

# MILWAUKEE LUTHERAN HIGH SCHOOL

Summer Programs  
2016



Welcome to Red Knight Country!



Thank you for your interest in Milwaukee Lutheran High School! MLHS is part of the Lutheran High School Association of Greater Milwaukee.

Find more information about the schools and our mission here:

Milwaukee Lutheran: 414-461-6000 - [www.MilwaukeeLutheran.org](http://www.MilwaukeeLutheran.org)

LHSAGM: 414-421-9100 - [www.weteachtruth.org](http://www.weteachtruth.org)



LUTHERAN HIGH SCHOOL ASSOCIATION  
OF GREATER MILWAUKEE

[WeTeachTruth.org](http://WeTeachTruth.org)





# Summer Programs 2016

## OUTDOORS

### TENNIS CAMP - \$25

Have fun learning the basic skills and strategies of tennis! During this 4 day camp you will develop basic tennis fundamentals and strokes through a variety of drills, games, and competitive situations. Beginners are welcome and encouraged. Limited number of rackets available.

**July 5 – July 8** (Tuesday-Friday)

**Students entering Grades 2-6**

**8:30 AM - 10:00 AM**

Katie Leitermann: Varsity Tennis · Milwaukee Lutheran

### INTRODUCTION TO GOLF - \$65

Have you ever thought about learning to golf? This camp is intended for boys and girls who want to learn the basics about grip, stance, and swing techniques. The culminating activity will be a round of golf at the Madison Park Par Three Golf Course. Limited equipment available. Sign up for our one week camp.

**July 11 – July 15**

**Students entering Grades 3-6**

**9:00 AM - 11:00 AM**

**Students entering Grades 7-8**

**1:00 PM - 3:00 PM**

David Schlie: Varsity Golf · Milwaukee Lutheran

### THREE SPORT CAMP - \$300

(If you would like to attend just one portion of the camp - \$115)

The 3 sport camp is our most popular camp as it involves Baseball, Basketball, and Football. Participants have the opportunity to partake in CIRCUIT BASEBALL program, learn football skills from our varsity head coach, and top the day off with fine tuning their basketball skills. This is an all day, 5 day camp, where participants will develop skills in the different sports, with small breaks for snack and lunch.

### **June 27th - July 1st - Ages 9-13**

CIRCUIT BASEBALL  
(Arrival 8:00-8:30)  
8:00am-10:45am

SNACK/REST  
10:45am-11:00am

FOOTBALL  
11:00am-1:00pm

LUNCH  
1:00pm-1:30pm

BASKETBALL  
1:30pm-3:30pm



# Summer Programs 2016

# BASKETBALL

## GIRLS BASKETBALL CAMP - \$60

This camp will focus on the fundamental and necessary skills to be successful at the game of basketball. Ball handling, dribbling, shooting form and footwork will be taught and reinforced in drills and games. Players who have played up or on travel teams should indicate that on the registration form.

**June 20 – June 23**

**Girls entering Grades 3-6**

**8:30 AM - 10:00 AM**

**Girls entering Grades 7-9**

**10:30 AM - 12:30 PM**

Katie Leitermann: Varsity Girls' Basketball - Milwaukee Lutheran

## PRIMARY GRADES BASKETBALL CAMP - \$25

This three day camp session will provide a unique experience for primary grade children. The emphasis each day will be put on the skill development of the child. They will be taught how to jump, catch, and pass. These skills will then be applied to a simplified game of basketball.

Maximum of 30 students.

**June 21, June 23, & June 24**

**5:30 PM - 7:00 PM**

**Students entering Grades 1-4**

Jerad Luedtke: Assistant Athletic Director - Milwaukee Lutheran

## 5TH - 8TH GRADE BOYS' BASKETBALL CAMP - FREE

This one week basketball camp is designed to improve both offensive and defensive skills. Fundamentals will be stressed along with team play.

**July 18 - July 22**

**1:00 PM - 4:00 PM**

**Boys entering Grades 5-8**

Jim Datka: Varsity Boys Basketball - Milwaukee Lutheran





# Summer Programs 2016

## OTHERS

### SUMMER SPEED AND ATHLETIC DEVELOPMENT

**\$75 for non Milwaukee Lutheran Athletes**

**\$20 for Milwaukee Lutheran Athletes**

Join the summer Speed and Athletic Development program at Milwaukee Lutheran High School. This program is designed for participants to become better ATHLETES across ALL SPORTS. The purpose is to create a more fluid, agile and explosive athlete in all planes of athletic movement. We are accomplishing this by focusing on functional strength through sport-specific movements. This program is an offseason EXPECTATION for ALL Milwaukee Lutheran athletes. Listed below are the available time slots. Please include your preference on the registration form (you are not locked into this time only). Athletes should meet in the weight room for the first day of the program.

