

In 2013, the estimated economic **value of unpaid caregivers** was

\$470 BILLION

Which **exceeds the value of paid** caregiving.



Caregivers spend **13 days per month** on tasks such as shopping, food preparation, housekeeping, laundry, and transportation.

Caregivers spend **6 days per month** feeding, dressing, grooming, and bathing their care recipient.



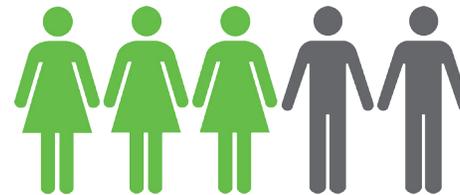
Caregivers spend **13 hours per month** coordinating medical care or managing financial matters.

PROFILE OF A CAREGIVER

It is estimated that 34.2 million adults in the United States are unpaid caregivers to an adult age 50 or older. Caregiving is rewarding, but it is also demanding and stressful. Caregivers are at greater risk for depression and a decline in quality of life. The following are key statistics about caregivers.



61% of caregivers are employed.



Three out of five caregivers are women.

The average age of a caregiver is **49.2 Years Old**

28%

have a child or grandchild under the age of 18 living in their home.



The average duration for caregiving is **4 years**.



The **average time per week** spent caregiving is 24.4 hours.



35% of care recipients live in the caregiver's home.

47%

of care recipients are 75 or older

