

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DECEMBER 2016

Fairfield and Cottages

<p>Church Pick up: 4 8:45 9:05</p> <p>1:00 Federal Way Symphony *T\$ 2:00 Scenic Bus Ride *T</p>	<p>9:30 Shopping *T 5</p> <p>10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:30 Birthday celebration with Dan Roberts (Fit Room) 2:00 Mexican Train (Solarium)</p>	<p>AM Doctor Appointments 6</p> <p>12:30 Hearing Aid Cleaning (GHS Library) 1:00 Pinochle (Juice Bar) 1:30 Music with Victoria & violinist (Mtg Rm) 3:30 Happy Hour at The Rock *T \$</p>	<p>8:30 Men's Breakfast *T \$ 7</p> <p>9:00 Traveling Library (HS JB) 10:15 Zumba Gold (Fitness Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Pete Mazza (Fitness Rm) 1:30 Cribbage (Card Rm) 4:00 Roundtable (Fitness Rm) 6:45 Raffle Bingo (Fitness Rm)</p>	<p>PM Doctor Appointments 1</p> <p>10:00 Bible Study (Mtg Rm) 1:00 Pinochle (Juice Bar) 1:00-3:00 Avon with Mary (Solarium)</p>	<p>9:30 Shopping *T 2</p> <p>10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 2:00 Polynesian Christmas (Fitness Rm)</p>	<p>1:45 Bingo Bonanza (Fit Rm) 3</p>
<p>Church Pick up: 11 8:45 9:05</p> <p>1:00 Rainier Chorale in Kent 1:00 Scenic Bus Ride *T</p>	<p>9:30 Shopping *T 12</p> <p>10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:00 Walking at Roegner *T 1:30 Decorating of walkers and wheelies (Fitness Room) 2:00 Mexican Train (Solarium)</p>	<p>AM Doctor Appointments 13</p> <p>1:00 Pinochle (Juice Bar) 1:30 Saxophone player David Layton (Fit Rm) 4:00 Sunset Dinner at Vince's Restaurant *T</p>	<p>9:30 Ladies' Breakfast at Dixie's Home Cooking *T\$ 14</p> <p>10:15 Zumba Gold (Fitness Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Cribbage (Card Rm) 1:30 Music with Carol Hendrickson (Fitness Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fitness Rm)</p>	<p>PM Doctor Appointments 8</p> <p>10:00 Bible Study (Fitness Rm) 12:30 Book Club (Fitness Rm) 1:00 Pinochle (Juice Bar)</p>	<p>9:30 Shopping *T 9</p> <p>10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm)</p>	<p>11:00 Cantate Homeschool Choir (Fitness Room) 1:45 Bingo Bonanza (Fit Rm) 10</p>
<p>Church Pick up: 18 8:45 9:05</p> <p>1:30 Scenic Bus Ride *T</p>	<p>9:30 Shopping *T 19</p> <p>10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:00 Walking at Green River Trail *T 2:00 Mexican Train (Solarium)</p>	<p>AM Doctor Appointments 20</p> <p>1:00 Pinochle (Juice Bar) 1:00 Music with Ron Herring (Juice Bar) 2:00 Storyteller Debbie Dimitre (Fit Rm)</p>	<p>10:15 Zumba Gold (Fitness Rm) 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Cribbage (Card Rm) 2:00 Crumby Time (Juice Bar) 3:00 Whammo (Fitness Rm) 6:30 Spanaway Christmas Lights *T 6:45 Raffle Bingo (Fit Rm)</p>	<p>PM Doctor Appointments 15</p> <p>10:00 Bible Study (Mtg Rm) 1:00 Pinochle (Juice Bar) 2:00 Memoir booking signing with Elwin (JB)</p>	<p>9:30 Shopping *T 16</p> <p>9:00 Senior Foot Care (Mtg Rm) 10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 4:30 Perry Family Christmas Sing-a-long (Fitness Rm)</p>	<p>1:45 Bingo Bonanza (Fit Rm) 17</p> <p><i>Open House at the Wilkenson Cottage</i> <i>1:00-3:00 pm</i></p>
<p>Church Pick up: 25 8:45 9:05</p>	<p>9:30 Shopping *T 26</p> <p>10:15 Zumba Gold (Fit Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:00 Walking at Game Farm Park *T 2:00 Mexican Train (Solarium)</p>	<p>AM Doctor Appointments 27</p> <p>1:00 Pinochle (Juice Bar) 1:30 Music with Emmy Purainer (Fit Rm) 2:00 Let's Talk Soup (Mtg Rm)</p>	<p>10:15 Zumba Gold (Fit Rm) 28 11:00 Fitness (Fitness Rm) 12:00 Chair Chi (Fitness Rm) 1:30 Cribbage (Card Rm) 2:00 Activity Meeting with Fay (Fitness Rm) 3:00 Whammo (Fitness Rm) 6:45 Raffle Bingo (Fit Rm)</p>	<p>PM Doctor Appointments 22</p> <p>10:00 Bible Study (Mtg Rm) 1:00 Pinochle (Juice Bar)</p> <p><i>Winter Begins</i></p>	<p>9:30 Shopping *T 23</p> <p>10:15 Zumba Gold (Fit. Rm) 11:00 White Elephant Exchange (Fitness Rm) 1:00 Caregivers Support Group (Mtg Rm) 1:30 Bridge (Card Rm) 3:30 Jeopardy (Fitness Rm)</p>	<p>24</p> <p><i>Happy Holidays</i></p>
<p>Christmas Day First Day of Hanukkah</p>	<p>9:30 Shopping *T 30</p> <p>10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:30 Bridge (Card Rm) 3:30 Jeopardy (Fitness Rm)</p> <p><i>Kwanzaa Begins</i></p>	<p>AM Doctor Appointments 29</p> <p>1:00 Pinochle (Juice Bar) 2:00 Let's Talk Soup (Mtg Rm)</p>	<p>10:00 Bible Study (Mtg Rm) 29 1:00 Pinochle (Juice Bar) 6:30-8:30 Celebrate New Year's Eve with Jim and Beth Wulff (Fit Rm)</p>	<p>PM Doctor Appointments 29</p> <p>10:00 Bible Study (Mtg Rm) 1:00 Pinochle (Juice Bar) 6:30-8:30 Celebrate New Year's Eve with Jim and Beth Wulff (Fit Rm)</p>	<p>9:30 Shopping *T 30</p> <p>10:15 Zumba Gold (Fit. Rm) 11:00 Fitness (Fitness Rm) 12:00 Yoga (Fitness Rm) 1:30 Bridge (Card Rm) 3:30 Jeopardy (Fitness Rm)</p>	<p>1:45 Bingo Bonanza (Fit Rm) 31</p> <p><i>New Year's Eve</i></p>

