

Spring 2016

Caring **SHARING**

Contributing to the Wholeness
of Body, Mind and Spirit



PRESBYTERIAN
SENIOR LIVING

A publication of Presbyterian Senior Living

Investment Strategies



In this time of volatility in the financial markets, there is much talk about the need for a personal financial investment strategy to preserve and grow resources for current and future needs. There are many ways to accomplish this goal, and many people who provide advice on this subject.

For Presbyterian Senior Living (PSL), the question of an investment strategy extends beyond a traditional portfolio of stocks, bonds, and alternative investments.

A standing committee of the PSL board is charged with oversight of investments including outside counsel to handle the daily management responsibilities. But this is only the tip of the iceberg. Of equal or greater importance is how we invest in the future of PSL to remain a vital ministry in the coming years.

What do some of these investments look like?

- A program to renovate and reposition PSL nursing centers that are conducive to short term rehabilitation and person-centered care for those who need ongoing support in a home-like environment.
- Creation of a small house model of personal care to provide a family-like setting for residents needing memory support or help with activities of daily living.
- Expansion of affordable housing options for seniors with limited incomes.
- Support systems like care coordinators and in-home services for independent living seniors to enable them to remain as independent as possible in their own apartments.
- Partnerships with other health care providers to foster improvements in community health.

In addition to financial commitments, there are investments of time and energy, the engagement of donors and the communities we serve, and the attention of board and staff leadership to develop a plan for the future.

Creating and sustaining a dynamic ministry designed to care for seniors does not happen by accident. PSL has been blessed with people who have invested wisely over the years. This includes donors, whose vision and generosity have established new campus locations and services, volunteers whose time and attention have shaped the culture of care and compassion of the entire organization, and the staff who turn the mission of PSL into reality on a daily basis.

The return on these investments can be seen on the faces of people we serve — when health is restored, compassion and comfort provided to those experiencing pain and loss, joy and sense of community are discovered through new friendships, and meaningful life experiences become a part of daily living.

We invite you to become an investor in the mission and ministry of Presbyterian Senior Living. The returns are truly life changing!

Stephen Proctor, President & CEO

Chaplain's Corner



"The night was dark and stormy..." is a cliché and a caricature of bad fiction, but mine is a true story that really did take place on a dark and stormy night, on an oil rig, in the middle of the North Sea.

It was the midnight-to-noon shift, and, as I came on deck that night, the day shift was buzzing about an accident earlier that day which had claimed the life of a crew member. As derrick hand, I spent the night at my solitary perch 90 feet above the drill floor moving pipe stands into place. From that height, I could see lights and hear whistles of boats searching (in vain, sadly) for his body.

Throughout the night, I kept thinking — "He could have had my job, and I could have had his. He could be alive, and I could be dead." And then, as if someone spoke the words directly to me out of the darkness, this question fixed itself in my mind: "Where would you be a minute after you woke up dead?"

I had no answer. True, I'd been a naval flight officer, with all its danger, but I didn't focus on dying — at age 26, I was too busy living. Death, to my thinking, was something I'd have to deal with in the future. Then that night shattered my complacent thinking with the question that confronts not only me, but also every person who lives: "Where will you be a minute after you wake up dead?"

That's not really a question about individual lives, but about the meaning and purpose of life itself — in the words of the 1960's song, "What's It All About, Alfie?" The Bible's answer is that life is meant for an eternal personal relationship with God, our Creator. John 3:16 declares: "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

The resurrection of Jesus Christ, which we celebrate at Easter, gives a definitive answer to the question of our dark and stormy nights — in the Apostle Paul's words: "Christ has indeed been raised from the dead ...in Christ all will be made alive. But each in his own turn: Christ, the firstfruits; then, when he comes, those who belong to him" (1 Cor. 15:20-23). "The sure and certain hope of the resurrection from the dead," which our Christian faith declares, is the legacy of those who belong to Christ.