**June 6 - July 28** (Monday-Thursday, Fridays off)

**Session 1: 6:30 AM - 8:00 AM**

**Session 2: 8:00 AM - 9:30 AM**

**Session 3: 6:00 PM - 7:30 PM**

**Students entering Grades 8-12**

Erich Janousky: Varsity Football - Milwaukee Lutheran



### ELEMENTARY VOLLEYBALL CAMP - \$50

Volleyball camp for both boys and girls will help players improve basic skills and learn new techniques. Athletes receive fundamental instruction in passing, setting, attacking, serving, digging, blocking, and team offense and team defense.

**July 6 - July 8**

**6:00 PM - 8:00 PM**

**Students entering Grades 5-9**

Maynard Saugstad: Varsity Volleyball - Milwaukee Lutheran



# Summer Programs 2016

# BASEBALL

## **MINI CIRCUIT CAMP #1 - \$85**

June 13-17 (M-F: Friday is Parent Day)

Ages 6-8      Group #12    *Rookie*      10:30 AM – 12:30 PM

Ages 9-11    Group #11    *Advanced*    8:30 AM – 10:45 AM

## **MINI CIRCUIT CAMP #2 - \$85**

June 20-24 (M-F: Friday is Parent Day)

Ages 6-8      Group #21    *Rookie*      8:30 AM – 10:30 AM

Ages 9-11    Group #22    *Advanced*    10:15 AM – 12:30 PM

Ages 10-12   Group #23    *Challenge*   10:15 AM – 12:30 PM

## **MINI CIRCUIT CAMP #3 – \$85**

June 27-July 1 (M-F: Friday is Parent Day)

Ages 6-8      Group #33    *Rookie*      10:15 AM – 12:15 PM

Ages 9-11    Group #31    *Advanced*    8:30 AM – 10:45 AM

Ages 10-12   Group #32    *Challenge*    8:30 AM – 10:45 AM

## **CLASSIC CIRCUIT CAMP #4 - \$125**

July 6-15 (8 Days, W-F, M-F: Last Friday is Parent Day)

Ages 6-8      Group #41    *Rookie*      8:30 AM – 10:30 AM

Ages 9-11    Group #42    *Advanced*    10:15 AM – 12:15 PM

\*\*If you have questions about your child's readiness to participate in their age division or another age division, contact Coach Heinkel at [circuitbaseball@gmail.com](mailto:circuitbaseball@gmail.com)

ONLINE REGISTRATION FOR  
BASEBALL:  
[www.CircuitBaseball.org](http://www.CircuitBaseball.org)





# Summer Programs 2016

# SWIMMING

## SWIMMING - \$80

The Milwaukee Lutheran swimming program has long had a reputation as one of the finest instructional swimming programs in the area. Because of the small class size each student receives individual attention. Swimmers will be taught by a certified instructor. Please refer to the course descriptions for swimming levels. Minimum 4/Maximum 15 per class. Schedule may be adjusted to fit classes. (Note: Classes are all one week long classes 45 minutes each class, Monday through Friday.)

**Session 1 – June 13th - June 17th**

**Session 2 – June 20th - June 24th**

**Session 3 – June 27th - July 1st**

Class#	Time	Level
1	8:30am-9:15am	Level 1
2	8:30am-9:15am	Level 4
3	9:20am-10:05am	Level 2
4	9:20am-10:05am	Level 5
5	10:10am-10:55am	Level 3
6	10:10am-10:55am	Level 6

### Description of Levels:

Level 1 – *Water exploration:* At least 5 years old, has never taken swim lessons in the past or is uncomfortable with submerging face.

Level 2 – *Primary skills:* Comfortable in the water and can float with support

Level 3 – *Stroke readiness:* Can swim 5 yards front and back.

Level 4 – *Stroke development:* Can swim 10 yards (1 width of pool) of front and back crawl and elementary backstroke.

Level 5 – *Stroke refinement:* Can swim 25 yards (1 length of pool) of front and back crawl and elementary backstroke, demonstrate knowledge of breaststroke and sidestroke.

Level 6 – *Skill proficiency:* Can swim 50 yards of front and back crawl, elementary backstroke and sidestroke, can swim 4 lengths of the pool and back crawl, 25 yards of breast stroke, sidestroke, approach stroke and 10 yards of butterfly.

