

Blue light is the most harmful light to our eyes, and it's almost everywhere.^{1,2} Though it's impossible to completely avoid exposure to the harmful effects of blue light, there is something we can do to protect our eyes today, and maintain healthy vision for a lifetime.

Everywhere and Unavoidable

Nearly every light source—whether natural or artificial—emits blue light.¹⁻³ Our eyes are exposed to it all day long, both indoors and out, and at ever-increasing levels. While

some blue light is beneficial, helping to regulate our natural sleep/wake cycle, overexposure can have negative effect on our quality of vision.⁴⁻⁷

A Growing Concern

As our use of technology and digital devices increases, so does the risk of damage to our eyes.⁹ The fact is that all of us, from children to seniors, are exposing our eyes to more blue light, and more concentrated blue light, than ever before.^{8,9}

Blue Light Exposed

The damaging effects of harmful blue light don't go unnoticed. In the digital



Help!



Despite the discomfort of the short term effects of blue light exposure, the long term consequences of exposure to blue light pose an increasing health risk to consumers. The potential of retinal damage and reduced quality of vision have people open to seeking solutions.^{6-7, 12-13, 32-33}



of consumers over 40 cite eye health as their most prominent health concern—more important than even arthritis, bone health, stress, weight or high cholesterol.¹³ 70% of Americans use 2 or more devices at the same time. 75% of those people report experiencing symptoms of digital eye strain.⁹

Beat the Blue with FloraGLO®

Lutein and zeaxanthin are the only natural defenses our eyes have against harmful blue light and they are specifically deposited in our eyes to filter it.^{15,16+} Although lutein and zeaxanthin are naturally found in our diet, they're found in fruits and vegetables that most people don't consume enough of—leaving their eyes less protected and vulnerable.^{14,17,18}

Daily supplements with FloraGLO[®] Lutein offer a convenient way to get the lutein and zeaxanthin we need to help protect our eyes from the damaging effects of harmful blue light.[†]

As the concern over blue light exposure grows, stay ahead of the curve by offering your customers the eye protection they need with FloraGLO[®].





Seeing is Believing

FLORAGLO® FILTERS BLUE LIGHT

As shown below, higher levels of lutein provide greater protection against harmful blue light. Formulate with FloraGLO®—the lutein brand proven to increase lutein levels in the eye®—and address this increasing consumer need.³



Solution Observation: Blue light passes through the blue control solution.

Conclusion: The blue solution does not absorb blue light; even a relatively dark solution still allows blue light to pass through.



Observation: A dim blue spot of light appears on the white background.

Conclusion: Lutein can absorb blue light. The amount of blue light absorbed is directly related to lutein concentration.



Observation: No blue light spot visible on the white background.

Conclusion: Blue light is completely filtered by the lutein solution. The higher the concentration of lutein, the more blue light is absorbed.

SUGGESTED STRUCTURE FUNCTION

Helps protect eyes from the harmful effects of blue light [as they develop] $^{\rm 1.6,15,16,20-29}$

Naturally protects eyes from harmful blue light [as they age] [as they develop] $^{1.6,15,16,20\cdot29}$

Your eyes' natural defense against harmful blue light^{1,6,15,16,20-29}

Helps protect eyes from blue light exposure often associated with computer use $^{\rm 1.6,11,15,16,21\cdot30}$

Helps reduce eye fatigue that comes with prolonged exposure to blue light emitted by devices $^{1\!1,30}$

Filters blue light which may reduce damage to eyes as they $develop^{6,15,16,20-25,31}$

Choose a lutein brand that is patent protected.²⁰¹

FloraGLO[®] is the only lutein brand supported by a patent showing how lutein filters blue light to help protect our eyes.²⁰¹ That's a market opportunity you can leverage and eye protection your customers can rely on.



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Learn more at **beattheblue.com**

References available upon request.

- * The dosages described are not intended to be a recommendation for daily intake level of FloraGLO* Lutein. † These statements have not been evaluated by the Food and Drug Administration. This product is not intended to
- These statements have not been evaluated by the Food and Drug Administration. This product is not intended t diagnose, treat, cure, or prevent any disease.
- ‡ Kemin has a blue light patent covering three conditions for all ages; presbyopia, hyperopia, and astigmatism.





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