Diagnostic Blood Panel arm

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DISCLOSURES

This study was sponsored by Commonwealth Diagnostics International, Inc., Salem, MA, USA. All authors met the ISPOR authorship criteria. Neither honoraria nor payments were made for authorship.

Dr. Mark Pimentel has acted as scientific consultant for Commonwealth Laboratories, LLC and Commonwealth Diagnostics International, Inc.