That certain hope, by God's grace, turned the darkness of my long-ago stormy night into the light of a joyful day through Jesus Christ, the Savior, who has been my Friend now for 40 years. No matter what storms you may be facing or how dark your present situation, I pray that Christian understanding and compassion may enable you to live with confidence and joy in the light of the grace of God in Christ.

Rev. Dan Stewart, Senior Chaplain

It's a Labor of Love for the Green Ridge Village Sunshine Girls



As the room fills with eager participants on a cold winter's day, Peg Bridge and the "Sunshine Girls" smile and encourage everyone to find a place at the tables to sit and prepare to create a colorful, fresh flower arrangement. Peg and the ladies have been volunteering their time, talents and energy to provide quality experiences for residents who live in the Swaim Health Center or in the Manor House at Green Ridge Village located in Newville, PA. Many of the residents used to love to garden and some even had floral shops. Peg says the experience of holding a fresh flower and arranging it into something beautiful is almost a spiritual experience for some people.

Peg and the eight volunteers she has recruited over the years meet in her home to plan when and what they are going to create with the residents. They discuss and determine the time of year; usually a time for each season is chosen. A theme, such as

St. Patrick's Day or special materials that may be needed are planned. They are a very democratic group of ladies. They then donate and deliver the rest of the supplies and flowers to the residents and assist them with the construction of the centerpieces. Sometimes they use teacups donated by the GRV Thrift Shop instead of vases, sometimes they use clean tuna fish cans with fresh oasis to hold the water and keep the arrangements looking fresh and beautiful. Also, they have gained permission to clip boxwood and other evergreens from the First Presbyterian Church hedges located in Newville for this project.

After they complete their centerpieces, the Sunshine Girls lead the participants in a sing-a-long. Depending on the time of year, it may be the old patriotic songs, summer tunes or Christmas carols. The residents enjoy singing and this is a much loved part of the experience for everyone.

The Sunshine Girls note that volunteering in this way brightens their lives and brings each of them great satisfaction by giving back to others.

"Flowers seem intended for the solace of ordinary humanity."

—John Ruskin



Piano Donations – The Glen Meadows' Foundation at Work!



Edith Brown at the cello and Ellen Libis at the piano in the Atrium.

The Glen Meadows' Foundation meets to review the financial report of the Foundation and to discuss the needs of the Glen Meadows community located in Glen Arm, MD. They determine what action can be taken to improve the quality of life for everyone living at the community. The board consists of Glen Meadows' residents and staff, people from the external community and is supported by representatives of the Presbyterian Senior Living corporate office. During a meeting last year, Executive Director, Pete Dabbenigno mentioned that there was a need for a new piano in Assisted Living.

The Foundation board decided to set aside some money to purchase a piano and resident Claude Libis along with Community Life Coordinator Heather Kennedy and Mission Support Area Director Sue Barthalow researched the costs for a new or used upright piano. They discovered the cost was going to be between \$3,000 and \$5,000 for a used upright piano. At that same meeting, resident Bette Leigh Knutson made a suggestion to contact the renowned Peabody Institute in nearby Baltimore, MD and see if they had any pianos that they could donate to Glen Meadows.

So, contact was made with Peabody in search of a quality piano. Sue was quite surprised when her Peabody contact put her in touch with not one, not two, but three different people who had contacted Peabody about donating their personal pianos. The amazing thing was that one of the donors was moving into Glen Meadows, one of the donors was the daughter of a resident and the other donor lived less than three miles from the community! The Peabody Institute did not need these pianos so they invited Sue to contact these three people and ask them to donate them to Glen Meadows instead and all three agreed! So, the Glen Meadows' maintenance staff picked up the pianos and one piano was placed in each level of living for everyone to enjoy. One piano was placed in the Atrium, one in Assisted Living and one in the Health Center. The entertainment and joy these pianos have provided is beyond measuring as everyone at Glen Meadows loves to hear them played, sing along with them or play the pianos themselves. Thanks to the combined efforts of the Glen Meadows' Foundation members, they can!



