

## **News Release**

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## For Immediate Release

Visiting Nurse Association of Ohio and The Music Settlement Partner for Music Therapy Program

**April 7, 2016 – Cleveland, Ohio** – VNA of Ohio is pleased to announce its partnership with The Music Settlement to offer Music Therapy as an adjunct service for the organization's patients in Northeast Ohio. VNA of Ohio provides high-quality home health and hospice care to promote health, independence and dignity to those living in the community.

"Music Therapy is essential to enhance our adjunct therapy services, which also include massage and art therapy for hospice patients. Music Therapy is proven to minimize troublesome symptoms and promote quality of life, and now we are able to offer that added value for our patients," states Hospice Director, Linda Ambrose, RN.

Music Therapy utilizes music-based interventions to help individuals accomplish goals specific to their diagnosis, whether it be suppressing symptoms or overcoming a challenging stage in their recovery. The Music Settlement's Board Certified Music Therapists will support VNA of Ohio patients during this time.

The partnership between the two organizations, as well as the individual sessions, will continually be tailored to fit the needs of each patient. VNA of Ohio believes this partnership will be extremely beneficial as the organization strives to meet the healthcare needs of the community. Ronna Kaplan, MA, MT-BC, Chair of The Music Settlement's Center for Music Therapy, said, "Music therapy is a unique addition to the quality services already provided through VNA. Together I am certain that we will make a positive difference in the lives of patients, their families/caregivers, and VNA staff."

Founded in 1902, VNA of Ohio's mission is to care for individuals, wherever they call home. Services include skilled nursing care, mental health services, rehabilitation therapies, hospice care and personal care assistance. The Music Settlement, founded in 1912, is a community where artistic expression belongs to everyone. The organization began offering Music Therapy in 1966 to positively impact the lives of individuals facing a wide range of life's challenges.

<u>About Visiting Nurse Association of Ohio</u> - VNA of Ohio is a non-profit, community-based healthcare organization that has been helping patients for more than 100 years. The organization works with hospitals, doctors, community agencies and companies to provide services for patients in their homes. VNA of Ohio provides high-quality, comprehensive home healthcare to promote health, independence and dignity to those living in our communities. Learn more at <a href="https://www.vnaohio.org">www.vnaohio.org</a>.

<u>About The Music Settlement</u> - Founded in 1912 as The Cleveland Music School Settlement, The Music Settlement is one of the nation's oldest community schools of music. Providing early childhood education since 1955 and music therapy since 1966, The Music Settlement remains on the forefront of music-based initiatives that advance human potential. With programs for students from birth through retirement and beyond, The Music Settlement is proud to inspire a second century of generations of music. Its online properties include <a href="https://www.TheMusicSettlement.org">www.TheMusicSettlement.org</a> and <a href="mailto:facebook.com/TheMusicSettlement">facebook.com/TheMusicSettlement</a>.