(Any questions please contact Jerad Luedtke at Milwaukee Lutheran High School)



# Summer Programs 2016

## OTHERS

(Note: These are NOT a part of our Summer Programs. Do NOT use this registration form to enroll in these options!)

### **BAND CAMP**

Band Camp is a seven day, six night camp, held at Camp LuWiSoMo (in Wild Rose, WI). Dates are July 24-July 30. Students currently in grades 5-9 with at least one year of experience are welcome to register. Through rehearsals, sectionals, Bible Study, devotions and other activities, students grow musically and spiritually throughout the week. Also part of the week is horseback riding, swimming, games, water park and other activities. Price is \$389 before April 15 or \$419 after April 15. Registration information can be found at [www.lutheranbandcamp.org](http://www.lutheranbandcamp.org).



**MILWAUKEE LUTHERAN HIGH SCHOOL SUMMER PROGRAMS REGISTRATION**

Please return this page with a check payable to *Milwaukee Lutheran High School* and mail to:

Milwaukee Lutheran High School  
Summer Programs  
9700 West Grantosa Drive  
Milwaukee, WI 53222

STUDENT \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_ EMAIL \_\_\_\_\_

PRIMARY PHONE \_\_\_\_\_ EMERGENCY PHONE \_\_\_\_\_

PARENTS NAME \_\_\_\_\_

SCHOOL YOU CURRENTLY ATTEND \_\_\_\_\_

GRADE 2016-17 SCHOOL YEAR \_\_\_\_\_ T-SHIRT SIZE (adult sizes) XS S M L XL (child sizes) S M L XL

Indicate below, the program each student will be attending. Please list ALL appropriate information.

PROGRAM	DATES/TIMES	SESSION#/CLASS#/GROUP#	COST
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

FAMILY DISCOUNT: \$5.00 may be deducted from the cost of each program if:  
1) an individual enrolls in 3 or more programs or 2) members of a family enroll in 3 or more programs. (Note: Basketball Leagues do not count toward the discount.)

**TOTAL COST: \$ \_\_\_\_\_ LESS DISCOUNT: \$ \_\_\_\_\_ = AMOUNT PAID: \$ \_\_\_\_\_**

**CHECK NUMBER:** \_\_\_\_\_

Release and Affirmation:

We hereby affirm that we are aware of the inherent risks and hazards of the program \_\_\_\_\_ and by signing this release certify that we are cognizant of those risks. We understand and agree that neither the Lutheran High School Association nor any of its employees and agents may be held liable in any way for any occurrence, including rescue operations, in connection with the course/camp which may result in injury, death or other damages to me or my family, heirs, or assigns, and in consideration of being allowed to participate in this camp, we hereby personally assume all risks in connection with said camp and activities related thereto for any harm, injury, or damage which may befall me and further to save and hold harmless the program, Lutheran High School Association, and all persons associated therewith from any claim by us, or our families, estates, heirs, or assigns arising out of enrollment and participation in this course.

This is signed by the camp participant and his or her legal guardian and parents with their consent. We understand that the terms herein are contractual and not a mere recital, and that this has been signed freely and voluntarily. It is the intent of the signers hereto to exempt and release the Lutheran High School Association and all of its agents and derivative damage caused by anyone's act, error, omission or negligence.

We have fully informed ourselves of the contents of this Release and Affirmation by reading and understanding it before we signed it.

MOTHER \_\_\_\_\_

FATHER \_\_\_\_\_

LEGAL GUARDIAN \_\_\_\_\_

STUDENT \_\_\_\_\_

# INFORMATION

**No confirmations will be sent. Children are in class unless notified.**

## **COURSE CANCELLATION POLICY:**

The Lutheran High School Association may find it necessary to cancel a specific summer program. When cancellation becomes necessary, those enrolled will be notified and a full refund of payments will be made.

## **REFUND POLICY:**

1. If a registered student withdraws from a summer program, any refund due will be based on the date the Lutheran High School Association receives notice of withdrawal.
  - Two weeks or more before the start of a program: Full refund.
  - Less than two weeks before the start of a program: 50% refund.
  - Day program starts or later: No refund.
2. Exceptions to the policy will normally be made only for documented injury or illness that prevents the individual from participating.
3. Following the start of a program, any refund for injury or illness will be prorated based on the days actually attended plus a \$10 administrative fee.
4. Trips, off-campus camps, and other special programs may have other refund policies included in their descriptive materials.

**For more information on Summer Programs, contact Jerad Luedtke at:**

Milwaukee Lutheran High School  
JLuedtke@MilwaukeeLutheran.org