Baptist Health Healthier You! Program Orientations

Rolling enrollment January-October

To get started with Healthier You! attend one of the Orientation sessions below

Month	Session date	Time
January	1/11/2016	1:00pm-2:00pm EST
February	2/1/2016	12:30pm-1:30pm EST
March	3/7/2016	12:30pm-1:30pm EST
April	4/4/2016	12:30pm-1:30pm EST
May	5/2/2016	12:30pm-1:30pm EST
June	6/6/2016	12:30pm-1:30pm EST
July	7/5/2016	12:30pm-1:30pm EST
August	8/1/2016	12:30pm-1:30pm EST
September	9/6/2016	12:30pm-1:30pm EST
October	10/3/2016	12:30pm-1:30pm EST

Classes begin 2 weeks after Orientation



Visit **BHHealthierTogether.com** for more info