

Focus on: periodontal services

Both Hania Baranowska and Hans-Dieter John offer a wide range of periodontal treatments at our clinic, including: acute problems; aggressive forms of periodontal disease; non-responsive patients with deep periodontal pockets; mucogingival problems; interoral grafting; gum grafting and cosmetic gum reshaping.

When recession of the gingiva occurs, the body loses a natural defence against both bacterial penetration and trauma. Once the recession reaches the mucosa, gum reconstruction using grafting techniques is often the best treatment option for your patient.

Gum recession often results in root sensitivity to hot and cold foods as well as an unsightly lengthening of the tooth. Significant gum recession can also lead to root caries and root gouging. Covering the missing gum with a filling may help to alleviate sensitivity, but it will not solve the underlying recession.

During a gingival graft, a thin piece of tissue is taken from the roof of the mouth or gently moved over from adjacent areas to provide attached gingiva around the tooth. The gingival graft can be placed in such a way as to cover the exposed portion of the root. Gingival grafting is highly predictable and results in a stable, healthy band of attached tissue around the tooth.

Dr Hans-Dieter John has been providing gum grafting and cosmetic gum reshaping at our clinic since 2003. The case below was undertaken in 2009 and required three appointments after the initial consultation.



Figure 1. Prior to gum grafting



Figure 2. Immediately after surgery



Figure 3. Two weeks after surgery.



Figure 4. Review five months after surgery

Hans-Dieter John



I completed my postgraduate degree in Periodontics and Implant Dentistry at Indiana University School of Dentistry, USA in 1993.

My practice encompasses aesthetic dental implants – helping implant patients who have lost a significant

amount of bone through periodontal disease. I also undertake cosmetic periodontal procedures including gum grafts and improving aesthetics. If you would like to discuss a case before referring, I can be contacted on **01252 713797** or email info@elmsleighhouse.com

Hania Baranowska



I qualified at Guy's Hospital Dental School, London, having also obtained an intercalated degree in oral physiology. I completed my post-graduate degree in periodontology in 1987.

I am a specialist periodontist and I combine years of clinical experience with knowledge of the latest methods of periodontal diagnosis and treatment. If you would like to discuss a case before referring, I can be contacted on **01252 713797** or email info@elmsleighhouse.com