

# TRICK-OR-TREAT TIPS!



Trick-or-Treating should be fun for children but it is imperative they remain safe at all times. Parents can help ensure their child's safety by following some of these simple tips:



1. Costumes, masks and makeup - children's costumes should be well fitted, light enough to be seen in the dark (or have reflective tape on them) and should be flame resistant. Masks should be well-fitted and allow the wearer to have an unobstructed view of their surroundings. Prior to applying makeup on Halloween it is always a good idea to test it on the inside of a child's wrist for potential allergic reactions.



2. Carrying items while traveling - children of all ages should avoid carrying cell phones or other electronic devices while traveling to keep their hands free and to avoid the potential of the item being lost. It is generally a good idea for a child to carry a flashlight or glow-stick for safety and reflective tape should be put on their goodie-bags.



3. Traveling safely from place to place - children should be encouraged to travel with at least one other person if they are not accompanied by a parent. There is a better chance of staying safe when traveling in groups. It is also important that parents remind children to avoid strangers in vehicles on Halloween. Avoiding walking in roadways is also something to remind your children about.



4. Finding safe homes - it is important to warn children to avoid homes that are not well-lit. Homes with decorations but no lights inside could be a sign of trouble. Avoiding homes that are poorly lit can help keep children safe. Generally, an outside light is a good indication that trick-or-treaters are welcome.



5. Treat safety - children of all ages should be reminded to not eat any treats prior to arriving back at home. Once at home, parents should take the time to carefully inspect treats for tampering. Children should also avoid over-eating sweets, especially too close to bedtime.

Halloween is meant to be a fun time for children of all ages. These simple safety tips can help ensure your child has fun and stays safe

Happy Halloween