Compassionate Touch®

Since September 2015, the Presbyterian Village at Hollidaysburg has been offering a new service to residents – Compassionate Touch®. While caring for others is a very natural thing, Compassionate Touch® uses specific, science-based techniques. Focused touch, hand massage, slow-stroke back massage and foot massage all help to decrease agitation and restlessness, aid sleep and promote relaxation. It is a gift of presence that is soothing and calming.

Albert Schweitzer wrote, "The purpose of human life is to serve, and to show compassion and the will to help others." Paul wrote in 2 Corinthians 1:3-4, "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."

Volunteer Jean S. is a Compassionate Touch® provider. She is a daughter, a mother, a wife, a grandmother – and a gift of presence to those around her. Her daily prayer includes, "Please don't let me miss anything you want me to do today." She has her own health issues, but that does not stop her from accepting God's agenda as the direction for her life.

As she sits with residents providing her special touch, conversation may center on sharing the story of life or gardening (she has 10 flower beds plus a vegetable garden) or simple silence may be shared.

Compassionate Touch® is a way to ease pain and discomfort and communicate support. Jean's presence does just that.

For more information on Compassionate Touch®, visit: www.ageucate.com.

"The most precious gift we can offer others is our presence."

–Thich Nhat Hahn



Soup's On at Kirkland Village

The Masterpiece Living Committee at Kirkland Village had a fun idea to bring people together during the cold winter months – a soup making and tasting contest. Based on the successes of a previous chili cook off and tasting, they were right. The kitchen supplied an onion, carrots, beans and celery to all of the participants who registered.

The competition was fierce with 10 soups entered. The participating cooks included employees, two health center residents including a resident's daughter, and a personal care resident. More than 50 people attended to taste the soups. Some of the submissions included – ham and bean soup, pumpkin curry soup with roasted pumpkin seeds, borscht, potato and cheese soup, and venison minestrone. Some were so popular that they ran out of their supply.

All of the tasters were invited to submit a ballot with their top choices in the following categories – people's choice, most unique, most colorful, and healthiest.

Overall, it was a great turnout with residents and staff, with a lot of lunchtime conversation, and folks gathering around to taste and compare the soups. Sounds like a delicious combination!



Here are the winners:

Most Unique – Gary Toscano
Venison Minestrone

Most Healthy – Nichole Verret,
Ham and Bean

Most Colorful – Carol Repsher
Beef Stew

People's Choice – Bill Haiduk
Borscht



Blindness Opens Eyes and Teaches Life Lessons at St. Andrew's Village



Brenda Bullers, Community Life Director at St. Andrew's Village, feels privileged to meet special people who touch her life in meaningful ways. One such person is Judy Spiotta. Judy is one of those people that lives life to the fullest.

Brenda first met Judy when Judy was a volunteer at St. Andrew's Village. Judy and her husband were part of a hymn sing group that visits St. Andrew's monthly. Brenda explains, "I never spoke to Judy because I was unsure how to start the conversation. I had never interacted with anyone who was blind."

Judy became a resident in short-term rehab. Brenda said, "I overheard her voice coming from the hallway. Judy was speaking to a staff member that she recognized her voice from a previous stay at St. Andrew's over 12 years ago. I was amazed to learn that Judy had recognized her voice even after all those years. Soon after, I met with Judy to discuss her interests and learned that she is very active. She enjoys a variety of activities from bingo to church, housework and cooking for her husband."

"As I gathered her history, I was shocked to learn of all she is involved in even though she is blind."

