

COMPREHENSIVE PRIMARY CARE

Whether you'd like help managing a chronic condition such as high blood pressure, you need your annual physical, or you have a sore throat that needs immediate attention – we can help.

The QuadMed Health & Wellness Center offers a wide range of primary and acute care services for patients ages 2 and up*, including:

- Physicals such as annual, school and sports physicals
- Preventive health screenings
- Adult and pediatric immunizations (including flu shots)
- Lab services
- Treatment for illnesses and injuries such as sore throats, ear/eye infections, headaches, minor burns, coughs, cuts and contusions
- Weight and/or blood pressure checks
- Minor procedures such as removals of skin tags, moles and warts
- Personalized health and wellness coaching

** Available for IU13 employees and their dependents (ages 2 and up) who are currently participating in the IU13 medical plan.*

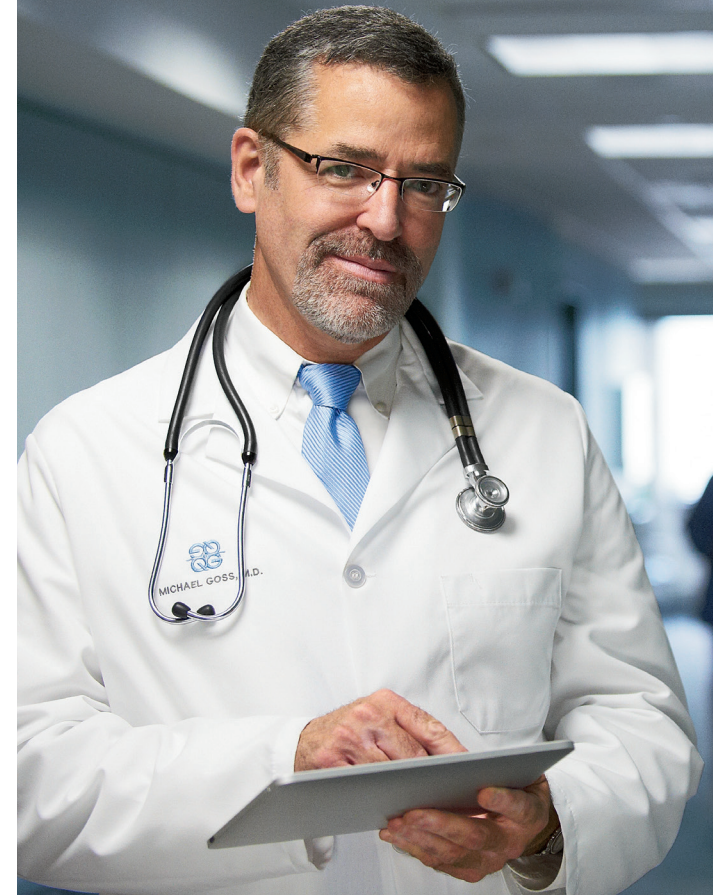


HEALTH & WELLNESS CENTER

QuadMed Lancaster
1042 New Holland Ave
Lancaster, PA 17601

QuadMed Lebanon
1126 Walnut Street, Suite B
Lebanon, PA 17042

888.417.1001 (p)
<https://secure.myquadmedical.com>



QuadMed Health & Wellness Centers



HEALTH & WELLNESS CENTER

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In select states, patient care is provided by an independent physician-owned corporation.



Taking Care of Yourself Just Got Easier.

**No more waiting weeks,
or even days, to see your
healthcare provider.**

Make your health a priority. The QuadMed Health & Wellness Center removes the “hassle-factor” of healthcare by offering you convenient, affordable primary care at or near your workplace!

HOLISTIC PATIENT-CENTERED CARE

Providers at the QuadMed Health & Wellness Center practice a holistic approach to your care. Appointments are scheduled for 20 to 40 minutes, so you and your provider have plenty of time to discuss both your immediate needs and your overall health status.

RATE YOUR CARE TO ENSURE HIGH QUALITY

Having a high-quality experience at the QuadMed Health & Wellness Center is as important as the convenience and affordability. At the end of every visit, you will get the chance to rate your overall satisfaction of care, ease of appointment, courtesy of staff, etc.

24/7 ONLINE ACCESS WITH MYQUADMED

Our secure patient portal gives you quick and easy access to all the tools you need to manage your health. You can schedule appointments, *secure message* with your QuadMed provider and access your personal health information. Visit <https://secure.myquadmedical.com> to get started.

ALL PATIENT CARE IS CONFIDENTIAL

Confidentiality is vital in a healthcare setting, and healthcare providers are held to strict patient confidentiality rules. All patient medical information will be maintained in the strictest confidence and is not accessible to your employer. Your health information is also protected by a federal law called “HIPAA” (Health Insurance Portability and Accountability Act of 1996).

HEALTH CENTER

TO SCHEDULE AN APPOINTMENT:

- Call 844.342.1754
- Visit <https://secure.myquadmedical.com>

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TO LEARN MORE about how the QuadMed Health & Wellness Center fits into the IU13 medical plan, contact Human Resources.

