



## PELVIC FLOOR DYSFUNCTION

### **Objectives**

Gail Fennimore, PT PCS is one of the most experienced and tenured physical therapists at Child & Family Development. In addition to her pediatric clinical specialist (PCS) certification, Gail has specialized training in pelvic floor dysfunction training and offers evaluation and treatment for related conditions.

There are specific treatment protocols for children with urinary and fecal incontinence with conditions including:

- Daytime wetting
- Urinary frequency
- Withholding urine
- Constipation
- Nighttime wetting
- Urinary urgency
- Incomplete emptying
- Fecal incontinence

Gail collaborates with physicians, to offer a unique family centered approach to intervention that includes:

- comprehensive evaluations
- 1-hour individual appointments on a regular or consultative basis
- play-based exercise programming
- toileting sessions
- customized patient and caregiver training
- available consultations at the physician offices

In addition, other members of our multidisciplinary clinical team, including psychologists and occupational therapists, may be available for case coordination and patient care.

### **Cost**

Families may use available insurance benefits for some services or pay privately.

### **Getting Started**

Physicians may send us a referral or families can call our office to get started.

### **Contact**

Gail Fennimore, PT, PCS

Physical Therapist

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