Judy was born premature and became blind as an infant. Judy attended school for the blind and learned how to read. She met her husband, Jerry, at a camp for the blind. Judy and Jerry are both visually impaired. It's hard to imagine how they handle everyday challenges; how do they do the laundry, cook dinner, count money, or do household chores? Judy explains that she and her husband have friends and family to help with shopping and other needs, but that she and her husband handle most things independently. Judy has several visual aides to help her with everyday living. She has a talking watch to help her keep a routine, and a talking microwave to help her prepare meals. Judy belongs to a support group which allows the visually impaired to engage in social networking through the exchange of voice messages. Through their cable provider, they have a box connected to their TV that gives them a talking description of TV programs being played. In her spare time, Judy listens to talking books on her digital player provided by the Library for the Blind. Judy's sense of humor and happy go lucky spirit shows that residents with disabilities can remain active as well as any other individual.

Judy is motivated to do well in therapy so she is able to go home and continue her daily routine. Judy states, "My stay at St. Andrew's has been wonderful. The nurse aides are patient with me, therapy is great, and I enjoy being able to attend the activities with my husband Jerry."

Judy asks others to treat the blind with the same respect as anyone else. She believes that common courtesies are important to remember such as knocking before entering a resident's room, announcing yourself and saying goodbye when leaving. Brenda states, "It's amazing how people without sight can help us to see things we never see. After talking with Judy, I realize people with disabilities have many abilities and can achieve many things despite visual impairment or blindness." Judy is living proof that absence of eyesight does not mean an absence of a productive and fulfilling life.





Ware Auxiliary...Always Spreading Cheer!

Ware Auxiliary President, Julie DiVittorio was shopping for items for the Auxiliary project known as “Santa Sack” when she spotted some stretchy, sparkly bracelets. She began picking some out and putting them on her wrist and arm to see them better and decide which ones she liked. As she had so many on her arm and a shopping cart loaded with other items, other shoppers in line became curious as to what she was doing and why she needed so many items. So, Julie explained to them that she was shopping for the residents at the Oxford Health Center, part of Ware Presbyterian Village in Oxford, PA.

She explained to the curious onlookers, that the Santa Sack project provides an in-house “shopping” opportunity for the personal care and health center residents to select items and give them as Christmas presents to their family and friends. They do not pay for the items as they are donated by the Auxiliary, but they get the experience and the joy of shopping for loved ones and the opportunity to provide them with Christmas gifts. The items that the Auxiliary donates change from year to year; but small gifts such as compact umbrellas, ties, mini flashlights, hats, socks,

scarves, gloves, ice scrapers, dish towels, earmuffs, oven mitts, magnetic note pads, boxes of candy, hand soap and Christmas tree ornaments provide a nice selection for the residents as they shop.

The Auxiliary budgets approximately \$1,200 every year to buy approximately 500 gifts and what is not purchased is stored and brought back out the next year. Their annual fundraiser known as the “Bakeless Bake Sale” is used specifically to support this project.

This past year a mother who lives in the health center came to shop at the Santa Sack with her two daughters. When the daughters saw the dish towels, their eyes started to mist because for many years their Mom had given them both a set of dish towels for Christmas. Sure enough, that’s what their Mom picked out for them and thanks to the Ware Auxiliary’s generosity, that’s what she was able to give to her daughters again.

By the way...after hearing Julie’s explanation about the project, two of the shoppers at the store each donated a bag of the sparkly bracelets to Santa’s Sack.



Breaking Down the Silos at Westminster Woods

As part of the Masterpiece Living initiative, a goal at Westminster Woods at Huntingdon is to encourage staff to recognize the difference between their “job” and their “role” with the residents they serve. Being task-oriented is great, but more importantly it is how we accomplish daily tasks. However, too often we find ourselves so busy to finish our tasks that we miss the incredible opportunities that exist for us to share our talents and time with the residents we serve.

With that in mind, staff members at the community are encouraged to attend group events with the residents, such as the Oktoberfest, the Ice Cream Social, WinterFest, and more. Seeing the maintenance men eating wedding cake with the residents at our Bridal Show was a sight to behold! However, it’s not just the special activities; staff is encouraged to spend quality time with the residents.