Friday, December 2nd 2:00 pm- Polynesian Christmas in the Fitness Room.

Sunday, December 4th, 1:00 pm- Federal Way Symphony holiday concert. Cost is \$25.00 per resident. **Reservations needed.**

Monday, December 5th 1:30 pm- Celebrate December birthdays with Dan Roberts in the fitness room.

Tuesday, December 6th, 12:30 pm- Hearing Aid Cleaning in the GHS Library.
1:30 pm- Music with Victoria Kinkeade and violinist in the Meeting Room.
3:30 pm- Happy hour at The Rock. **Reservations needed.**

Wednesday, December 7th 8:30 am- Men's breakfast with Chris. **Reservations needed.**
1:30 pm- Current events with Pete Mazza in the Fitness Room.
4:00 pm- Roundtable in the Fitness Room.

Thursday, December 8th 12:30 pm- Book club in the fitness room.

Saturday, December 10th 11:00 am- Cantate homeschool Choir in the Fitness Room.

Sunday, December 11th 1:00 pm- Rainier Chorale at Kent United Methodist Church presents, "Winter Solstice". Tickets are \$18.00 per resident at the door. **Reservations needed.**

Monday, December 12th 1:00 pm- Walking at Roegner. **Reservations needed.**

Tuesday, December 13th 1:30 pm- Saxophone player, David Layton, will be here in the Fitness Room to perform Christmas music.
4:00 pm- Sunset Dinner at Vince's Restaurant. **Reservations needed.**

Wednesday, December 14th 9:30 am- Ladies breakfast at Dixie's *Home Cooking* in Sumner. **Reservations needed.**
1:30 pm- Music with Carol Hendrickson in the Fitness Room.

Friday, December 16th 9:00 am- Senior Foot care in the Meeting Room.
4:30 pm- Perry Family Christmas sing-a-long in the Fitness Room.

Monday, December 19th 1:00 pm- Walking at Green River Trail. **Reservations needed.**

Tuesday, December 20th 1:00 pm- Music with Ron Herring in the Juice Bar.
2:00 pm- Storyteller, Debbie Dimitre, performing in the Fitness Room.

Wednesday, December 21st 2:00 pm- Crumby Time in the Juice Bar.
6:30 pm- Spanaway Christmas Lights. **Reservations needed.**

Friday, December 23rd 11:00 am- White Elephant gift exchange with a Potluck Social.
1:00 pm- Caregivers Support Group in the Meeting Room.

Monday, December 26th 1:00 pm- Walking at Game Farm Park. **Reservations needed.**

Tuesday, December 27th 1:30 pm- Music with Emmy Purainer in the Fitness Room.
2:00 pm- "Let's Talk Soup" with Chef Michael in the Meeting Room.

Wednesday, December 28th 2:00 pm- Activity Meeting with Fay in the Fitness Room.

Thursday, December 29th 6:30 pm- Celebrate the New Year with Beth and Jim Wulff in the Fitness Room. **Reservations needed.**

Fairfield & Cottages December Activity Calendar

Bus Trips and Shopping

Please make reservations with the Front Desk 253-838-3700

Church pick-up	Sunday: 8:45 and 9:05
Local Doctor Appointments:	Tuesday: 9:00 am - 1:00 pm Thursday: 1:00 pm - 4:00 pm
Local morning shopping:	Monday: 9:30 am (Fred Meyer, WinCo, Banking) Friday: 9:30 am (320 th , Safeway, Walmarts)

Senior Foot Care Friday December 16th Meeting Room. Call front desk for reservations

Extras

Water Toning Postponed until further notice
Zumba Gold Monday–Wednesday–Friday 10:15 Fitness Room
Fitness Monday–Wednesday–Friday 11:00 Fitness Room
Yoga Monday and Friday 12:00 Fitness Room
Chair Chi Wednesday 12:00 Fitness Room
King Co. Traveling Library 1st Wed. of each month 9:00 Hearthside Juice Bar

Beauty Shop ~ 253-838-5987

Tuesday, Thursday & Friday Hearthside/Gardens Building

Bingo – Wednesday at 6:45 pm & Saturday at 1:45 pm in the Fitness Room

Birthday Party – Monday, December 5th at 1:30 pm. Celebrate birthdays in the Fairfield Fitness Room.

Cribbage – Wednesday at 1:30 pm in the Card Room.

Jeopardy – Friday at 3:30 pm in the Fitness Room.

Mexican Train – Monday at 2:00 pm in the Solarium.

Pinochle – Tuesday & Thursday at 1:00 pm in the Juice Bar

Whammo – Wednesday at 3:00 pm in the Fitness Room