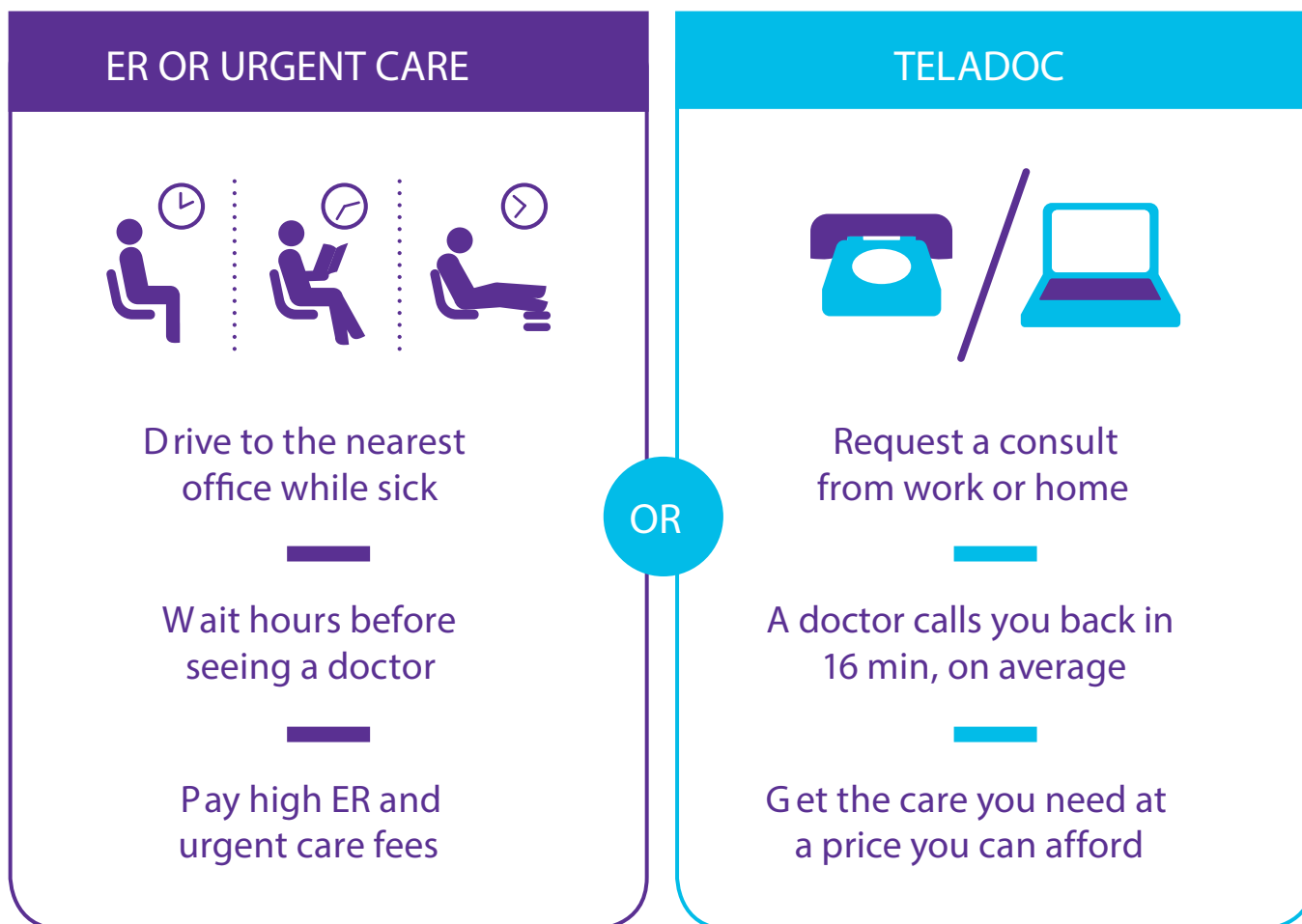


Before going to the ER give Teladoc® a call

Who wants to sit in a waiting room when they're feeling sick? Teladoc doctors are available to provide quality care through the convenience of phone or video consults, when your provider is not available. The next time you're sick, **consider your options:**



GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold and flu symptoms
- Allergies
- Bronchitis
- Skin problems
- Respiratory infection
- And more!

ACCESS TO HEALTHCARE WHENEVER AND WHEREVER YOU NEED IT

Call 1-800-Teladoc or visit teladoc.com

Visit the teladoc.com, click "Set up account" and provide the required information. You will need to enter in IU13 as the company name when registering. You can also call Teladoc for assistance over the phone.

YOU MUST REGISTER prior to calling Teladoc, so go ahead and register today. Then you're ready to go! **WHEN REGISTERING**, use IU13 as the "company name," when prompted.

*The QuadMed Health & Wellness Centers are available for IU13 employees and their dependents (ages 2 and up) who are currently participating in an IU13 medical plan.

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In select states, patient care is provided by an independent physician-owned corporation.