



Milwaukee County Senior Dining

MEALS ON WHEELS

JANUARY 2016



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Delivery Issues? Cancellation? PLEASE CALL 358-6527</p>  | | | |  <p>CLOSED</p> |
| <p>4</p> <p>Cheeseburger Whole Wheat Hamburger Bun Ketchup & Mustard Baked Beans Baby Cakes Sliced Peaches</p> | <p>5</p> <p>BBQ Pulled Pork on Kaiser Roll Au Gratin Potatoes Cut Green Beans Apple Crisp ♥ Fresh Apple</p> | <p>6</p> <p>Chicken Stroganoff Parsley-Buttered Noodles California Vegetable Blend Mixed Greens/Ranch Whole Wheat Bread Mandarin Oranges</p> | <p>7</p> <p>Salisbury Steak Double-Baked Potato Casserole Brussels Sprouts 7-Grain Bread Smart-Grains M&M Cookie ♥ Fresh Orange</p> | <p>8</p> <p>Glazed Ham Mashed Sweet Potatoes Sugar Snap Beans Rye Bread Pineapple Tidbits</p> |
| <p>11</p> <p>Lasagna Cheese Roll-Up w/Meatsauce Parmesan Cheese 🍊 Orange Juice Baby Carrots Garlic Breadstick Lemon Pudding ♥ Lo-Cal Lemon Pudding</p> | <p>12</p> <p>Chicken Leg/Thigh Mashed Red Potatoes w/Skins & Gravy Wisconsin Vegt Blend Parker House Roll Banana Cream Pie ♥ Banana</p> | <p>13</p> <p>Polish Sausage Whole Wheat Bun Ketchup & Mustard Warm German Potato Salad Sunshine Carrots (Orange & Yellow) <i>Best Maid, Smart Grain</i> Chocolate Chip Cookie ♥ Apple</p> | <p>14</p> <p>Boneless Pork Loin w/Gravy Warm Cabbage Slaw w/Cranberry & Walnut Baked Potato Sour Cream Multi-Grain Dinner Roll Fruit Cocktail</p> | <p>15</p> <p>Meatloaf Onion Gravy Scalloped Potatoes Stewed Tomatoes w/Green Pepper, Onion Sourdough Bread Chocolate-Iced Brownie ♥ Fresh Pear</p> |
| <p>18</p> <p>CLOSED</p>  | <p>19</p> <p>Smothered Chicken Leg/Thigh Candied Sweet Potato Green-Wax Bean Medley Cornbread Muffin Tropical Fruit Cup</p> | <p>20</p> <p>Soft-Shell Taco Large Corn Tortilla Shredded Cheese Lettuce, Tomato Sour Cream Southwest-Style Corn Refried Beans Assorted Fresh Fruit</p> | <p>21</p> <p>Old-Fashioned Beef Stew w/Celery, Onion, Peas, Carrots Mashed Potatoes Spinach Salad w/Raspberry Dressing Baking Powder Biscuit Warm Apple Slices w/Cinnamon</p> | <p>22</p> <p>Roast Turkey Poultry Gravy Stuffing Riviera Vegt Blend Carrot-Raisin Salad Whole Grain Dinner Roll Banana Cake w/Chocolate Icing ♥ Banana</p> |
| <p>25</p> <p>Cranberry Meatballs Roasted Red Potatoes Oriental Vegetable Blend Vienna Dinner Roll Snickerdoodle Cookie ♥ Fruit Cup</p> | <p>26</p> <p>Sweet & Sour Pork Seasoned Brown Rice Maui Vegetable Blend Egg Roll Sweet/Sour Sauce Sliced Peaches</p> | <p>27</p> <p>Chicken Marsala Whole-Grain Pasta w/Garlic Pesto Sauce Winter Vegetables Spring Mix/Dressing Italian Bread Pistachio Pudding ♥ Fresh Pear</p> | <p>28</p> <p>Pub Burger/Onion Bun Fried Onions Double Baked Potato Casserole Green Beans Fresh Orange</p> | <p>29</p> <p>Healthy Baked Fish Tartar Sauce Macaroni & Cheese Broccoli Creamy Coleslaw Rye Roll Sliced Pears</p> |