

OPTIMUM HEALTH VITAMINS

Product	Amount	Regular	Sale	Description	UPC/Code
Acetyl-L-Carnitine - 500mg	60 caps	\$ 16.99	\$ 13.99	Energy/Mental Alertness	510500843
	120 caps	\$ 29.99	\$ 24.99		89076 83817
Alpha Lipoic Acid - 200mg	120 caps	\$ 27.99	\$ 19.99	Energy Detoxification	89076 83427
Chromium Picolinate-200 mcg	100 caps	\$ 9.95	\$ 6.99	Blood Sugar Aid	89076 83897
Chromium Picolinate-500 mcg	100 caps	\$ 14.95	\$ 9.99		89076 83907
CoQ10 - 120 mg (Ubiquinone)	90 caps	\$ 29.99	\$ 23.99	Heart & Energy Support	89076 83477
DIM + D-Glucarate (DIM 150mg; Calcium D-Glucarate 200mg - Supports desirable estrogen metabolism and clearance)	60 caps	\$ 39.99	\$ 29.99	Estrogen Balance	89076 23871
GlucoTrim	180 caps	\$ 59.99	\$ 33.99	Blood Sugar & Appetite	9807683517
Ecomer TM (250mg Shark Liver Oil Extract, standardized for 50mg Alkylglycerol content)	120 caps	\$ 37.99	\$ 29.99	Immune & Respiratory Support	89076 36891
Grapeseed Extract 100mg (Activin TM - Guaranteed Toluene-free)	90 caps				89076 23891
	180 caps	\$ 21.99	\$ 16.99	Antioxidant Cell Support	89076 23901
Green Tea (Guaranteed 90mg EGCG, 75% Catechins, 80% Polyphenols, decaffeinated - not more than 2% [6mg] caffeine)	180 caps	\$ 33.99	\$ 19.99	Antioxidant Cell Support	89076 83547
R(+)-Alpha Lipoic Acid 200mg & CoEnzyme Q10 100mg	60 caps	\$ 39.99	\$ 27.99	Heart & Energy Support	89076 83487
IP6 & Inositol - Inocell TM capsules	260 caps	\$ 55.95	\$39.99 - ongoing	Healthy Cell & Immune Support	89076 23931
Opti-L-Ornithine (pure free-form)	100 caps	\$ 29.99	\$ 19.99	Ammonia	89076 68001
L-Tyrosine 500mg (pure free-form)	100 caps	\$ 29.99	\$ 19.99	Mood & Mental Alertness	89076 36921
Melatonin 3mg (capsule)	90 caps	\$ 9.99	\$ 6.99	Sleep Aid	89076 36901
Milk Thistle 250mg 80% Silymarin with 100mg Artichoke; 100mg Dandelion ; Vegetarian cap	120 caps	\$ 21.99	\$ 17.99	Liver & Digestion Support	89076 24001
Opti-Alkaline 550mg Citrate salts of Potassium, Magnesium and Calcium (Supports healthy pH balance)	120 caps	\$ 29.99	\$ 23.99	Balance Body pH	89076 23851
Opti-Ashwagandha 500mg 3:1 Extract 1.5% Withaferin A	60 caps	\$ 19.99	\$ 15.99	Adaptogen & Stress Support	89076 36981
Opti-Boron 3mg (from Boron Citrate)	90 caps	\$ 14.95	\$ 9.99	Mind, Bone and Hormone	89076 36931
Opti-Colon Cleanse hibiscus flower, psyllium husk, licorice root, peppermint, cascara sagrada, fennel, slippery elm, dandelion, rhodiola, corn silk	120 caps	\$ 19.99	\$ 14.99	Elimination Support	89076 23821

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Opti-Coral Calcium 250mg with magnesium citrate 175mg and Vit D3 150 I.U.	120 caps	\$ 24.99	\$ 19.99	Bone Support	89076 83447
	240 caps	\$ 39.99	\$ 33.99		89076 83457
Opti-Female Balance 700mg Wild Yam (10%) 200mg; Dong Quai (1%) 200mg; Vitex Extract (0.5%) 175mg; Maca (gelatinized) 125mg	90 caps	\$ 29.99	\$ 23.99	PMS & Hormone Support	89076 83497
Opti-IsoWhey - Natural flavour only Certified GMO-free	900 gm	\$ 49.99	\$ 39.99	Supports Muscle Recovery	89076 83747
Opti-L-Glutamine powder (Pure Pharmaceutical Grade)	500 g	\$ 34.99	\$ 27.99	Supports Muscle Recovery	89076 83507
Opti-L-Theanine 150mg (SunTheanine TM)	60 caps	\$ 21.99	\$21.99 - ongoing	Mental Calmness	89076 83837
Opti-Liv Each	120 caps	\$ 29.95	\$ 23.99	Liver & Digestion Support	89076 83727
Opti-Melatonin & Magnesium Melatonin 3mg; Elemental Magnesium 250mg (Bisglycinate 100mg; Citrate	60 caps	\$ 19.95	\$ 12.99	Sleep & Relax	89076 03106
	120 caps	\$ 29.99	\$ 19.99		89076 24011
Opti-NAC 500 mg	120 caps	\$ 24.99	\$ 19.99	Glutathione Precursor	89076 83617
Opti-Organic Oil of Oregano organic <i>Oreganum vulgare</i> in organic Olive Oil; 75% carvacrol	25 ml	\$ 16.99	\$ 14.99	Anti-microbial Immune Support	89076 36971
Opti-Selenium-200 mcg (from L-Selenomethionine)	100 caps	\$ 14.95	\$ 12.49	Antioxidant Cell Support	89076 83807
Opti-Slim Garcinia 470mg with Spirulina 125mg; Green Tea 75mg	100 caps	\$ 18.95	\$ 13.95	Appetite & Craving Reduction	89076 37001
	200 caps	\$ 29.99	\$ 23.99		89076 83527
Optimized Adrenal Balance (<i>Uplifting, Energizing, Calming</i>) Ashwagandha Root (1.5%) 250mg; Holy Basil (10:1 Extract) 200mg; Rhodiola (3%) 150mg; Panax ginseng (10%) 150mg	90 caps	\$ 33.99	\$ 27.99	Energy & Stress Support	89076 83767
Optimized Black Tea Extract	60 caps	\$ 29.99	\$ 19.99	Blood Lipids	89076 83887
Optimized Resveratrol (<i>Allergy Aid</i>) Trans-Resveratrol from Japanese Knotweed 50mg; Nettle Root (1%) 125mg; Quercetin (from onion) 100mg; Acai fruit 100mg; Pomegranite Extract (40%) 50mg; Grape Seed Extract (40:1, 90%) 25mg	60 caps	\$ 29.99	\$ 19.99	Healthy Cell Support	89076 83587
Pantothenic Acid 600mg	120 caps	\$ 16.99	\$13.49		89076 83877
Raspberry Ketone 100 mg	60 caps	\$ 16.99	\$13.49	Thermogenic Aid	89076 23951
Strontium 235mg (Strontium II Citrate)	90 caps	\$ 31.99	\$ 19.99	Bone Support	890770
MISCELLANEOUS					
Gen Force ENRG	90 caps	\$ 29.95	\$ 19.99	Memory Support	0510526987

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Odyssey Health Mental Energy	150 caps	\$ 39.99	\$ 29.99	Energy Support	890768