

# aquatics

## spring II 2016



April 4 - May 15

updated March 6

|   | MONDAY                         | TUESDAY            | WEDNESDAY                      | THURSDAY            | SATURDAY             | SUNDAY               |
|---|--------------------------------|--------------------|--------------------------------|---------------------|----------------------|----------------------|
| Parent & Child<br>Level 1 Aquatots      |                                |                    |                                | 6:30 pm             | 9:30 am              | 9:00 am              |
| Parent & Child<br>Level 2 Water Wiggles |                                |                    |                                | 7:00 pm             | 10:00 am             | 9:30 am<br>10:00 am  |
| Preschool Level 1                       | 10:15 am<br>4:15 pm            | 5:45 pm            | 10:15 am<br>4:15 pm            | 12:30 pm<br>4:15 pm | 8:30 am<br>10:45 am  | 12:15 pm             |
| Preschool Level 2                       | 11:00 am<br>5:00 pm<br>5:45 pm | 4:15 pm<br>6:30 pm | 11:00 am<br>5:00 pm<br>5:45 pm | 2:00 pm<br>5:45 pm  | 11:30 am             | 11:30 am             |
| Preschool Level 3                       | 9:30 am<br>6:30 pm             | 5:00 pm            | 9:30 am<br>6:30 pm             | 1:15 pm<br>5:00 pm  | 12:15 pm             | 10:45 am             |
| Learn to Swim Level 1                   | 5:00 pm                        | 4:15 pm            | 5:00 pm                        | 4:15 pm             | 10:00 am<br>11:30 am | 10:00 am             |
| Learn to Swim Level 2                   | 4:15 pm                        |                    | 6:30 pm                        | 5:45 pm             | 10:00 am<br>10:45 am | 10:45 am<br>12:15 pm |
| Learn to Swim Level 3                   | 4:15 pm<br>6:30 pm             | 5:00 pm            | 4:15 pm                        | 5:00 pm             | 11:30 am             | 10:00 am<br>10:45am  |
| Learn to Swim Level 4                   | 5:00 pm                        |                    | 5:45 pm                        | 5:00 pm             | 10:45 am             | 11:30 am             |
| Learn to Swim Level 5                   | 5:45 pm                        |                    |                                |                     | 11:30 am             | 11:30 am             |
| Learn to Swim Level 6                   | 5:45 pm                        |                    |                                |                     |                      | 12:15 pm             |
| Beginner Adult                          |                                | 7:15 pm            |                                |                     |                      |                      |
| Intermediate Adult                      |                                | 8:00 pm            |                                |                     |                      |                      |

### REGISTRATION

Member: March 14..... Online 6:00 am | Walk-in 9:00 am  
 General Public: March 21 ..... Walk-in 9:00 am

### COST

Member .....\$66  
 Non-member .....\$102

Refunds will not be given at any time for programs cancelled by participants.

### CREDITS

Will be given with a doctor's note. Any cancellations after the start of the session will not receive a refund or credit.

## FREE Lesson Testing!

All swimmers must be tested.

*No appointment needed.*

12:00-2:00pm | Sunday, March 13



QUESTIONS?

Call the Program Desk  
215.968.0600 ext 112

AQUATOTS/ PARENT & CHILD LEVEL 1 | 30 mins.....6-18 mos  
Children will learn water skills and become more comfortable in the water.

WATER WIGGLERS/ PARENT & CHILD LEVEL 2 | 30 mins..... 18 mos-3 yrs  
Children will learn water skills and become more comfortable in the water.

PRESCHOOL LEVEL 1 | 40 mins.....almost 4-6 yrs  
Designed for children who have no swimming experience.

PRESCHOOL LEVEL 2 | 40 mins.....almost 4-6 yrs  
Designed for children who have limited swimming experience.

PRESCHOOL LEVEL 3 | 40 mins.....almost 4-6 yrs  
Designed for children who are comfortable swimming without a belt.

LEARN TO SWIM LEVEL 1 | 40 mins ..... almost 6 yrs and up  
Designed for children who have no to limited swimming experience.

LEARN TO SWIM LEVEL 2 | 40 mins ..... almost 6 yrs and up  
Designed for children who have limited ability to swim on their stomach and their back.

LEARN TO SWIM LEVEL 3 | 40 mins ..... almost 6 yrs and up  
Designed for children who are able to swim freestyle and backstroke.

LEARN TO SWIM LEVEL 4 | 40 mins ..... almost 6 yrs and up  
Designed for children who are able to swim freestyle and backstroke.

LEARN TO SWIM LEVEL 5 | 40 mins ..... almost 6 yrs and up  
Designed for children who are able to swim the free, back, breaststroke, elementary backstroke and have some knowledge about butterfly.

LEARN TO SWIM LEVEL 6 | 40 mins ..... almost 6 yrs and up  
Designed for children who are able fitness level swimmers with knowledge of all strokes.

BEGINNER ADULT | 40 mins .....16 yrs and up  
Designed for students who have no to limited swimming experience.

INTERMEDIATE ADULT | 40 mins.....16 yrs and up  
Designed for students who have moderate swimming experience and are working towards fitness level swimming.

## MANDATORY RULES FOR PARENTS AND CHILDREN

1. All children under the age of 5 MUST be accompanied by an adult into the water and remain there at all times.
2. All children under the age of 10 MUST be accompanied to the pool by an adult. Parents may sit on the pool deck or in the observation area and remain in view of the child at all times. Any child not accompanied by an adult will sit on the pool deck until the parent can be located.
3. All children between the ages of 11 and 13 are permitted to be in the pool area without a parent. Before the child enters the pool the parent must complete the "check in" book located near the lifeguard stand. Please be advised if there are any problems with an unaccompanied child the parent will be required to come and get them and sign them out. A child will not be released unless the parent is present.

These rules are designated for the safety of your children.  
There are NO exceptions.

### ATTIRE / EQUIPMENT

One piece bathing suit. Children who are not potty trained must wear a swim diaper in order to enter the pool. We suggest everyone shower before entering the pool. Flotation devices and goggles are welcome at the lifeguards' discretion.

### PARENT RESPONSIBILITY

Parents must check their child in with their instructor and remain in the building for the length of the entire lesson. To ensure the child's complete concentration during their lesson it is recommended that parents observe class from the observation area. Parents of children who are new to the program will be permitted on the deck until the child feels comfortable.

### ATTENDANCE POLICY

If your child misses two classes in a row without notification, she/he will be dropped from the class. Please call the office for any absences.

[attendance@newtownathletic.com](mailto:attendance@newtownathletic.com)