Recently, the Housekeeping Supervisor at Westminster Woods,

Shary Brumbaugh, made time to spend with resident Elwood “Woody” Stitt in the Healthcare Center. Both Woody and Shary have artistic abilities and they joined to decorate the dining room windows. As Valentine’s Day approached, the two worked steadily at the windows painting hearts and cupids as decoration. Currently, they are working on shamrocks for March. Both of them wear broad smiles as they work. Woody is a farmer by trade and since becoming a resident he has the time to tap into his artistic side. Shary is helping him do this. This also gives Shary an opportunity to see Woody on a different level – not in her “job” as housekeeper, but in her “role” as his artistic partner. This project is a two-way street when the benefits are calculated.

As Westminster Woods continues its journey of successful aging, more opportunities like the one Woody and Shary share are available to the staff and residents of the community. Stay tuned...

It's Never 2 Late™ at the Adult Day Services at Westminster Village

The Adult Day Services at Westminster Village at Allentown has served the community for more than 25 years. A full day of socialization, activities, meals, snacks, and a selection of other services are provided to an average of 35 participants. Family members of participants appreciate knowing their loved ones are safe while participants enjoy the interaction with others.

Unlike other adult day programs, wholeness of body, mind, and spirit is at the very heart of what we do. Because each person has a unique set of circumstances, participants enjoy amenities catered to their individual care needs. One tool available is the It's Never 2 Late™ (IN2L) system. According to Director, Jane Alwalah, "IN2L is making a big impact on the participants we serve. There are many benefits to using the system, but one in particular is that there is an increase in attendance."

IN2L is an adaptive computer system designed to encourage seniors to utilize customized programs. This program embraces the philosophy of person-centered care by empowering the participants to self-direct their own activities, therapies, and other programming.

Kris Schrameyer, program coordinator, shared some of the benefits she sees with IN2L including,

- The engagement of the participants with each other; increased interaction.
- An increased ability by the participants to reminisce.
- Some parts of the system offer a soothing opportunity to relax and decompress.

Ms. Schrameyer told of a participant, Dolores, who is in late-stage dementia. "Dolores was in front of the screen with the game Bubble Pop on it. The objective of the activity is simple – to blast as many bubbles as possible. Keeping score isn't important, but hearing the laughter and enjoyment coming from Dolores was amazing. Dolores never participates in anything, but to hear her laughing hysterically as she chased the bubbles was meaningful."

Ms. Alwalah shared a story of participants after they viewed the old television show, *The Little Rascals*. "I was in my office and overheard the group sharing memories following the end of the show. One participant recalled the time her young son after watching the show attempted to do what the characters on the show did. It didn't go well for him and he was punished for it. The conversation continued for 15 to 20 minutes." She explained that this was highly unusual; watching the show triggered their memories and they were able to share with each other.

There are many facets to the system, including exercise, sing-a-longs, old comedies, stories and more. The participants love it. It's used so much they would appreciate funding to purchase a second system. For more information about the Adult Day Services or the IN2L system, please contact Jane Alwalah at 610-782-8300 or by email, jalwalah@psl.org.



Symbolizing the Mission at Quincy Village



Bob Davis, an independent living resident, moved to Quincy Village from Indianapolis with his wife, Donna Brandmeyer almost three years ago. Prior to their move east, they enjoyed picking wild berries and making different jams. With that in mind, they evolved that interest into getting involved in a very large community volunteer project of gleaning (gathering leftover grain/produce after harvesting).

Bob creates, sends, and forwards emails to recruit others to help throughout the year. Recently, 25 happy volunteers picked 3,600 pounds of apples in less than two hours. This is an absolutely amazing undertaking. The project works in phases. Phase one is gleaning the actual food. Phase two is getting the food to those in need.

During one event of The Gleaning Project of South Central PA, 13 low-income volunteers blanched, sliced, and bagged about 100 pounds of peaches. Everyone was able to take at least six quarts home to freeze and enjoy thru the winter. This group gets together and cans and even had a chili cook-off. Food gets left in the field for all kinds of reasons. Mechanical harvesting misses a lot and often the crops aren't pretty enough for supermarket shelves. Volunteers like Bob are just what the project needs, free labor and a heart of gold with an on-going interest in recruiting (team members and residents alike). He shares the stories, photos and opportunities. Bob even created his own contraption of a picker to reach fruit that is much higher on the tree than his arms or legs would reach.

Volunteering in such a selfless way to give to those in need and with the efforts of so many involved is what truly makes Franklin County a great place to live and call Quincy Village Home!

Music is in the Air at Quincy Village



Throughout the campus at Quincy Village, musical opportunities exist. From individual residents being reunited with instruments that they used to play to two or more residents gathering for a jam session, music is being enjoyed and shared.

The Music Program started in 2014 when a box of vintage sheet music was donated by a local person who was downsizing and wanted the music to be appreciated and enjoyed by others. A committee was formed to oversee the music library, accept donations of additional sheet music, and promote music in general as a means of personal enjoyment. The committee provides opportunities for playing with other musicians and for the enjoyment of the community at large. Also, it has arranged for minor repairs to resident's instruments, and in some cases provided instruction.



Music offers a tremendous therapeutic benefit and opportunity for socialization. The committee began collecting a few instruments for specific people who showed interest in re-visiting musical skills they once enjoyed. Other residents donated instruments that they were physically unable to continue to play because of physical limitations, but were introduced to new instruments from the collection.

The inventory of available instruments and sheet music continues to grow and offer a wide variety of musical opportunities through the loan program. The collection of more than forty instruments includes guitars, banjos, bass guitar and amplifier, drums, tone block, triangle, electronic portable keyboards, autoharp, clarinet, ukulele, cornet, pan flute and others.

Special events, such as the annual "Evening of Music," showcase the talents of residents. In addition, jam sessions occur, either planned or happen spontaneously, for resident musicians to meet and play their instruments together.

Opportunities offered by The Quincy Village Music Committee are funded by donations from interested residents and friends who recognize the tremendous impact this program has made on individuals. The program serves as an outlet for those with musical talents to play for themselves or the benefit of others. For more information, please contact Laura Glass at 717-749-2300.

Our Locations

ALLENTOWN, PA
Westminster Village
803 North Wahneta Street
Allentown, PA 18109-2491
(610) 782-8300
www.wmvallestown.org

BALTIMORE, MD
Heritage Run at Stadium Place
1080 East 33rd Street
Baltimore, MD 21218-3636
(410) 639-4663
www.heritagelrun.org

BETHLEHEM, PA
Kirkland Village
One Kirkland Village Circle
Bethlehem, PA 18017-3846
(610) 691-4500
www.kirklandvillage.org

BLOOMSBURG, PA
Westminster Place at Bloomsburg
100 Westminster Drive • Suite 100
Bloomsburg, PA 17815-1279
(570) 317-2644
www.westminsterplacebloomsburg.org

CRESO, PA
The Shepherds in Monroe County
827 Wisteria Commons
Cresco, PA 18326
(570) 595-7856
www.wisteriacommmons.org
www.theoaksapartments.org
www.hawksnestapartments.org

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Dillsburg, PA 17019-8522
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(717) 432-1680
www.moyerhouse.org

Schartner House
1271 Gettysburg Pike
Dillsburg, PA 17019-9404
(717) 432-1670
www.schartnerhouse.org

Westminster Place at Carroll Village
Two Trinity Drive West
Dillsburg, PA 17019-9404
(717) 432-1670
www.carrollvillage.org

DOVER, DE
Westminster Village
191 Westminster Drive
Dover, DE 19904-2268
(302) 744-3600
www.wmvdover.org

EASTON, PA
The Easton Home
1022 Northampton Street
Easton, PA 18042-4292
(610) 250-5000
www.eastonhome.org

GLEN ARM, MD
Glen Meadows Retirement Community
11630 Glen Arm Road
Glen Arm, MD 21057-9403
(410) 319-5000
www.glenmeadows.org

HARRISBURG, PA
Presbyterian Apartments
322 North Second Street
Harrisburg, PA 17101-1359
(717) 233-5114
www.presbyterianapartments.org

HOLLIDAYSBURG, PA
Presbyterian Village at Hollidaysburg
220 Newry Street
Hollidaysburg, PA 16648-1626
(814) 693-4000
www.hollidaysburgretirement.org

HUNTINGDON, PA
Westminster Woods at Huntingdon
360 Westminster Drive
Huntingdon, PA 16652-2737
(814) 644-2000
www.westminsterretirement.org

INDIANA, PA
Grace Manor
580 North Ninth Street
Indiana, PA 15701-1228
(724) 464-1600
www.standrewsvillage.org

St. Andrew's Village
1155 Indian Springs Road
Indiana, PA 15701-3494
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www.standrewsvillage.org

LANCASTER, PA
The Long Community at Highland
600 East Roseville Road
Lancaster, PA 17601-4236
(717) 381-4900
www.longcommunityhighland.org

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MECHANICSBURG, PA
Silver Spring Courtyards
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www.silverpringcourtyards.org

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(717) 591-1918
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(717) 776-8200
www.greenridgevillage.org

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7 East Locust Street
Oxford, PA 19363-1399
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www.warepresbyterian.org

PARKEsburg, PA
Westminster Place at Parkesburg
320 W. First Avenue
Parkesburg, PA 19365-1279
(610) 857-1416
www.westminsterplaceparkesburg.org

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600 East Cathedral Road
Philadelphia, PA 19128-1933
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www.shrewsburycourtyards2.org

ST. CLAIRSVILLE, OH
Mark H. Kennedy Park
108 Pine Avenue
St. Clairsville, OH 43950-9739
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WAYNESBORO, PA
Quincy Village
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(717) 749-2300
www.quincylvillage.org

Wesley House at Quincy Village
6575 Orphanage Road
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Presbyterian Home at Williamsport
810 Louisa Street
Williamsport, PA 17701-3098
(570) 601-8350
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YORK, PA
Springwood Overlook
2330 Freedom Way
York, PA 17402-8262
(717) 741-4225
www.springwoodoverlook.org

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17 Theater Lane
York, PA 17402-2657
(717) 718-7777
www.stonybrookgardens.org

Westminster Place at Queen Street
150 Pauline Drive
York, PA 17402
(717) 741-2368
www.wpyork.org

Our Mission

Presbyterian Senior Living's mission is to offer Christian understanding, compassion and a sense of belonging to promote wholeness of body, mind and spirit.

It is our policy to admit residents without regard to race, color, national origin, age, ancestry, sex, religious creed, handicap or disability.



Presbyterian Senior Living is proud to be a not-for-profit provider, placing "people before profits."

Financial stewardship, ours and yours, is essential to support Presbyterian Senior Living's ministry of compassion.

Steve Navitsky, Editorial Director

Laurel Spagnolo, Editorial Coordinator

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CHANGE SERVICE REQUESTED



Mark Your Calendar

PRESBYTERIAN HOMES FOUNDATION 15th ANNUAL GOLF OUTING

Monday, May 23, 2016

12 p.m. Shot Gun start

Sinking Valley Country Club, Tyrone, PA

For registration forms and/or sponsorship information:

Please contact **Tom Koehle** at 814-693-4086 or email
at tkoehle@psl.org.



PRESBYTERIAN SENIOR LIVING 21st ANNUAL CARING BY SHARING GOLF TOURNAMENT

Wednesday, September 14, 2016

9 a.m. Shot Gun start

Foxchase Golf Club, Stevens, PA

For registration forms and/or sponsorship
information: Please contact **Laurel Spagnolo**
at 717-502-8871 or email at lspagnolo@psl.org.

